The 2020-21 academic year will go down in the history books as one of the most difficult years in departmental history. Nevertheless, we have persevered and been able to adapt our teaching, research and clinical training/services to meet the challenges of the COVID era. We have used online platforms for much of our teaching and clinical work, and we cautiously returned to campus to resume many of our research activities and to conduct some in-person classes. Despite this disruption, the faculty and students have had a tremendously productive year, publishing 326 journal articles, chapters and books; an increase of 16.5% over the previous year! In addition, departmental extramural research expenditures increased by 18.5% this year to almost $18 million dollars. This places the Psychology Department 4th in the entire university, behind only Medicine, Pediatrics and Neurology, which are all much larger departments. At the undergraduate level our PSY major has grown, and is now the largest major in the College of Arts and Sciences. We also help to oversee the Undergraduate Neuroscience Program, and combined with the PSY major that means we are responsible for almost 900 majors. We are extremely proud of these accomplishments, and I am grateful to the faculty, students and staff who have worked so diligently under trying circumstances this past year.

Like the rest of the country, this year the Department has also been engaged in discussions dealing with the issues of social/economic inequality, discrimination and racism. It is important to raise awareness of these issues that minority students, faculty and staff can face, and to try to make our community safe, supportive, inclusive and welcoming to all people. On the pages that follow you will read about the efforts of the departmental Diversity and Equity Committee (DEC) to proactively engage the Department in discussion, training, and coursework designed educate us about inequality and racism. It will be through learning, self-examination, and thoughtful behavior that we all can create a more compassionate and inclusive community.

I hope you enjoy hearing about the department in the pages that follow. Once again, let me thank you for your generous support of the department and its programs over the years, and I look forward to working with you in the future.

Phil McCabe, Ph.D.
Professor and Chairman

Dr. Spencer Evans
Assistant Professor

Dr. Evans is an Assistant Professor in the Department of Psychology, with the Child Division and the Clinical Program. His research focuses on irritability and aggressive behavior in children and adolescents, including interests in developmental processes, assessment, and intervention. He has authored over 40 peer-reviewed publications and received funding from the National Institute of Mental Health, AIM Youth Mental Health, and the American Psychological Foundation.

Dr. Evans earned his Ph.D. in Clinical Child Psychology at the University of Kansas. He completed his predoctoral internship at the Medical University of South Carolina followed by a postdoctoral fellowship at Harvard University. For several years, he worked as a coordinator, consultant, and principal investigator for the World Health Organization in their development of ICD-11 Mental and Behavioural Disorders, particularly in the area of Disruptive Behaviour and Dissocial Disorders. He currently serves as an Executive Board Member for the Society of Child and Family Policy and Practice (Division 37 of the American Psychological Association).

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For information about making a gift or a multi-year pledge to the Department of Psychology, please contact Dr. Michael Alessandri, malessandri@miami.edu (305) 284-6558
FACULTY HONORS

JILL EHRENREICH-MAY, PH.D.
Professor, Assistant Chair for Academic Affairs (PSY), Director, Child and Adolescent Mood and Anxiety Treatment Program (CAMAT) on being President-Elect of Association for Behavioral and Cognitive Therapies (ABCT) (2021-2022)

The Association for Behavioral and Cognitive Therapies is a multidisciplinary organization committed to the enhancement of health and well-being by advancing the scientific understanding, assessment, prevention, and treatment of human problems through the global application of behavioral, cognitive, and biological evidence-based principles.

10 YEARS OF ESTEEMED RESEARCH

2021 Recipient of the B.F. Skinner Foundation New Applied Researcher Award

University of Miami Research Assistant Professor DR. YANERYS LEON earns award honoring a decade’s worth of scholarship in Applied Behavior Analysis.

www.aba.psy.miami.edu

DIVERSITY & EQUITY COMMITTEE

The Diversity and Equity Committee (DEC) was established by Chairman McCabe following recommendations from students and faculty. Under the current leadership of Dr. Sanisha Dale, the DEC is made up of faculty, graduate students, and staff designed to promote and foster a diverse and inclusive environment within the Psychology Department and more broadly, within the field of psychology, with a particular focus on fostering a greater sense of cohesiveness within the department, improving recruitment and retention of diverse faculty and students, and collaborating with academic and local communities.

