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UNIVERSITY OF MIAMI COLLEGE OF ARTS AND SCIENCES

2021 PSYNEWS-FALL EDITION



Message from the Chairman

Like the rest of the country, the Department has been recovering gradually from the pandemic, but we are close to being back to normal operations. Despite these challenges our faculty, students and staff have been extremely productive, and last year the Department published over 275 articles, chapters and books. Our research activities continue to attract extramural support that accounts for 40% of the extramural funding on the Coral Gables campus. Psychology is the most popular major in the College, and we also oversee the undergraduate Neuroscience major, which is one of the most elite majors in the University. We are extremely proud of these accomplishments, and I am grateful to the faculty, students and staff who have worked so diligently under trying circumstances this past year.

On the pages that follow you will read our tribute to Don Routh, who passed away this year after a long health battle. Don was an important figure in the history of the Department, and his leadership of the Clinical Program helped to establish the program as one of the best in the country. This year we also had to say goodbye to a few of our good friends and colleagues. Lucina Uddin left in August to accept a position in the Psychiatry Department at UCLA, where she will be closer to her family. Dr. Daniel Bradford will be joining the faculty of Oregon State University where he will be helping to start a Clinical Ph.D. program. In addition, after 14 years in the Department Saneya Tawfik decided to take a position at Nicklaus Children's Hospital in Miami, and Lynne Katz retired after guiding the Linda Ray Intervention Center since its inception in 1993. We are grateful to these colleagues for all that they did for the Department over the years, and we wish them well in their new endeavors.

We are very excited to welcome our new colleague, Simon Howard, to the Department. Simon comes to us from Marquette University, and he will be officially joining us in January. He is trained as a social psychologist and broadly he studies racism and its impact on our culture. Simon is an important addition to the faculty, and we are fortunate that he chose our department to further his career.

I hope you enjoy hearing about the department in the pages that follow. Once again, let me thank you for your generous support of the department and its programs over the years, and I look forward to working with you in the future.



Phil McCabe, Ph.D.
Professor and Chairman

NEW \$9.8 MILLION NCI GRANT AWARDED TO STUDY HISPANIC/LATINO CANCER SURVIVORSHIP

Cancer is the leading cause of death for Hispanics in the U.S. To fill some of the critical research gaps in our understanding of this, the National Cancer Institute (NCI) has awarded a six-year, \$9.8 million grant to investigators at Sylvester Comprehensive Cancer Center at the University of Miami Miller School of Medicine. Led by Professor of Psychology Frank J. Penedo, "Avanzando Caminos (Leading Pathways): The Hispanic/Latino Cancer Survivorship Study," will examine how social, cultural, behavioral, psychosocial, biological, and medical factors may influence health outcomes following primary cancer treatment in Hispanics/Latinos. In collaboration with the Mays Cancer Center at UT Health San Antonio, a total of 3,000 cancer survivors will be recruited and followed over three years.

Dr. Penedo serves as the Director of Survivorship and Supportive Care for the Oncology Service Line as well as Center Associate Director for Survivorship and Co-Leader of the Cancer Control Research Program at the Sylvester Comprehensive Cancer Center.



DR. FRANK J. PENEDO

FULL STORY



FACULTY HONORS



NEIL SCHNEIDERMAN, PH.D.
James L. Knight Professor of Psychology
awarded the

LIFETIME ACHIEVEMENT AWARD 2021 The Zubrod Memorial Lecture

The Annual Zubrod Memorial Lecture is held to honor Charles Gordon Zubrod, M.D., a devoted physician-scientist, extraordinary leader and a valued colleague who set high standards in order to create a center of excellence at Sylvester Comprehensive Cancer Center.



GAIL IRONSON, M.D., PH.D.
Professor, University of Miami

"POSITIVE HEALTH AND WELLBEING RESEARCH AWARD"

from the

International Positive Psychology Association

This award is presented to a member of the Work and Organizations Division who has advanced the application of evidence-based science in the field of positive work and organizations (PWO). Their work serves as a stand-alone exemplar of a cumulative contribution to PWO through applying theory and research in practical applications and/or field application of scientific findings. The quality of their work demonstrates the potential of our members to contribute to PWO theory, research, and/or practice, and should be considered a standard for us all, researchers and practitioners alike, to aspire to as we work to positively transform the way the world works.



