

**STEVEN A. SAFREN, Ph.D., ABPP**

**UNIVERSITY OF MIAMI**

**Curriculum Vitae**

1. **Date:** May 31<sup>st</sup>, 2018

**PERSONAL**

2. **Name:** Steven A. Safren, Ph.D.
3. **Home Phone:**
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5. **Home Address:**
6. **Current Academic Rank:** Professor
7. **Primary Department:** Psychology
8. **Secondary or Joint Appointments:** The Fenway Institute at Fenway Health
9. **Citizenship:** USA
10. **Visa Type** (if non-citizen): N/A

**HIGHER EDUCATION**

**11. Institutional (institution; degree; date conferred):**

1991	B.A.	Psychology	Brandeis University, Waltham, MA
1995	M.A.	Clinical Psychology	University at Albany, State University of New York
1998	Ph.D.	Clinical Psychology	University at Albany, State University of New York

**12. Non-Institutional (description; dates):**

N/A

**13. Certification, licensure (description; board or agency; dates):**

1999-present Licensed Psychologist, State of Massachusetts, #7541.  
2007-present Diplomate in Cognitive Behavioral Therapy, American Board of Professional Psychology (ABPP; Diplomate number 6403)  
2015-present Licensed Psychologist, State of Florida, #9300.

**EXPERIENCE**

**14. Academic (institutions; rank/status; dates):**

1999-2001	Instructor	Psychology, Department of Psychiatry	Harvard Medical School
2000-2003	Adjunct Assistant Professor	Department of Psychology	Boston University
2002- 2005	Assistant Professor	Psychology, Department of Psychiatry	Harvard Medical School
2005-2012	Associate Professor	Psychology, Department of Psychiatry	Harvard Medical School
2012-2015 (Aug)	Professor	Psychology, Department of Psychiatry	Harvard Medical School
2015-present	Professor	Psychology, Department of Psychology	University of Miami

**15. Non-Academic (employers; title; responsibilities; dates):**

1998-present	Affiliated Scientist	The Fenway Institute, Research and Evaluation Department	Fenway Community Health
1999-2005	Clinical Assistant	Department of Psychology (Psychiatry)	Massachusetts General Hospital
2000-2006	Associate Director, Cognitive Behavior Therapy Program	Cognitive Behavioral Therapy Program (Psychiatry)	Massachusetts General Hospital
2004-2009	Director	Cognitive Behavioral Therapy Track, Clinical Psychology Internship Program (Psychiatry)	Massachusetts General Hospital
2004-2015	Director	Behavioral Medicine Service (Psychiatry)	Massachusetts General Hospital

2004-2015	Director	Behavioral Medicine Track, Clinical Psychology Internship Program (Psychiatry)	Massachusetts General Hospital
2005-2015	Assistant Psychologist	Department of Psychology (Psychiatry)	Massachusetts General Hospital
2006-2014	Associate Director	Behavioral and Social Sciences Program	Harvard Division of AIDS Center for AIDS Research (CFAR)
2014-2015	Director	Behavioral and Social Sciences Core	Harvard University Center for AIDS Research (CFAR)
2016-present	Co-Director	Behavioral / Social Science and Community Outreach Core	University of Miami Center for AIDS Research (CFAR)
2014-present	External Scientific Advisory Board	3 <sup>rd</sup> Coast CFAR	Northwestern University

**16. Military (branch; rank; responsibilities; dates): N/A**

**PUBLICATIONS**

**17. Books and monographs:**

1. Martell C, **Safren SA**, Prince S. Cognitive behavioral therapy with gay, lesbian, and bisexual clients. New York: Guilford Press, 2003.
2. **Safren SA**, Perlman CA, Sprich S, Otto MW. Mastery of your adult ADHD. Client Workbook. Oxford University Press, 2005.

*Dutch translation:* Bij Volwassenen Cliëntenwerkboek: Een Programma Voor Cognitieve Gedragstherapie. NZ: Uitgeverij Nieuwezijds, 2006.

