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**Curriculum Vitae**

**K. Lira Yoon**

July 2007

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**CURRENT POSITION:**

Post-doctoral fellow, Department of Psychology, University of Miami

**EDUCATION & TRAINING:**

Pre-doctoral Intern July 2005-June 2006  
Department of Psychiatry, University of Chicago Medical Center

Ph.D. June 2006  
Northwestern University, Evanston, IL

M.S. June 2002  
Northwestern University, Evanston, IL

M.A. February 1999  
Yonsei University, Seoul, Korea

B.A. February 1997  
Yonsei University, Seoul, Korea  
Highest Academic Honor, equivalent of Summa Cum Laude  
Major: Psychology

**HONORS AND AWARDS:**

2003-2004 Allen L. Edwards Fellowship, Northwestern University

2003 Graduate Research Grant, Northwestern University

2002 Research Grant  
Center for Emotion & Emotional Disorders, Northwestern University

2000 Honorable Mention, Minority Fellowship Program,  
American Psychological Association

**PUBLICATIONS:**

**Yoon, K. L.**, & Zinbarg, R. E. (in press). Generalized anxiety disorder and entry into marriage or a marriage-like relationship. *Journal of Anxiety Disorders*. [doi:10.1016/j.janxdis.2006.10.006](https://doi.org/10.1016/j.janxdis.2006.10.006)

Joormann, J., **Yoon, K. L.**, & Zetsche, U. (in press). Cognitive inhibition in depression. *Applied and Preventive Psychology*.

Quartana, P. J., **Yoon, K. L.**, & Burns, J. W. (in press). Anger suppression, ironic processes and pain. *Journal of Behavioral Medicine*.

Zinbarg, R. E., & **Yoon, K. L.** (in press). Clinical disorders: Anxiety and depression in P. J. Corr (Ed.), *The reinforcement sensitivity theory of personality*. Cambridge, UK: Cambridge University Press.

**Yoon, K. L.**, & Zinbarg, R. E. (2007). Threat is in the eye of the beholder: Social anxiety and the interpretation of neutral facial expressions. *Behaviour Research and Therapy*, 45, 839-847. [doi:10.1016/j.brat.2006.05.004](https://doi.org/10.1016/j.brat.2006.05.004)

**Yoon, K. L.**, Fitzgerald, D. A., Angstadt, R., McCarron, R., & Phan, K. L. (2007). Amygdala reactivity to emotional faces at high and low intensity in generalized social phobia: A 4T functional MRI study. *Psychiatry Research: Neuroimaging*, 154, 93-98. [doi:10.1016/j.psychresns.2006.05.004](https://doi.org/10.1016/j.psychresns.2006.05.004)

Zinbarg, R. E., Lee, J. E., & **Yoon, K. L.** (2007). Dyadic predictors of outcome in a cognitive-behavioral program for patients with generalized anxiety disorder in committed relationships: A “spoonful of sugar” and a dose of non-hostile criticism may help. *Behaviour Research and Therapy*, 45, 699-713. [doi:10.1016/j.brat.2006.06.005](https://doi.org/10.1016/j.brat.2006.06.005)

**Yoon, L.**, & Hong, S. (2005). Influence of facial expression on binocular rivalry between two faces [Abstract]. *Journal of Vision*, 5(8), 43a, <http://journalofvision.org/5/8/43/>, [doi:10.1167/5.8.43](https://doi.org/10.1167/5.8.43).

**Yoon, K. L.**, & Zinbarg, R. E. (2005). Role of strategic processing in interpretive bias in social anxiety [Abstract]. *Depression and Anxiety*, 22(4), 248-249. [DOI: 10.1002/da.20093](https://doi.org/10.1002/da.20093)

#### MANUSCRIPTS UNDER REVIEW:

**Yoon, K. L.**, & Zinbarg, R. E. Interpreting neutral faces as threatening: A default mode for social anxiety. *Journal of Abnormal Psychology*.

