

PSY NEWS

*In case you missed it
Psychology's response to COVID-19*



2020 ALUMNI NEWS



Message from the Chairman

I am sure that this has been a difficult year for you, and similarly it has been a very challenging year for the Department. Beginning in March we moved to a totally online teaching format, and our faculty, students and staff began to work remotely from their homes. We began our return to campus this summer with a variety of research activities resuming, and classes have now begun in a variety of instructional formats, including live, remote, and hybrid options. They say that adversity reveals character, and the performance of our faculty, staff and graduate students during this crisis has been nothing short of heroic.

This past year we lost a couple of key figures in the Department. Professor Emeritus Keith Scott passed away in February. Keith was a faculty member in Pediatrics and Psychology at UM for over 30 years. He played an instrumental role in the creation of the Center for Autism and Related Disabilities (CARD), and co-founded the Linda Ray Intervention Center, which provides programs and services to support positive developmental outcomes for at-risk infants and toddlers. We also lost our dear friend and colleague, Richard Williams in July this year. Richard had a distinguished career at UM, serving in a variety of administration roles before assuming the position as Assistant Chair for Finance and Compliance in our Department. For the past 20 years Richard oversaw all of our financial matters, and he did it with patience, humor, and elegance. We will greatly miss both Keith and Richard, and we honor their important contributions to our department.

We are excited about the addition of a new faculty member, Spencer Evans, who will officially join the faculty in January, 2020. Spencer comes to us from the University of Kansas via Harvard Medical School where he was a postdoctoral fellow. His primary interests are the study of irritability and reactive aggression in children and adolescents, and the assessment of emotional and behavioral problems in youth mental health.

We are proud of our accomplishments, particularly our department's remarkable response to the COVID-19 pandemic, and I hope you enjoy learning about these efforts. Once again, let me thank you for your generous support of the department and its programs over the years, and I look forward to working with you in the future.

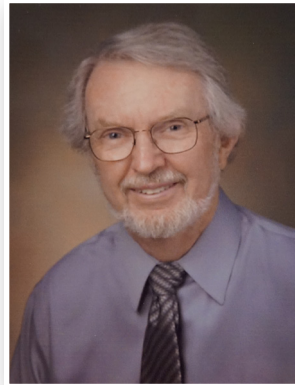
Phil McCabe



Phil McCabe, Ph.D.
Professor and Chairman

In Memoriam ...

THE DEPARTMENT MOURNS THE LOSS OF
TWO COLLEAGUES AND DEAR FRIENDS.



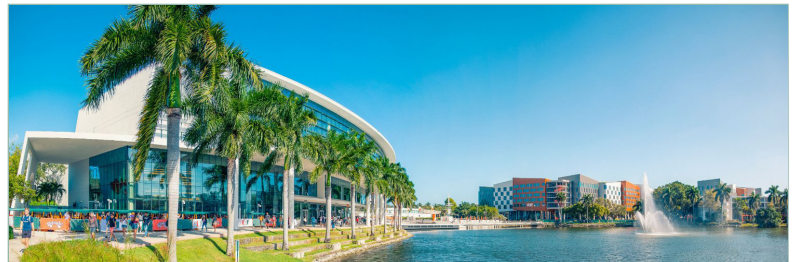
Dr. Keith G. Scott

DECEMBER 8, 1935 - FEBRUARY 6, 2020



Dr. Richard A. Williams

DECEMBER 13, 1945 - JULY 6, 2020

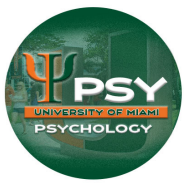


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For information about making a gift or a multi-year pledge to the Department of Psychology, please contact Dr. Michael Alessandri, malessandri@miami.edu (305) 284-6558



UM-PSYCHOLOGY COVID-19 NEWS



STAY CONNECTED

How the psychology department is making an impact on the COVID-19 Pandemic.



- Resilience and Risk: COVID-19 Response and Valence Flexibility
Pi: Jennifer Botton
- Project Sustain: Among Black Women Living with HIV
Pi: Saresha K. Dale
- Investigating the Protective Effects of Mindfulness Training in Older Adults during the COVID-19 Pandemic
Pi: Ekaterina Ninkova (Dordevic), Amishi Jha & Scott Rogers
- Brief Cognitive-Behavior Therapy to Support Parent Coping during the COVID-19 Pandemic
Pi: Jill Ehrenreich-May
- Coronavirus Outbreak Psychosocial Evaluation
Pi: Maria Liebow, Patricia Saab & Kiana Tinpano

COVID-19 RAPID RESPONSE AWARDS

FIVE PSYCHOLOGY RESEARCH TEAMS RECEIVED RAPID RESPONSE GRANTS TO UNDERTAKE INNOVATIVE PROJECTS RELATED TO THE COVID-19 PANDEMIC.

