



Neil Schneiderman, PhD

James L. Knight Professor of Psychology | Director, Behavioral Medicine Research Center | Director, Health Division, Department of Psychology, College of Arts and Sciences, University of Miami

Dr. Schneiderman earned his PhD from Indiana University and, following his post-doctoral training in neurophysiology at the University of Basel, was appointed as Assistant Professor at the University of Miami in 1965. He rose through the ranks to become Professor in 1974 and subsequently received secondary appointments as Professor of Medicine, Public Health Sciences, Psychiatry and Behavioral Sciences, and Biomedical Engineering. In 1989, he was awarded an endowed chair as the James L. Knight Professor of Health Psychology. Since 1986, he has served as the director of the Division of Health Psychology in the Department of Psychology and as director of the University of Miami Behavioral Medicine Research Center.

Because of his interest in relationships among biological regulation, psychosocial factors, and disease processes, Dr. Schneiderman joined with colleagues early in the HIV/AIDS epidemic to study relationships between psychosocial variables and endocrine-immune regulations in HIV infected patients. This, in turn, led Dr. Schneiderman and collaborators to conduct randomized controlled trials using group-based cognitive behavior therapy to influence psychosocial, endocrine, and immune factors, and even to reduce HIV viral load to undetectable levels in patients who were failing their program of highly active anti-retroviral drugs.

In addition to Dr. Schneiderman's contributions in basic science and clinical trials research, he has been actively involved in population-based observational studies. Since 2008, as the principal investigator of the Miami Field Center of the NIH multi-center Hispanic Community Health Study/Study of Latinos, Dr. Schneiderman and his collaborators in Miami, the Bronx, Chicago, and San Diego have been characterizing the health status and disease burden of Hispanic adults living in the United States. The study has been following 16,000 Hispanic men and women for 15 years.

Dr. Schneiderman has contributed over 450 refereed scientific journal articles and 18 books and monographs. His research has been continuously funded since 1965 by the National Institutes of Health and National Science Foundation. He has continuously been the Principal Investigator on NIH-funded research training grants since 1979. Dr. Schneiderman was the second Editor-in-Chief of the journal *Health Psychology* before becoming the founding Editor-In-Chief of the *International Journal of Behavioral Medicine*. Dr. Schneiderman has served as President of the American Psychological Association's Division of Health Psychology, the Academy of Behavioral Medicine Research, and the International Society of Behavioral Medicine.