The 2020-21 academic year will go down in the history books as one of the most difficult years in departmental history. Nevertheless, we have persevered and been able to adapt our teaching, research and clinical training/services to meet the challenges of the COVID era. We have used online platforms for much of our teaching and clinical work, and we cautiously returned to campus to resume many of our research activities and to conduct some in-person classes. Despite this disruption, the faculty and students have had a tremendously productive year, publishing 326 journal articles, chapters and books, an increase of 16.5% over the previous year! In addition, departmental extramural research expenditures increased by 18.5% this year to almost $18 million dollars. This places the Psychology Department 4th in the entire university, behind only Medicine, Pediatrics and Neurology, which are all much larger departments. At the undergraduate level our PSY major has grown, and is now the largest major in the College of Arts and Sciences. We also help to oversee the Undergraduate Neuroscience Program, and combined with the PSY major that means we are responsible for almost 900 majors. We are extremely proud of these accomplishments, and I am grateful to the faculty, students and staff who have worked so diligently under trying circumstances this past year.

Like the rest of the country, this year the Department has also been engaged in discussions dealing with the issues of social/economic inequality, discrimination and racism. It is important to raise awareness of these issues that minority students, faculty and staff can face, and to try to make our community safe, supportive, inclusive and welcoming to all people. On the pages that follow you will read about the efforts of the departmental Diversity and Equity Committee (DEC) to proactively engage the Department in discussion, training, and coursework designed to educate us about inequality and racism. It will be through learning, self-examination, and thoughtful behavior that we all can create a more compassionate and inclusive community.

I hope you enjoy hearing about the department in the pages that follow. Once again, let me thank you for your generous support of the department and its programs over the years, and I look forward to working with you in the future.

Phil McCabe, Ph.D.
Professor and Chairman
NEIL SCHNEIDERMAN, PH.D.
James L. Knight Professor of Psychology
awarded the
LIFETIME ACHIEVEMENT AWARD
2021 The Zubrod Memorial Lecture
The Annual Zubrod Memorial Lecture is held to honor Charles Gordon Zubrod, M.D., a devoted physician-scientist, extraordinary leader and a valued colleague who set high standards in order to create a center of excellence at Sylvester Comprehensive Cancer Center.

GAIL IRONSON, M.D., PH.D.
Professor, University of Miami
“POSITIVE HEALTH AND WELLBEING RESEARCH AWARD” from the International Positive Psychology Association
This award is presented to a member of the Work and Organizations Division who has advanced the application of evidence-based science in the field of positive work and organizations (PWO). Their work serves as a stand-alone exemplar of a cumulative contribution to PWO through applying theory and research in practical applications and/or field application of scientific findings. The quality of their work demonstrates the potential of our members to contribute to PWO theory, research, and/or practice, and should be considered a standard for us all, researchers and practitioners alike, to aspire to as we work to positively transform the way the world works.

AMY WEISMAN DE MAMANI, PH.D.
Professor of Psychology
2021 PROVOST’S RESEARCH AWARD
Improving Police Officer Interactions with Black Individuals Suffering from Mental Illness
2021 TRAILBLAZER AWARD
Psychosis and Schizophrenia Spectrum Special Interest Group (within ABCT)
Psychosis and schizophrenia spectrum SIG presents an award to a mental health scientist practitioner who has made a pioneering impact on the knowledge and treatment of serious mental illness.

Simon Howard, Ph.D.
Dr. Simon Howard will be joining the Department of Psychology as an Assistant Professor in January 2022. He is a first-generation college graduate who completed his undergraduate degree at San Jose State University. Dr. Howard went on to earn his Ph.D. in Social Psychology at Tufts University. Using experimental methods drawn from cognitive, perceptual, and social investigations his research aims to understand and address contemporary racism. To this end he has conducted research on the interpersonal and contextual influences on racially biased perception, judgment, behavior, and mental health of both historically advantaged (e.g., White people) and disadvantaged group members (e.g., Black people). His recent work can be organized in three broad themes: 1) The role of religion in maintaining racial hierarchy; 2) the influence of race on perception, judgment, and behavior, and 3) The consequences of exposure to vicarious racism for racially stigmatized groups.