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Expert offers advice for parents homeschooling children with autism

EXPERT OFFERS ADVICE FOR PARENTS HOMESCHOOLING CHILDREN WITH AUTISM
Dr. Michael Alessandri

[LEARN MORE](#)



How Do You Help An Anxious Kid Right Now? Tips For Talking About Coronavirus

HOW DO YOU HELP AN ANXIOUS KID RIGHT NOW? TIPS FOR TALKING ABOUT CORONAVIRUS

Dr. Jill Ehrenreich-May

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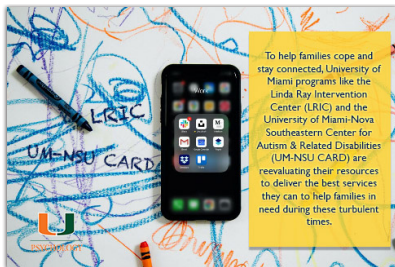


UNIVERSITY OF MIAMI MENTAL HEALTH PROFESSIONALS ARE RAMPING UP TO HELP THE HEALTH CARE WORKFORCE COPE WITH THE TOLL OF TREATING COVID-19 PATIENTS.

MENTAL HEALTH EXPERTS REACH OUT TO STRESSED CAREGIVERS

Dr. Steven Safren

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To help families cope and stay connected, University of Miami programs like the Linda Ray Intervention Center (LRIC) and the University of Miami-Nova Southeastern Center for Autism & Related Disabilities (UM-NSU CARD) are reevaluating their resources to deliver the best services they can to help families in need during these turbulent times.

MAINTAINING VITAL CONNECTIVITY UM-NSU CARD & the Linda Ray Intervention Center

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PROFESSIONALS OFFER POINTERS FOR TEACHING ONLINE
Faculty members with experience in distance learning, education, and child psychology weigh in on some methods to capture kids' attention while they learn on their computers.

PROFESSIONALS OFFER POINTERS FOR TEACHING ONLINE

Drs. Rebecca Bulotsky Shearer and Jill Ehrenreich-May

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Why Attention Management Is The Secret Sauce To Success During The Pandemic (And After)
Forbes

WHY ATTENTION MANAGEMENT IS THE SECRET SAUCE TO SUCCESS DURING THE PANDEMIC (AND AFTER)

Dr. Amishi Jha

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Psychologists offer guidance on how to support children during social distancing
Child experts of the University of Miami offer ways that parents can help ease children's anxiety and frustration at the inability to see friends during the COVID-19 pandemic.

PSYCHOLOGISTS OFFER GUIDANCE ON HOW TO SUPPORT CHILDREN DURING SOCIAL DISTANCING

Drs. Annette La Greca, Rebecca Bulotsky Shearer and Jill Ehrenreich-May

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The emotion, an ancient mechanism meant to keep us healthy, isn't doing much to protect us against coronavirus - because COVID-19 does not offer the usual visible cues that protect us from sick people - shared Debra Lieberman, evolutionary psychologist and University of Miami associate professor.

PSYCHOLOGIST EXPLAINS PURPOSE AND PITFALLS OF DISGUST

Dr. Debra Lieberman

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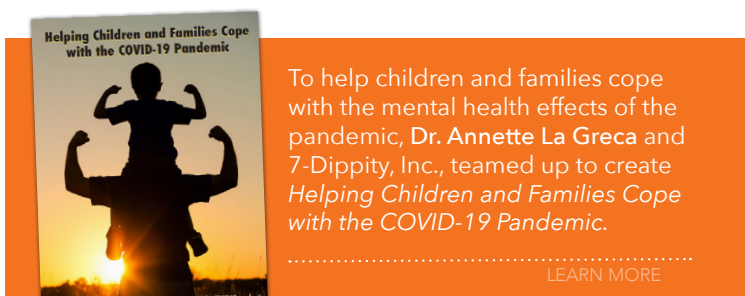


Travel And Exploration Spark Happiness, Study Suggests

TRAVEL AND EXPLORATION SPARK HAPPINESS, STUDY SUGGESTS

Dr. Aaron Heller

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Helping Children and Families Cope with the COVID-19 Pandemic
To help children and families cope with the mental health effects of the pandemic, Dr. Annette La Greca and 7-Dippity, Inc., teamed up to create *Helping Children and Families Cope with the COVID-19 Pandemic*.

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COVID-19: overcoming the challenges faced by individuals with autism and their families
Adrien A Eshraghi, Crystal Li, Michael Alessandri, Daniel S Messinger, Rebecca S Eshraghi, Rahul Mittal, F Daniel Armstrong

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