Guess the Grub!

Instructions

1) Reach the food label slide in the powerpoint or prezi presentation.
2) Examine the features on the food label, such as the fat, protein, fiber, and sugar content.
3) Engage students in discussion about this food in regards to MyPlate recommendations, whether it would be a good source of nutrients, and ultimately what the product might be.
4) Reveal the food item in the next slide.