AMY WEISMAN DE MAMANI, PH.D.
Professor of Psychology

2021 PROVOST'S RESEARCH AWARD

Improving Police Officer Interactions with Black Individuals
Suffering from Mental Illness

2021 TRAILBLAZER AWARD Psychosis and Schizophrenia Spectrum Special Interest Group (within ABCT)

Psychosis and schizophrenia spectrum SIG presents an award to a mental health scientist/practitioner who has made a pioneering impact on the knowledge and treatment of serious mental illness.

NEW FACULTY *Welcome*

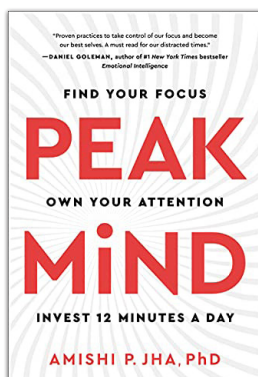


SIMON HOWARD, PH.D.

Dr. Simon Howard will be joining the Department of Psychology as an Assistant Professor in January 2022. He is a first-generation college graduate who completed his undergraduate degree at San Jose State University. Dr. Howard went on to earn his Ph.D. in Social Psychology at Tufts University. Using experimental methods drawn from cognitive, perceptual, and social investigations his research aims to understand and address contemporary racism. To this end he has conducted research on the interpersonal and contextual influences on racially biased perception, judgment, behavior, and mental health of both historically advantaged and disadvantaged group members. His recent work can be organized in three broad themes: 1)

The role of religion in maintaining racial hierarchy; 2) the influence of race on perception, judgment, and behavior, and 3) The consequences of exposure to vicarious racism for racially stigmatized groups. *We know you all join us in welcoming Dr. Howard to our UM family!*

PUBLICATIONS



Dr. Amishi Jha
Professor
Director of
Contemplative
Neuroscience

PEAK MIND FIND YOUR FOCUS, OWN YOUR ATTENTION, INVEST 12 MINUTES A DAY

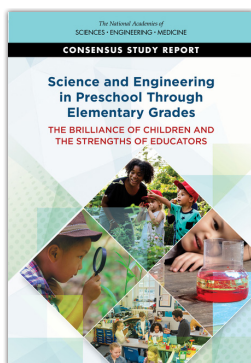
by Harper One

STOP FOR A MOMENT. Are you here right now?

Is your focus on this page? Or is it roaming elsewhere, to the past or future, to a worry, to your to-do list, or to your phone?

The good news: There's nothing wrong with you - your brain isn't broken. The human brain was built to be distractible.

The even better news: You can train your brain to pay attention more effectively.



Dr. Daryl B. Greenfield
Professor of
Psychology

SCIENCE AND ENGINEERING IN PRESCHOOL THROUGH ELEMENTARY GRADES The Brilliance of Children and the Strengths of Educators (2021)

by The National Academies Press

A report produced by the Board on Science Education of the National Academies of Science, Engineering, and Medicine (NASEM) takes up these issues and offers research based conclusions and recommendation on how to address them. Professor Greenfield was a member of the NASEM Committee that wrote this consensus volume.



THE CLINICAL PSYCHOLOGIST PRESIDENT'S COLUMN

ANNETTE M. LA GRECA, PH.D., ABPP
President of the
Society of Clinical Psychology (APA, Division 12)



The year in review: How Psychology is making news!



HOW DOES PAIN EXPERIENCED IN EVERYDAY LIFE IMPACT MEMORY?
Drs. Elizabeth Losin & Maria Llabre

[LEARN MORE](#)



STRENGTHENING RESILIENCE TO REDUCE HIV RISK IN INDIAN MSM: A MULTICITY, RANDOMISED, CLINICAL EFFICACY TRIAL
Dr. Steven A. Safren

[LEARN MORE](#)



WE NEED TO TALK
Dr. Brian Doss

[LEARN MORE](#)