WE KNOW YOU ALL JOIN US IN WELCOMING DR. HOWARD TO OUR UM FAMILY!

PEAK MIND
FIND YOUR FOCUS, OWN YOUR ATTENTION, INVEST 12 MINUTES A DAY
by Harper One

STOP FOR A MOMENT. Are you here right now? Is your focus on this page? Or is it roaming elsewhere, to the past or future, to a worry, to your to-do list, or to your phone?
The good news: There’s nothing wrong with you - your brain isn’t broken. The human brain was built to be distractible.
The even better news: You can train your brain to pay attention more effectively.

Dr. Amishi Jha
Professor
Director of Contemplative Neuroscience

SCIENCE AND ENGINEERING IN PRESCHOOL THROUGH ELEMENTARY GRADES
The Brilliance of Children and the Strengths of Educators (2021)
by The National Academies Press
A report produced by the Board on Science Education of the National Academies of Science, Engineering, and Medicine (NASEM) takes up these issues and offers research based conclusions and recommendation on how to address them. Professor Greenfield was a member of the NASEM Committee that wrote this consensus volume.
The year in review: How Psychology is making news!

HOW DOES PAIN EXPERIENCED IN EVERYDAY LIFE IMPACT MEMORY?
Drs. Elizabeth Losin & Maria Llabre

WE NEED TO TALK
Dr. Brian Doss

NEW PROGRAM TO TRAIN NEXT GENERATION OF HIV BEHAVIORAL SCIENTISTS
Dr. Sannisha Dale

HELPING KIDS MANAGE ANXIETY AND EASE BACK INTO ACTIVITIES THIS SUMMER
Dr. Jill Ehrenreich-May

CHILD SOCIAL NETWORKS
Regina M. Fasano,
Ph.D. Graduate Student & Dr. Lynn Perry

SPEAKING SPANISH COULD HELP YOUR HEART
Dr. Maria Llabre

STRENGTHENING RESILIENCE TO REDUCE HIV RISK IN INDIAN MSM: A MULTICITY, RANDOMISED, CLINICAL EFFICACY TRIAL
Dr. Steven A. Safren

HOW PEOPLE WITH AUTISM CAN FIND TRAINING AND JOBS
Dr. Michael Alessandri

UNIVERSITY EXPERTS RECOMMEND RESOURCES TO SUPPORT MENTAL HEALTH
Drs. Amy Weisman de Mamani & Amanda Jensen-Doss

THE BRAIN-CHANGING MAGIC OF NEW EXPERIENCES
Dr. Aaron Heller

4 STEPS TO IMPROVE YOUR FOCUS WITH MINDFULNESS
Dr. Amishi Jha

HOW TO SUPPORT CHILDREN'S MENTAL HEALTH DURING THE SCHOOL YEAR
Drs. Rebecca Bulotsky-Shearer, Amanda Jensen-Doss, and Jill Ehrenreich-May
FAREWELL TO COLLEAGUES

Associate Professor of Clinical, and
Director of the Psychological Services
Center Dr. Saneya H. Tawfik ....

Dr. Lynne F. Katz

DOCTOR OF EDUCATION
RESEARCH ASSOCIATE PROFESSOR
DIRECTOR OF THE LINDA RAY INTERVENTION CENTER
DIRECTOR OF FDLRS-UM MULTIDISCIPLINARY EDUCATIONAL SERVICES CENTER

Thank you for being a timeless professional.
Best wishes for a very happy retirement.