*German translation:* Kognitive Verhaltens-therapie der ADHS des Erwachsenenalters. Medizinisch Wissenschaftliche Verlagsgesellschaft (2007).

*Portuguese translation:* Dominando o TDAH adulto: Programa de tratamento cognitivo-comportamental. Brazil: Artmed (2008).

*Turkish translation:* Ankara, Turkey: Hyb Publishing. (2011).

*Swedish translation*– Cereb, SW. (2011)

*Korean translation:* Hakjisa Publisher, Inc.; Seoul, Korea (2011).

*Japanese translation:* Nippon Hyoron-sha Ltd. Japan. (2011)

*Polish translation* : Gdanskie Wydawnictwo Psychologiczne (2013)

3. **Safren SA**, Sprich S, Perlman CA, Otto MW. *Mastery of your adult ADHD, Therapist Manual*. Oxford University Press, 2005.  
*Also translated to Dutch, German, Portuguese, Turkish, Swedish, Korean, and Japanese per above client workbook.*
4. **Safren SA**, Gonzalez JS, Soroudi N. *Coping with Chronic Illness: Cognitive behavioral therapy for adherence and depression in individuals with chronic illness, Client Workbook*. 2007, Oxford University Press.
5. **Safren SA**, Gonzalez JS, Soroudi N. *Coping with Chronic Illness: Cognitive behavioral therapy for adherence and depression in individuals with chronic illness, Therapist Guide*. 2007, Oxford University Press.
6. Vranceanu AM, Greer JA, **Safren SA** (editors). *The MGH Handbook of Behavioral Medicine*. NY: Humana Press (Springer). 2017.
7. **Safren SA**, Sprich S, Perlman CA, Otto MW. *Mastery of your adult ADHD, Client Workbook, 2<sup>nd</sup> Edition*. Oxford University Press, 2017.
8. **Safren SA**, Sprich S, Perlman CA, Otto MW. *Mastery of your adult ADHD, Therapist Manual, 2<sup>nd</sup> Edition*. Oxford University Press, 2017.
9. Naar S & **Safren SA**. *Motivational interviewing and CBT: Combining strategies for maximum effectiveness*. NY: Guilford Press. 2017.  
*Korean translation:* Hakjisa Publisher, Seoul Korea (2017)  
*Swedish translation:* Natur och Kultur, Stockholm, Sweden (2018).
10. Pachankis, J, **Safren SA**. (Editors). *Handbook of Evidenced Based Mental Health Practice with LGBT Clients*. NY: Oxford University Press, Under agreement

## 18. Juried or refereed journal articles and exhibitions:

1. **Safren SA**, Heimberg RG, Juster HR. Client's expectancies and their relationship to pretreatment symptomatology and outcome of Cognitive-Behavioral Group Treatment for Social Phobia. *Journal of Consulting and Clinical Psychology*. 1997; 65(4): 694-698.
2. **Safren SA**, Heimberg RG, Brown EJ, Holle C. Quality of life in patients with social phobia. *Depression and Anxiety*. 1997; 4(3): 126-133.
3. **Safren SA**, Heimberg RG, Turk C. Factor structure of the Social Phobia Scale and the Social Interaction Anxiety Scale. *Behaviour Research and Therapy*. 1998; 36(4): 443-453.
4. **Safren SA**, Heimberg RG. Suicidality in lesbian, gay, and bisexual youth: A review and cognitive-behavioral model. *The Behavior Therapist*, 1998; 21: 146-150.
5. **Safren SA**. Selected issues facing gay, lesbian, and bisexual graduate students in clinical psychology training. *The Behavior Therapist*, 1999; 22: 189-192.
6. **Safren SA**, Otto, MW, Worth J. Life-Steps: Applying cognitive-behavioral therapy to patient adherence to HIV medication treatment. *Cognitive and Behavioral Practice*, 1999; 6: 332-34.
7. **Safren SA**, Heimberg, RG. Depression, Hopelessness, Suicidality and Related Factors in Sexual Minority and Heterosexual Adolescents. *Journal of Consulting and Clinical Psychology*. 1999; 67(6): 859-866.