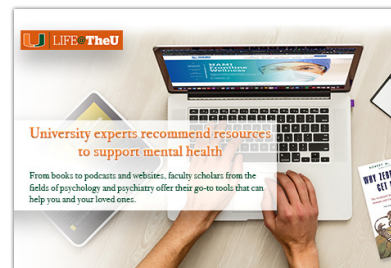
HOW PEOPLE WITH AUTISM CAN FIND TRAINING AND JOBS
Dr. Michael Alessandri

[LEARN MORE](#)



NEW PROGRAM TO TRAIN NEXT GENERATION OF HIV BEHAVIORAL SCIENTISTS
Dr. Sannisha Dale

[LEARN MORE](#)



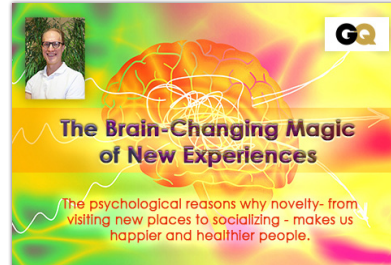
UNIVERSITY EXPERTS RECOMMEND RESOURCES TO SUPPORT MENTAL HEALTH
Drs. Amy Weisman de Mamani & Amanda Jensen-Doss

[LEARN MORE](#)



HELPING KIDS MANAGE ANXIETY AND EASE BACK INTO ACTIVITIES THIS SUMMER
Dr. Jill Ehrenreich-May

[LEARN MORE](#)



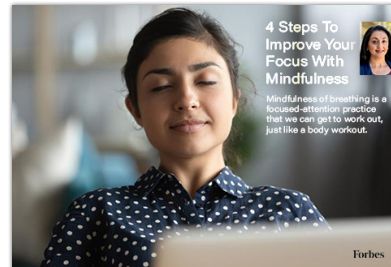
THE BRAIN-CHANGING MAGIC OF NEW EXPERIENCES
Dr. Aaron Heller

[LEARN MORE](#)



CHILD SOCIAL NETWORKS
Regina M. Fasano, Ph.D. Graduate Student & Dr. Lynn Perry

[LEARN MORE](#)



4 STEPS TO IMPROVE YOUR FOCUS WITH MINDFULNESS
Dr. Amishi Jha

[LEARN MORE](#)



SPEAKING SPANISH COULD HELP YOUR HEART
Dr. Maria Llabre

[LEARN MORE](#)



HOW TO SUPPORT CHILDREN'S MENTAL HEALTH DURING THE SCHOOL YEAR
Drs. Rebecca Bulotsky-Shearer, Amanda Jensen-Doss, and Jill Ehrenreich-May

[LEARN MORE](#)

FAREWELL TO A FEW LONGTIME COLLEAGUES



Lynne F. Katz

DOCTOR OF EDUCATION
RESEARCH ASSOCIATE PROFESSOR
FORMER DIRECTOR OF THE LINDA RAY INTERVENTION CENTER
FORMER DIRECTOR OF FDLRS-UM MULTIDISCIPLINARY EDUCATIONAL SERVICES CENTER



Thank you for being a tireless professional.

*Best wishes for
a very happy retirement.*



Dr. Lynne F. Katz, Research Associate Professor in Psychology, retired this past June. Dr. Katz, was the Director of UM's Linda Ray Intervention Center (LRIC) for close to 30 years and led the Center's early intervention program for infants and toddlers born prenatally drug exposed and their families.

In that capacity, Dr. Katz solidified linkages and funding between the University and community stakeholders, including the Miami-Dade Public Schools PreK Program for Children with Disabilities, the Miami-Dade Juvenile/Family Court, the Department of Children and Families, Head Start, and Citrus Behavioral Health network, and

established the Center as the FDLRS-UM Multidisciplinary Educational Services Center funded by the Florida Dept. of Education. Partnerships within UM include: the SOEHD Dept. of Teaching and Learning, the School of Nursing and Health Studies, and the Frost School of Music.

The new leadership team at the LRIC includes Professor Daniel S. Messinger, Executive Director of Research, and Isabel Chica, a new addition to our department, Executive Director of Programs.