Dr. Lynne F. Katz, Research Associate Professor in Psychology, retired this past June. Dr. Katz, was the Director of UM’s Linda Ray Intervention Center (LRIC) for close to 30 years and led the Center’s early intervention program for infants and toddlers born prenatally drug exposed and their families.

In that capacity, Dr. Katz solidified linkages and funding between the University and community stakeholders, including the Miami-Dade Public Schools PreK Program for Children with Disabilities, the Miami-Dade Juvenile/Family Court, the Department of Children and Families, Head Start, and Citrus Behavioral Health network, and established the Center as the FDLRS-UM Multidisciplinary Educational Services Center funded by the Florida Dept. of Education. Partnerships within UM include: the SOEHD Dept. of Teaching and Learning, the School of Nursing and Health Studies, and the Frost School of Music.

Professor Daniel S. Messinger is the Executive Director-Research and Development, and Isabel Chica, a new addition to our department is the Executive Director-Programs.

We wish Dr. Katz and the new LRIC team well in their respective new activities and thank her for her service.

www.fdlrs-um.miami.edu
RESEARCH HIGHLIGHTS

RESEARCHERS OFFER LIFELINES TO BLACK WOMEN WITH HIV

Coinciding with the pandemic and Black Lives Matter protests, a unique Department of Psychology study known as MMAGIC helped dozens of marginalized women through unprecedented stress.

AUTISM RESEARCHERS EXPLORE TECHNOLOGY’S USE IN CLINICAL THERAPY

Two teams of professors are working to create extended reality applications to help those on the spectrum learn and practice safety and employment skills.

PRESCHOOL CLASSROOM STUDY SHEDS LIGHT ON CURTAILING THE PANDEMIC

By observing children and their teachers in motion, an interdisciplinary team of researchers proposes strategies for limiting the spread of COVID-19 in school.

Dr. Donald K. Routh, passed away on June 3 in Cape Coral, FL. Don will always be remembered as an important colleague, friend, and mentor who gave generously of his time and wisdom and who made significant and lasting contributions to the field of clinical psychology.

Don joined the faculty of the Psychology Department at the University of Miami (UM) in 1985 as a Full Professor, and soon after became the Director of Clinical Training – a role he served in until 2000. Don was a pioneer in pediatric psychology, and he helped put UM on the map in terms of developing a significant graduate training program in pediatric psychology. He was the editor of the first edition of The Handbook of Pediatric Psychology and, beginning in 1976, he served two terms as Editor of the Journal of Pediatric Psychology (JPP).

Don was an outstanding and prolific scholar, and a tireless editor, publishing in multiple areas of psychology. Over the years, he became keenly interested in the history of clinical psychology and published several works related to the historical record of the discipline. For some personal and professional details about Don’s life and research interests, you might enjoy reading his JPP commentary about growing older in pediatric psychology (Routh, 2000).

Don was a significant contributor to the scholarship and organizational activities of APA Division 12 – now known as the Society of Clinical Psychology. He served as President of Division 12, and of the two Sections (1 and 5) that focused on clinical child and pediatric psychology. These Sections eventually became APA Divisions (Div53 - Society of Clinical Child and Adolescent Psychology; Div54 - Society of Pediatric Psychology). Don served as the President of these two Sections and also as Editor of their key scientific journals.

Don’s leadership roles also included serving as President of APA Division 37 (now Society for Child and Family Policy and Practice), and Division 33 (now Intellectual and Developmental Disabilities/Autism Spectrum Disorder).

In addition to his professional legacy and achievements, Don will always be remembered for his humanity. Don cared about the students and colleagues he worked with and was generous and caring enough to devote substantial time and wisdom to his scholarship, mentoring, and advocacy.

In the UM Psychology Department, he was one of the original donors to the Kirk Danhour Award (for outstanding psychology graduate students). Through the American Psychological Foundation, he also established awards that are currently administered by APA Division 53 (the Routh Research and Dissertation Grant) and 54 (Donald K. Routh Early Career Award).

He is very much be missed.