8. Wulfert E, **Safren SA**, Brown I, Wan CK. Cognitive, behavioral, and personality correlates of HIV-positive persons' unsafe sexual behavior. *Journal of Applied Social Psychology*. 1999; 29: 223-244.
9. Lerner J, **Safren, SA**, Henin A, Warman M, Heimberg RG, Kendall PC. Differentiating anxious and depressive self-statements in youth: Factor structure of the Negative Affect Self-Statement Questionnaire. *Journal of Clinical Child Psychology*. 1999; 28(1): 82-93.
10. Heimberg RG, Horner KJ, Juster HR, **Safren SA**, Brown EJ, Schneier FR, Liebowitz MR. Reliability and validity of the Liebowitz Social Anxiety Scale. *Psychological Medicine*. 1999; 29(1): 199-211.
11. **Safren SA**, Heimberg RG, Horner KJ, Juster HR, Schneier FR, Liebowitz MR. Factor structure of social fears: The Liebowitz Social Anxiety Scale. *Journal of Anxiety Disorders*. 1999; 13(3): 253-270.
12. **Safren SA**, Lerner J, Henin A, Warman M, Heimberg RG, Kendall PC. Differentiating anxious and depressive self-statements: Factor structure of the Anxious Self-Statements Questionnaire and the Automatic Thoughts Questionnaire-Revised. *Cognitive Therapy and Research*. 2000; 24: 327-334.
13. **Safren SA**, Gonzalez RE, Horner K, Leung AW, Heimberg RG, Juster HR. Anxiety in ethnic minority youth: Methodological and conceptual issues and literature review. *Behavior Modification*, 2000; 24: 147-183.
14. **Safren SA**. The continuing need for diversity in cognitive-behavioral therapy training and research. *The Behavior Therapist*, 24, 2001: 1.
15. **Safren SA**, Hollander G, Hart TA, Heimberg RG. Cognitive-behavioral therapy with lesbian, gay, and bisexual youth. *Cognitive and Behavioral Practice*, 2001; 8: 215-223.
16. **Safren SA**, Rogers T. Cognitive-behavioral therapy with lesbian, gay, and bisexual persons. *Journal of Clinical Psychology: In-Session, Psychotherapy in Practice*, 2001; 57: 629-645.
17. **Safren SA**, Lanka GD, Otto MW, Pollack MH. Prevalence of childhood ADHD among patients with generalized anxiety disorder and a comparison condition, social phobia. *Depression and Anxiety*. 2001; 13(4): 190-191.
18. Eng W, Coles ME, Heimberg RG, & **Safren SA**. Quality of life following cognitive-behavioral treatment for social anxiety disorder: Preliminary findings. *Depression and Anxiety*. 2001; 13(4): 192-193.
19. **Safren SA**, Otto, MW, Worth J, Salomon E, Johnson W, Mayer K, Boswell S. Two strategies to increase adherence to HIV antiretroviral medication: Life-Steps and medication monitoring. *Behavioural Research and Therapy*, 2001; 39(10): 1151-1162.
20. Pirl WF, Beck BJ, Kim H, **Safren SA**. Description of On-Site Psychiatry Consultations in Primary Care. *Journal of Clinical Psychiatry (Primary Care Companion)*. 2002; 3(5): 190-194.
21. Otto MW, Hong J, **Safren, SA**. Benzodiazepine discontinuation difficulties in panic disorder: Conceptual model and outcome for cognitive-behavioral therapy. *Current Pharmaceutical Design*. 2002; 8(1): 75-80.
22. Simon NM, **Safren SA**, Sharma SG, Lanka GD, Otto MW, Pollack, MH. Longitudinal outcome with pharmacotherapy in a naturalistic study of panic disorder. *Journal of*

Affective Disorders. 2002; 69(1-3): 201-208.