We wish Dr. Katz and the new LRIC team well in their respective new activities and thank her for her service.

www.fdlrs-um.miami.edu



Dr. Saneya Tawfik

Clinical Associate Professor and Director of the Psychological Services Center, Dr. Saneya Tawfik has mentored hundreds of graduate students since 2001. Initially she joined our department as a community-based therapy supervisor for students completing their practica at the Psychological Services Center (PSC). In 2007, we were delighted to welcome her full-time as the PSC Assessment Coordinator and appoint her to the faculty as a Clinical Assistant Professor. Subsequently, she served as Interim Director of the PSC from October 2011 through January 2012 when she was appointed Director.

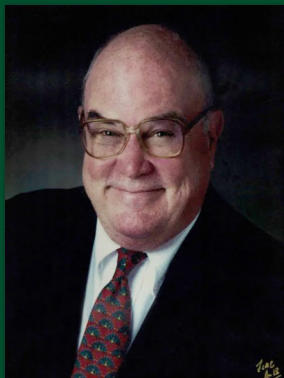


In January 2022, Dr. Tawfik will be joining the team at Nicklaus Children's Hospital as the Director of Assessment and Associate Director of the Psychology Training Program where she will supervise psychology graduate students, train medical Fellows, and provide clinical services.



Dr. Donald K. Routh

March 3, 1937 - June 2, 2021



Dr. Donald K. Routh, passed away on June 3 in Cape Coral, FL. Don will always be remembered as an important colleague, friend, and mentor who gave generously of his time and wisdom and who made significant and lasting contributions to the field of clinical psychology.

Don joined the faculty of the Psychology Department at the University of Miami (UM) in 1985 as a Full Professor, and soon after became the Director of Clinical Training – a role he served in until 2000. Don was a pioneer in pediatric psychology, and he helped put UM on the map in terms of developing a significant graduate training program in pediatric psychology. He was the editor of the first edition of *The Handbook of Pediatric Psychology* and, beginning in 1976, he served two terms as Editor of the *Journal of Pediatric Psychology* (JPP).

Don was an outstanding and prolific scholar, and a tireless editor, publishing in multiple areas of psychology. Over the years, he became keenly interested in the history of clinical psychology and published several works related to the historical record of the discipline. For some personal and professional details about Don's life and research interests, you might enjoy reading his JPP commentary about growing older in pediatric psychology (Routh, 2000).

Don was a significant contributor to the scholarship and organizational activities of APA Division 12 – now known as the Society of Clinical Psychology. He served as President of Division 12, and of the two Sections (1 and 5) that focused on clinical child and pediatric psychology. These Sections eventually became APA Divisions (Div53 - Society of Clinical Child and Adolescent Psychology; Div54 - Society of Pediatric Psychology). Don served as the President of these two Sections and also as Editor of their key scientific journals.

Don's leadership roles also included serving as President of APA Division 37 (now Society for Child and Family Policy and Practice), and Division 33 (now Intellectual and Developmental Disabilities/Autism Spectrum Disorder).

In addition to his professional legacy and achievements, Don will always be remembered for his humanity. Don cared about the students and colleagues he worked with and was generous and caring enough to devote substantial time and wisdom to his scholarship, mentoring, and advocacy.

In the UM Psychology Department, he was one of the original donors to the Kirk Danhour Award (for outstanding psychology graduate students). Through the American Psychological Foundation, he also established awards that are currently administered by APA Division 53 (the [Routh Research and Dissertation Grant](#)) and 54 (Donald K. Routh Early Career Award).

He is missed.

RESEARCH HIGHLIGHTS

RESEARCHERS OFFER LIFELINES TO BLACK WOMEN WITH HIV



ASSOCIATE PROFESSOR
SANNISHA DALE

Coinciding with the pandemic and Black Lives Matter protests, a unique Department of Psychology study known as MMAGIC helped dozens of marginalized women through unprecedented stress.