#### PRESENTATIONS:

Zinbarg, R. E., Lee, J. E., & **Yoon, K. L.** (June 2007). Pretreatment dyadic predictors of outcome in cognitive-behavior therapy for generalized anxiety disorder: A “spoonful of sugar” and a dose of non-hostile criticism may help. In J. R. E. Zinbarg (chair), *Predictors of outcome of psychotherapy for generalized anxiety disorder*, Symposium presented at the Society for Psychotherapy Research, Madison, WI.

McCarron, R. M., Angstadt, M., Fitzgerald, D. A., **Yoon, K. L.**, Nathan, P. J., & Phan, K. L. (June 2007). *Sustained Amygdala Reactivity to Low Intensity, Ambiguous Emotional Faces*. Poster presented at the Human Brain Mapping, Chicago, IL.

#### PRESENTATIONS (CONT):

Zinbarg, R. E., Lee, J. E., & **Yoon, K. L.** (November 2006). Pretreatment dyadic predictors of outcome in CBT for GAD: A “spoonful of sugar” and a dose of non-hostile criticism may help. In J. G. Beck (chair), *Understanding the interplay between anxiety and depression: The interpersonal connection*, Symposium presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Quartana, P. J., **Yoon, K. L.**, Reynolds, C., & Burns, J. W. (November 2006). *Trait angry expressive style moderates the painful consequences of anger suppression*. Poster presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Yoon, K. L.**, & Zinbarg, R. E. (October 2006). *Interpreting neutral faces as threatening: A default mode for social anxiety*. Poster presented at the Society for Research in Psychopathology, San Diego, CA.

Quartana, P. J., **Yoon, K. L.**, Hekmat, H., & Burns, J. W. (May 2006). *Efforts to suppress anger amplify sensitivity to subsequent acute pain*. Poster presented at the Association for Psychological Science, New York, NY.

**Yoon, K. L.**, & Zinbarg, R. E. (March 2006). *On-line interpretive bias for neutral faces in social anxiety*. Paper presented at the Anxiety Disorders Association of America, Miami, FL.

**Yoon, K. L.**, Quartana, P. J., & Zinbarg R. E. (March 2006). *Attentional bias in social anxiety following negative social evaluation*. Poster presented at the Anxiety Disorders Association of America, Miami, FL.

**Yoon, K. L.**, Hong, S. W., & Zinbarg, R. E. (November 2005). *The effects of social anxiety on binocular rivalry between two faces*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Gollan, J. K., **Yoon, K. L.**, McCloskey, M., Cozza, C. M., & Coccaro, E. F. (November 2005). *Effects of depression severity on emotion information processing*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Gollan, J. K., **Yoon, K. L.**, Grathouse, H., Cozza, C. M., & Coccaro, E. F. (November 2005). *Evaluation of facial affect intensity in major depression*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Quartana, P. J., **Yoon, K. L.**, & Burns, J. W. (November 2005). *Suppression of an anger-provoking event: Amplification effects on subsequent acute pain*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

**Yoon, K. L.**, Hong, S. W., & Shevell, S. K. (May 2005). *Binocular rivalry between faces with various expression*. Poster presented at the Vision Sciences Society, Sarasota, FL.

**Yoon, K. L.**, & Zinbarg, R. E. (March 2005). *The role of strategic processing in interpretive bias in social anxiety*. Poster presented at the Anxiety Disorders Association of America, Seattle, WA.

**PRESENTATIONS (CONT):**

**Yoon, K. L., & Zinbarg, R. E.** (March 2005). *Generalized anxiety disorder, entry into marriage, and marital dissolution*. Poster presented at the Anxiety Disorders Association of America, Seattle, WA.

**Yoon, K. L., & Zinbarg, R. E.** (November 2004). *The role of strategic processing in interpretive bias in social anxiety*. Poster presented at the Association for Advancement for Behavior Therapy, New Orleans, LA.

Skidmore, W. C., Durbin, C. E., Rapp, D. N., Mineka, S., & **Yoon, K. L.** (November 2004). *Evidence for an interpretive bias in depression*. Poster presented at the Association for Advancement for Behavior Therapy, New Orleans, LA.