23. **Safren SA**, Gershuny B, Marzol P, Otto MW, Pollack, MH. History of childhood abuse in panic disorder, social phobia, and generalized anxiety disorder: An examination of rates across diagnostic categories. *Journal of Nervous and Mental Disease*. 2002; 190(7): 453-456.
24. **Safren SA**, Radomsky AS, Otto MW, Salomon E. Predictors of psychological well-being in a diverse sample of HIV-positive patients on highly active antiretroviral therapy. *Psychosomatics*. 2002; 43(6): 478-485.
25. **Safren SA**, Hendriksen ES, DeSousa N, Boswell SL, Mayer KH. Use of an on-line pager system to increase adherence to antiretroviral medications. *AIDS Care*. 2003; 15(6): 787-793.
26. **Safren SA**, Gershuny BS, Hendriksen ES. Symptoms of post traumatic stress and death anxiety in persons with human immunodeficiency virus and medication adherence difficulties. *AIDS Patient Care and STDs*. 2003; 17(12): 657-664.
27. Berg M, Mimiaga M, **Safren SA**. Mental health concerns of HIV positive men gay and bisexual men seeking mental health services: An observational study. *AIDS Patient Care and STDs*. 2004; 18(11): 635-643.
28. Otto MW, **Safren SA**, Pollack MH. Internal cue exposure and the treatment of substance use disorders: Lessons from the treatment of panic disorder. *Journal of Anxiety Disorders*, 2004; 18: 69-87.
29. Mayer KH, **Safren SA**, Gordon CM. HIV care providers and prevention: Opportunities and challenges. *Journal of Acquired Immune Deficiency Syndrome (JAIDS)*, 2004; 37: S130-S132.
30. **Safren SA**, Sprich S, Chulvick S, Otto, MW. Psychosocial treatments for adults with ADHD. *Psychiatric Clinics of North America*, 2004; 27: 349-360.
31. Hinton DE, Pham T, Tran M, **Safren SA**, Otto MW, Pollack MH. CBT for Vietnamese Refugees with Treatment-resistant PTSD and Panic Attacks: A Pilot Study. *Journal of Traumatic Stress*. 2004; 17(5): 429-433.
32. **Safren SA**, Hendriksen ES, Mayer KH, Mimiaga MJ, Pickard R, Otto MW. Cognitive behavioral therapy for HIV medication adherence and depression. *Cognitive and Behavioral Practice*. 2004; 11: 415-423.
33. Eng W, Coles ME, Heimberg RG, **Safren SA**. Domains of life satisfaction in social anxiety disorder: Relation to symptoms and response to cognitive-behavioral therapy. *Journal of Anxiety Disorders*. 2005; 19(2): 143-156.
34. **Safren SA**, Otto MW, Sprich S, Perlman CL, Wilens TE, Biederman, J. Cognitive behavioral therapy for ADHD in medication-treated adults with continued symptoms. *Behaviour Research and Therapy*. 2005; 43(7): 831-842.
35. Berg M, **Safren SA**, Mimiaga MJ, Grasso C, Boswell S, Mayer KH. Nonadherence to medical appointments is associated with HIV plasma RNA and decreased CD4 cell counts in a community-based HIV primary care clinic. *AIDS Care*. 2005; 17(7): 902-907.
36. **Safren SA**, Kumarasamy N, James R, Raminani SR, Solomon S, Mayer KH. ART adherence, demographic variables, and CD4 outcome among HIV-positive patients on antiretroviral therapy in Chennai, India. *AIDS Care*. 2005; 17(7): 853-862.