AUTISM RESEARCHERS EXPLORE TECHNOLOGY'S USE IN CLINICAL THERAPY



RESEARCH ASSOCIATE
PROFESSOR
ANIBAL GUTIERREZ

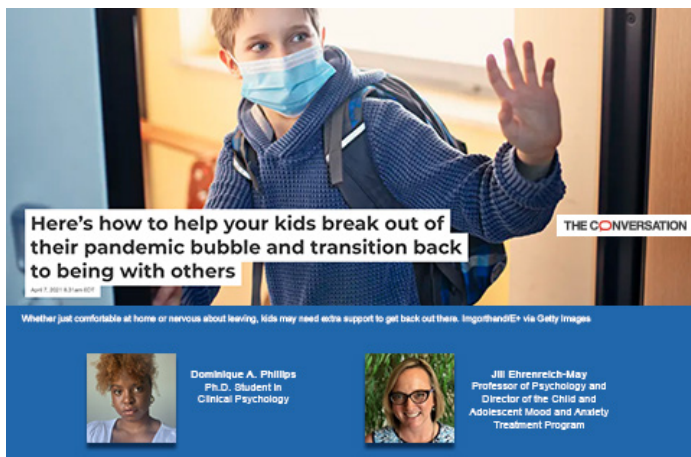
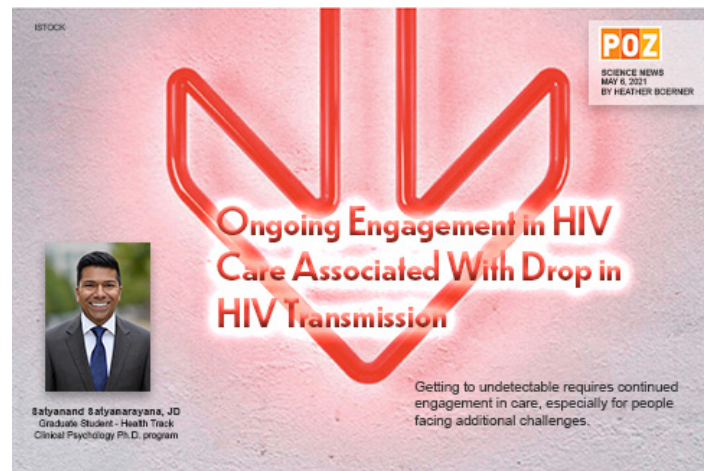
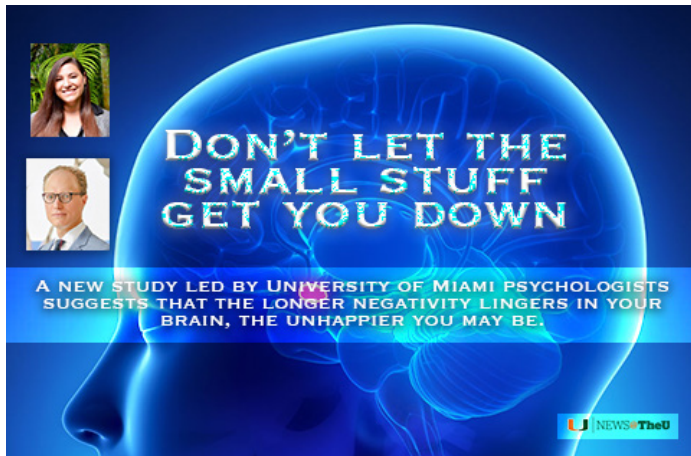
Two teams of professors are working to create extended reality applications to help those on the spectrum learn and practice safety and employment skills.

PRESCHOOL CLASSROOM STUDY SHEDS LIGHT ON CURTAILING THE PANDEMIC



PROFESSOR
DANIEL S. MESSINGER

By observing children and their teachers in motion, an interdisciplinary team of researchers proposes strategies for limiting the spread of COVID-19 in school.



UNIVERSITY OF MIAMI DEPARTMENT OF PSYCHOLOGY MISSION

IN ACCORDANCE WITH THE GOALS OF THE UNIVERSITY OF MIAMI, THE MISSION OF THE DEPARTMENT OF PSYCHOLOGY IS TO ACQUIRE, ADVANCE, AND DISSEMINATE KNOWLEDGE WITHIN THE PSYCHOLOGICAL AND BIOBEHAVIORAL SCIENCES. IN ORDER TO ACHIEVE THESE GOALS THE DEPARTMENT SEEKS A BALANCE AMONG SEVERAL ACADEMIC ENDEAVORS INCLUDING: TEACHING, RESEARCH AND SERVICE TO THE COMMUNITY, WHILE BEING MINDFUL OF DIVERSITY, EQUITY AND INCLUSION ISSUES IN ALL OF THESE ACTIVITIES.