The DEC has sponsored a number of events within the department with these goals in mind, including: the "Our Stories" panels, where selected faculty, graduate students, and staff share personal life stories around themes of diversity and inclusiveness; the Diversity Potluck, where members of the department share dishes of cultural significance; the Diversity Awards ceremony, which recognize outstanding contributions to diversity and inclusion by faculty, staff, and graduate students; the "I Am Psycheg" traveling museum exhibit from the American Psychological Association (APA) highlighting contributions of prominent women psychologists of color; the panel discussion, "Thriving at the Intersection: Women of Color in Psychology," made up of UM faculty sharing their experiences navigating academia as women of color; and a series of talks by Jessica Henderson Daniel, outgoing president of the APA, discussing her experiences navigating mentorship and forming professional relationships as a Black woman in academia.

The DEC also leads a number of other diversity initiatives within the department, including: hosting a drop-in suite during the graduate student interview weekend; organizing a student panel during orientation week for new graduate students; sponsoring trainings for faculty and graduate students on issues of diversity and equity; incorporating issues of diversity and cultural competence into student and faculty interview processes and evaluations; hosting town halls with graduate students focused on DEI issues; participating in the recruitment of faculty from diverse backgrounds and scholars with research focused on the effects of oppression on psychological and health outcomes; and participating in a UM Department of Psychology partnership with FAMU, an HBCU in Tallahassee, FL, that invites several FAMU students to participate in UM’s PRIME program, a 10-week paid summer research internship for students interested in pursuing graduate studies in psychology.

www.psy.miami.edu/dec

PUBLICATIONS

3-VOLUME SECOND EDITION OF THE ENCYCLOPEDIA OF BEHAVIORAL MEDICINE by Springer Nature

The 2nd edition of the Encyclopedia of Behavioral Medicine, published in October 2020 by Springer Nature. The 1st edition of the Encyclopedia of Behavioral Medicine was published in 2013. For the 2nd any of the 1200 entries from the first edition have been updated considerably, and over 450 new entries have been added. These updated and new entries discuss new terms that are now part of the behavioral medicine lexicon.

CULTURALLY INFORMED THERAPY FOR SCHIZOPHRENIA by Oxford

Approximately one percent of adults in the United States will be diagnosed with schizophrenia or a related schizophrenia spectrum disorder (SSD). While traditional family therapies have shown increasing efficacy in reducing relapse rates and improving mental health for this population, there is a rising need for improved clinical training to meet the needs of unique and culturally diverse clients in an efficient, skillful, and culturally relevant manner.
The year in review: How Psychology is making news!

**THE EVOLUTIONARY ORIGINS OF FRIENDSHIP**
Dr. Debra Lieberman

**Hearing Test May Detect Autism in Newborns**
Dr. Elizabeth Simpson

**Resiliency During Challenging Times**
Dr. Lynne F. Katz

**HIV Researchers, Advocates Take Their Fight to the Street**
Dr. Sannisha Dale

**Rules Are Different for Dating During a Pandemic**
Dr. Brian Doss

**3 Ways to Keep Calm During Stressful Times - Dr. Amishi Jha and Goldie Hawn**
Dr. Amishi Jha

**Science for Young Minds**
Dr. Daryl B. Greenfield

**Language, Cultural Identity Can Affect Pain**
Dr. Elizabeth Losin & Dr. Maria Llabre

**Researchers Tackle Racial Inequality**
Dr. Rebecca Bulotsky Shearer

**How to Help Kids Manage Back-to-School Anxiety in the COVID Era**
Dr. Jill Ehrenreich-May

**Researcher: Hoarding Is a Psychiatric Condition**
Dr. Kiara Timpano

**Find More Satisfaction by Changing Daily Routines, Study Says**
Dr. Aaron Heller
Researchers Identify Autism in Very Young High Risk Children

Your ASD child’s siblings are at a high risk of also having ASD. Take note of the early signs of autism and mention any concerns you have to your child’s pediatrician.

Loneliness Among Cancer Caregivers is Associated with Biological Markers of Disease Risk

Caring for a loved one with cancer can cut people off from many routine, but important, social interactions outside the home. This experience of isolation, currently compounded by the COVID-19 pandemic, places cancer caregivers at higher risk for adverse health outcomes over time, suggests a new study from researchers at UM and UCLA.

Co-Authors: Drs. Youngmee Kim & Frank J. Penedo