37. Pirl WF, Greer J, Weiss-Garber C, **Safren SA**. Screening for infectious diseases in a state psychiatric hospital. *Psychiatric Services*. 2005; 56(12): 1614-1616.
38. Kumarasamy N, **Safren SA**, Raminani, S.R., Pickard, R., James, R., Krishnan, A.K.S., Solomon, S., Mayer, KH. Barriers and facilitators to antiretroviral medication adherence among patients with HIV in Chennai, India: A qualitative study. *AIDS Patient Care and STDs*. 2005; 19(8): 526-537.
39. Hinton DF, Pich V, **Safren SA**, Pollack MH, McNally RJ. Anxiety sensitivity in traumatized Cambodian refugees: A discriminant function and factor analytic investigation. *Behavior Research and Therapy*. 2005; 43(12): 1631-1643.
40. Hinton DH, Chhean D, **Safren SA**, Hofmann SG, Pollack MH. A randomized controlled trial of CBT for Cambodian refugees with treatment-resistant PTSD and panic attacks: A cross over design. *Journal of Traumatic Stress*. 2005; 18(6): 617-629.
41. Mimiaga MJ, **Safren SA**, Benet DJ, Manseau M, DeSousa N, Mayer KH. MSM in HIV prevention trials are sexual partners with each other: an ancillary study to the EXPLORE study. *AIDS and Behavior*. 2006; 10(1): 27-34.
42. O'Cleirigh C, **Safren SA**. Domains of life satisfaction among patients living with HIV: A factor analytic study of the Quality of Life Inventory. *AIDS and Behavior*. 2006; 10(1): 53-58.
43. Hinton DF, Pich V, **Safren SA**, Pollack MH, McNally RJ. Anxiety sensitivity among Cambodian refugees with panic disorder: A factor analytic investigation. *Journal of Anxiety Disorders*. 2006; 20(3): 281-295.
44. **Safren SA**, Kumarasamy N., Hosseinipour M., Harwood MM, Hoffman I, McCauley M, Jumbe A, Nyirenda C, Mimiaga MJ, Solomon S, Celentano D, Mayer KH. Perceptions about the acceptability of assessments of HIV medication adherence in Lilongwe, Malawi and Chennai, India. *AIDS and Behavior*. 2006; 10(4): 443-450.
45. **Safren SA**, Martin C, Menon S, Greer JA, Solomon S, Mimiaga MJ, Mayer KH. A survey of MSM HIV prevention outreach workers in Chennai, India. *AIDS Education and Prevention*. 2006; 18(4): 323-332.
46. Hinton DE, Pich V, Chhean D, **Safren, SA**, Pollack MH. Somatic-focused therapy for traumatized refugees: Treating posttraumatic stress disorder and comorbid neck-focused panic attacks among Cambodian Refugees. *Psychotherapy: Theory, Research, Practice and Training*. 2006; 43(4): 491-505.
47. Hinton, DE, **Safren SA**, Pollack, MH. Cognitive-behavior therapy for Vietnamese refugees with PTSD and comorbid panic attacks. *Cognitive and Behavioral Practice*. 2006; 13: 271-281.
48. Biederman J, Arnsten AF, Farone SV, Doyle AE, Spencer TJ, Wilens TE, Weiss MD, **Safren SA**, Culpepper L. New developments in the treatment of ADHD. *Journal of Clinical Psychiatry* (supplement), 2006: 67, 148-159.
49. Olatunji BO, Mimiaga MJ, O'Cleirigh C, **Safren SA**. A review of treatment studies of depression in HIV. *Topics in HIV Medicine*, 2006, 14, 112-124.
50. **Safren SA**. Cognitive-behavioral approaches to ADHD treatment in adulthood. *Journal of Clinical Psychiatry*, 2006, 67(s), 46-50.
51. Berg CJ, Michelson SE, **Safren SA**. Behavioral aspects of HIV care: Adherence,