**Yoon, K. L., & Zinbarg, R. E.** (February 2004). *Interpretive bias in socially anxious individuals*. Poster presented at the Anxiety Disorders Association of America, Miami, FL.

**Yoon, K. L., & Zinbarg, R. E.** (February 2004). *The overestimation of noticeability of anxiety symptoms in social anxiety*. Poster presented at the Anxiety Disorders Association of America, Miami, FL.

**Yoon, K. L., & Zinbarg, R. E.** (November 2003). *Interpretive bias in socially anxious individuals: Applying an implicit learning paradigm*. Poster presented at the Association for Advancement for Behavior Therapy, Boston, MA.

**Yoon, K. L., Zinbarg, R. E., & Mineka, S.** (September 2002). *Social anxiety and interpretation of neutral facial expressions*. Poster presented at the Society for Research in Psychopathology, San Francisco, CA.

**Yoon, K. L.** (April 2001). *Interpretive biases in highly socially anxious individuals*. Paper presented at the Annual Northwestern-University of Chicago Graduate Conference.

**Yoon, L., & Zinbarg, R. E.** (May 2000). *The effects of social anxiety on interpretation of neutral facial expressions*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

**Yoon, L., & Oh, K. J.** (May 1999). *Differences between reactively and proactively aggressive children in the psychological adjustment and social information processing*. Poster presented at the Asian Society for Child and Adolescent Psychiatry and Allied Professions, Seoul, Korea.

Ko, R. W., **Yoon, L.**, Jung, E., & Oh, K. J. (July 1998). *Aggressive children's attributional bias for neutral stimuli: A preliminary study*. Paper presented at the annual meeting of the Korean Clinical Psychological Association, Yusong, Korea.

## RESEARCH EXPERIENCE:

9/2006 - present     **Principal Investigator.** Cognitive and neural underpinnings of depression and social anxiety disorder. Under Jutta Joormann, Ph.D.

- 1) Autobiographical memory in depression and social anxiety disorder
- 2) The role of interoceptive cues in social anxiety disorder
- 3) Neuroendocrine responses to stressful experiences in social anxiety disorder

## RESEARCH EXPERIENCE (CONT):

9/2005 – 6/2006     **Co- Investigator.** Functional MRI examination of information processing in social

phobia. The Clinical Neuroscience and Psychopharmacology Research Unit (CNPRU), The University of Chicago. Under K. Luan Phan, M.D

- 11/2004 - present **Co- Investigator.** The effects of emotion and thought suppression on pain perception. Northwestern University.
- 9/1999 - present **Principal Investigator.** Interpretive bias in social anxiety. Northwestern University. Under Rick Zinbarg, Ph.D.
- 1) Interpretation of ambiguous facial stimuli
  - 2) Strategic vs. automatic processing in interpretive bias in social anxiety
  - 3) Interpretive bias for pictorial vs. verbal stimuli
- 7/2004 – 6/2005 **Extern.** Cognitive and neurobiological processes mediating the association between childhood trauma and history of suicide attempts among depressed individuals (NARSAD and AFSP funded project). CNPRU, The University of Chicago. Under Jackie Gollan, Ph.D.
- 9/2002 – 5/2005 **Research Assistant.** Specific and general risk factors in the development of anxiety and mood disorders (5R01MH065652). Northwestern University. Under Rick Zinbarg, Ph.D., and Susan Mineka, Ph.D.
- 9/2003 – 9/2005 **Research Assistant.** Efficacy of the worry exposure component of the Mastery of Your Anxiety and Worry program for GAD. Northwestern University. Under Rick Zinbarg, Ph.D.
- 10/1995 – 8/1996 **Research Assistant.** Development of a group based cognitive-behavior program to decrease non-compliance and aggressive behaviors in children. Yonsei University, Seoul, Korea. Under Kyung-Ja Oh, Ph.D.

