



*The 2<sup>nd</sup> edition of the Encyclopedia of Behavioral Medicine, published in October 2020 by Springer Nature. The 1<sup>st</sup> edition of the Encyclopedia of Behavioral Medicine was published in 2013. For the 2<sup>nd</sup> any of the 1200 entries from the first edition have been updated considerably, and over 450 new entries have been added. These updated and new entries discuss new terms that are now part of the behavioral medicine lexicon.*

Behavioral medicine is an interdisciplinary field concerned with the development and integration of sociocultural, psychosocial, behavioral, and biomedical knowledge and techniques relevant to the understanding of health and illness and the application of this knowledge and these techniques to disease prevention, health promotion, etiology, diagnosis, treatment, and rehabilitation. The primary purpose of the Encyclopedia of Behavioral Medicine is to provide current knowledge in the three fundamental domains of behavioral medicine: basic research, clinical investigation, and public health. The domain of basic research addresses the key questions of mechanisms of action, both in terms of how behavior can have a deleterious impact on health, and how a change in behavior can be beneficial, either preventively or therapeutically. The domain of clinical investigation translates this basic knowledge into clinical interventions on a patient-by-patient basis. The domain of public health takes the broad view of how behavioral medicine research and interventions can impact the health of populations at the global, national, regional, and community levels. The Encyclopedia of Behavioral Medicine provides established information to physicians, psychologists, public health and health care policy professionals, nurses, sociologists, anthropologists, and general readers. This encyclopedia is the first resource to which readers turn for factual, relevant, and comprehensive information to aid in delivering the highest quality services.

Over fifty of the contributing authors are from the University of Miami, representing the College of Arts & Sciences Department of Psychology, the School of Nursing and Health Sciences, and the Miller School of Medicine. The Editor-in-Chief is Marc D. Gellman from the Department of Psychology and the Behavioral Medicine Research Center.

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