- depression, substance use, and HIV-transmission behaviors. *Infectious Disease Clinics of North America*, 2007; 21, 181-200.
52. **Safren SA**, Wingood, GW, Altice FL. Strategies for primary HIV prevention that target behavioral change. *Clinical Infectious Diseases*, 2007: s300-s307.
  53. O’Cleirigh CO, **Safren SA**. Breaking the mold or business as usual? Meeting the challenges of HIV prevention in people with serious mental illness and substance use disorders. *Clinical Psychology Science and Practice*, 2007: 14, 34-38.
  54. **Safren SA**, Duran P, Yovel I, Perlman CA, Sprich S. Medication adherence in psychopharmacologically-treated adults with attention deficit and hyperactivity disorder. *Journal of Attention Disorders*. 2007; 10(3): 257-260.
  55. Yovel I, **Safren SA**. Measuring homework utility in psychotherapy: CBT for adult ADHD as an example. *Cognitive Therapy and Research*. 2007; 31: 385-399.
  56. Krishnan AK, Hendriksen E, Vallabhane S, Johnson SL, Raminani S, Kumarasamy N, Hobson J, Solomon S, Mayer KH, **Safren SA**. Sexual behaviors of individuals with HIV living in South India: A qualitative study. *AIDS Education and Prevention*. 2007; 19(4): 334-345.
  57. Knauz RO, **Safren SA**, O’Cleirigh C, Capistrant BD, Driskell J, Agular D, Salomon L, Hobson J, Covahey C., Mayer K. Developing an HIV-prevention for HIV-infected men who have sex with men. *AIDS and Behavior*. 2007; 11(5): 117-126.
  58. Gonzalez JS, **Safren SA**, Cagliero E, Wexler DJ, Delahanty L, Wittenberg E, Blais MA, Meigs JB, Grant RW. Depression, Self-Care, and Medication Adherence in Type 2 Diabetes: Relationships Across the Full Range of Symptom Severity *Diabetes Care*. 2007; 30(9): 2222-2227.
  59. Mimiaga MJ, Fair AD, Mayer KH, Koenen K, Gortmaker S, Tetu AM, Hobson J, **Safren SA**. Experiences and sexual behaviors of HIV-infected MSM who acquired HIV in the context of crystal methamphetamine use. *AIDS Education and Prevention*. 2008; 20(1): 30-41.
  60. Berg M, Mimiaga M, **Safren SA**. Mental health concerns of HIV-negative gay and bisexual men seeking services. *Journal of Homosexuality*. 2008; 54(3): 294-307.
  61. Soroudi N, Perez GK, Gonzalez JS, Greer JA, Pollack MH, Otto MW, **Safren SA**. CBT for medication adherence and depression (CBT-AD) in HIV-infected individuals receiving methadone maintenance therapy. *Cognitive and Behavioral Practice*. 2008; 15: 93-106.
  62. Lu M, **Safren SA**, Skolnik PR, Rogers WH, Coady W, Hardy H, Wilson IB. What is the optimal recall period and response task format for assessing antiretroviral adherence. *AIDS and Behavior*. 2008; 22: 313-321.
  63. Berg CJ, Raminani S, Greer J, Harwood M, **Safren SA**. Participants’ perspectives on cognitive-behavioral therapy for adherence and depression in HIV. *Psychotherapy Research*. 2008; 18(3): 271-280.
  64. Mimiaga MJ, Skeer M, Mayer KH, **Safren SA**. Study participation as a social group influencing sexual behaviors in an HIV-prevention trial for men who have sex with men. *AIDS Care*. 2008; 20(3): 346-355.
  65. Harley R, Sprich S, **Safren SA**, Jacobo M, Fava M. Adaptation of DBT Skills Training Group for Treatment Resistant Depression: A Pilot Study. *Journal of Nervous and Mental*