## TEACHING EXPERIENCE:

### Instructor:

Fall 2003	Statistical Methods in Psychology
Summer 2002	Statistical Methods in Psychology

### Teaching Assistant:

Spring 2003	Introduction to Clinical Psychology
Winter 2002	Statistical Methods in Psychology
Fall 2001	Statistical Methods in Psychology
Fall 2000	Introduction to Psychology
Spring 2000	Psychology of Gender
Winter 2000	Statistical Methods in Psychology
Fall 1999	Introduction to Psychology
Spring 1998	Psychological Understanding of Human Behaviors
Fall 1997	Clinical Psychology
Spring 1997	Psychology of Personality

## CLINICAL EXPERIENCE:

1/2006 – 6/2006 **Psychology Intern,** The University of Chicago Medical Center, Chicago, IL.

Conducted diagnostic interviews (e.g., SCID-I, SID-P); provided empirically supported individual and group psychotherapy; general outpatient clinic, Aggressive Disorders Clinic, and research rotation

7/2005 – 12/2005

**Psychology Intern**, The University of Chicago Medical Center, Chicago, IL.

Conducted diagnostic interviews; provided empirically supported individual and group psychotherapy; general outpatient clinic, Anxiety Disorders Clinic, Smoking Cessation Program, and Weight Loss Surgery Clinic

7/ 2004 – 6/2005

**Stress and Depression Program Extern**

Clinical Neuroscience and Psychopharmacology Research Unit,  
The University of Chicago, Chicago, IL.

Supervisor: Jackie Gollan, Ph.D.

Conducted diagnostic interviews for Axis-I and II disorders

9/ 2002 – 8/2004

**Therapy Practicum Extern**

The Family Institute at Northwestern University, Evanston, IL

Supervisor: Jay Lebow, Ph.D.

Trained in Family Institute model of integrative problem-centered therapy; provided therapy based on Family Institute model to individuals and families

3/ 2001 – 8/2004

**Therapy and Assessment Practicum Extern**

Anxiety and Panic Treatment Program of the Family Institute at Northwestern University, Evanston, IL

Supervisors: Richard Zinbarg, Ph.D., Paula Young, Ph.D.

Trained in and provided cognitive-behavioral therapy for adults with anxiety disorders; administered SCID as part of diagnostic assessments; collected therapy outcome data

10/ 2000 – 2/ 2001

**Therapy Practicum Extern**

Outpatient Treatment Center, Northwestern University Medical School, Chicago, IL

Supervisor: Jill Sullivan, Ph.D.

Group cognitive-behavioral therapy for adults with anger management problems

7/ 2000 – 10/ 2000

**Crisis Evaluation Extern**

Diagnostic and Evaluation Center, Northwestern University Medical School, Chicago, IL

Supervisors: John Stutesman, Psy.D., Katie Lyons, LCSW

Conducted crisis intake assessments; provided referral information to clients

8/1997 – 6/1998

**Co-Therapist**

Yonsei University, Seoul, Korea

Supervisors: Joong-Kyu Park, Ph.D., Kyung-Ja Oh, Ph.D.

Provided Cognitive-Behavior Therapy in a group format for children in risk for developing Oppositional- Defiant Disorder

3/ 1998 – 6/ 1998

**Assessment Practicum Extern**

Psychiatry Department, Severance Medical Center, Yonsei University

Supervisor: Joong-Kyu Park, Ph.D.

Administered, scored, and interpreted psychological assessment test batteries

- 9/ 1997 – 12/ 1997    **Assessment Practicum Extern**  
Rehabilitation Center, Severance Medical Center, Yonsei University  
Supervisor: Hyang-Koo, Kim, Ph.D.  
Administered, scored, and interpreted neuropsychological assessment test batteries
- 1/ 1996 – 10/ 1996    **Volunteer**  
Psychiatry Department, Severance Medical Center, Yonsei University.  
Supervisor: Hyun-Su, Kim, M.A., LCSW.  
Co-led a weekly Day Hospital program

**AD-HOC REVIEWER**

- Biological Psychiatry
- Journal of Abnormal Psychology

**PROFESSIONAL AFFILIATIONS:**

- American Psychological Association
- Association for Behavioral and Cognitive Therapies