- Disease. 2008; 196(2): 136-143.
66. Vranceanu AM, **Safren SA**, Lu M, Coady WM, Skolnik PR, Rogers WH, Wilson I. The relationship of post traumatic stress disorder and depression to antiretroviral medication adherence in persons with HIV. *AIDS Patient Care and STDs*. 2008; 22(4): 86-94.
  67. Vranceanu AM, Ring D, Zhao M, Cowan J, **Safren SA**. Idiopathic hand and arm pain: Delivering cognitive behavioral therapy a part of a surgical practice. *Cognitive and Behavioral Practice*. 2008; 15: 244-254.
  68. Mimiaga MJ, Reisner SL, VanDerwarker R, Gaucher MJ, O'Connor CA, Medeiros S, & **Safren SA**. Polysubstance use and HIV/STD risk behavior among Massachusetts men who have sex with men accessing Department of Public Health mobile van services: Implications for intervention development. *AIDS Patient Care and STDs*. 2008; 22(9): 745-751.
  69. Vranceanu AM, **Safren S**, Cowan J, Ring D. The Development of the Negative Pain Thoughts Questionnaire. *Pain Practice*. 2008; 8(5): 337-341.
  70. Vranceanu AM, **Safren S**, Cowan J, Zhao M, Ring D. Disability and psychological distress in patients with nonspecific and specific arm pain. *Clinical Orthopedics and Related Research*. 2008; 466(11): 2820-2026.
  71. Gonzalez JS, **Safren SA**, Delahanty LM, Cagliero E., Wexler DJ, Meigs JB, Grant RW. Symptoms of depression prospectively predict poorer self-care in patients with Type 2 Diabetes. *Diabetic Medicine*. 2008; 25(9): 1102-1107.
  72. Gonzalez JS, Delahanty LM, **Safren SA**, Meigs JB, Grant RW. Differentiating symptoms of depression from diabetes-specific distress: relationships to self-care in type 2 diabetes. *Diabetologia*. 2008; 51(10): 1822-1825.
  73. Driskell J, Salomon L., Mayer K, Capistrant B, **Safren S**. Barriers and facilitators of HIV disclosure among sexually risky HIV-infected MSM. *Journal of HIV/AIDS and Social Services*. 2008; 7(2): 135-156.
  74. Reisner SL, Mimiaga MJ, Mayer KH, Tinsley JP, **Safren SA**. Tricks of the trade: Sexual health behaviors, the context of HIV risk, and potential prevention intervention strategies for male sex workers. *Journal of Lesbian, Gay, Bisexual, and Transgender Health Research*. 2008; 4(4): 195-209.
  75. Knouse LE, Cooper-Vince C, Sprich S, **Safren SA**. Recent developments in the psychosocial treatment of adult ADHD. *Expert Review of Neurotherapeutics*, 2008:, 8, 1537-1548.
  76. O'Cleirigh CO, **Safren SA**. Optimizing the effects of stress management interventions in HIV. *Health Psychology*, 2008: 27, 397-301.
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31, 2398-2403.

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81. Gonzalez JS, Hendriksen ES, Collins EM, Durán RE, **Safren SA**. Latinos and HIV/AIDS: Examining factors related to disparity and identifying opportunities for psychosocial intervention research. *AIDS and Behavior*, 2009; 13: 582-602.
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88. Reisner SL, Mimiaga MJ, Skeer M, VanDerwarker R, Gaucher MJ, O'Connor CA, Medeiros SM, **Safren SA**. Differential HIV risk behavior among men who have sex with men seeking health-related mobile van services at diverse gay-specific venues. *AIDS and Behavior*. 2009; 13(4): 822-831.
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92. O'Cleirigh, CO, Skeer, M, Mayer KH, **Safren SA**. Functional impairment and health care

- utilization among HIV-infected men who have sex with men: The relationship between depression and post-traumatic stress. *Journal of Behavioral Medicine*. 2009; 32(5): 466-477.
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### **Chapters in Edited Books**

1. Otto MW, **Safren SA**. Mechanisms of action in the treatment of social phobia. In Hoffman SG, DiBartolo PM, editors. *From Social phobia to social anxiety: An integration*. Needham Heights, MA: Allyn & Bacon. 2001. p. 391-407.
2. **Safren SA**. Treatment for Chronic Depression, by JP McCullough. Book review for *Clinical Psychology Review*, 2002; 22: 629-630.
3. Jacobo MC, **Safren SA**. Handbook of affirmative psychotherapy with lesbians and gay men. Book review for K.Y. Ritter & A.L.Terndrup A.L. *The Scientist Practitioner*, 2002.
4. Otto MW, **Safren SA**, Nicolaou DC, Pollack MH. Considering mechanisms of action in the treatment of social anxiety disorder. In Pollack MH, Simon NM, Otto MW, editors. *Social Phobia: Presentation, course, and treatment*. New York: Castle Connolly Graduate Medical Publishing, Ltd, 2003.
5. Mayer KH, **Safren SA**. Prevention of HIV transmission through behavioral change and

- sexual means. In Cohen J, Powderly WG, editors. *Infectious Diseases*, 2nd Edition. Burlington, MA, Elsevier, 2004, 1209-1215.
6. Gould RA, **Safren SA**, Washington DO, Otto MW. Cognitive-behavioral treatments: Meta-analytic findings. In Heimberg RG, Turk C, Mennin D, editors. *Generalized anxiety disorder*. New York: Guilford press. p. 248-264, 2004.
  7. Yovel I., **Safren SA**. Commentary on attention deficit hyperactivity disorder: Current status and future perspectives by Saadah & Saadah, *International Journal of Therapy and Rehabilitation*: 2004: 11, 535.
  8. **Safren SA** Affirmative, evidence-based, and ethically-sound psychotherapy with lesbian, gay, and bisexual clients. *Clinical Psychology: Science and Practice*, 2005; 12: 29-32.
  9. **Safren SA**, Pantalone D. Social anxiety and barriers to resilience in lesbian, gay, and bisexual adolescents. In Omoto AM, Kurtzman H, editors. *Sexual orientation and mental health: Examining identity and development in lesbian, gay, and bisexual people*. Washington D.C: American Psychological Association, 2006, 55-71.
  10. Balsam KF, Martell CR, **Safren SA**. Lesbian, gay, and bisexual affirmative cognitive-behavioral therapy. In P. Hays & G. Imawasa, editors. *Cognitive-behavioral therapy with diverse populations*. Washington DC: American Psychological Association Press, 2006, pp. 223-243.
  11. **Safren SA**. Cognitive behavioral therapy for ADHD in adulthood. *The curbside consultant*. Boston, MA: Massachusetts General Hospital, Department of Psychiatry, 2006: 4, 1-2.
  12. Makadon HJ, **Safren SA**. Prevention of HIV infection. In Libman H & Makadon HJ editors. *HIV*, third edition. Philadelphia, PA: American College of Physicians. 2007: 35-46.
  13. Mimiaga MJ, Raisner S, Reilly LC, Soroudi N, **Safren SA**. Individual interventions. In Mayer KH and Pizer H, *HIV-prevention*. NY: Academic Press, a division of Elsevier Press, 2008: 203-239.
  14. Gorman M, **Safren S**, Handelsman P, Masek B. Behavioral medicine strategies. In Roberts L, editor. *Essentials of clinical psychiatry*. Philadelphia, PA: Lippincott, Williams & Wilkins, 2009: 359-370.
  15. Mayer KH, Mimiaga, MM, **Safren SA**. Prevention of HIV transmission through behavioral change and sexual means. In Cohen J, Powderly WG, editors. *Infectious Diseases*, 3rd Edition. Burlington, MA, Elsevier, 2010: 2.
  16. Otto MW, **Safren SA**, Hearon BA. Mechanisms of action in the treatment of social anxiety disorder. In S. G. Hofmann, & P. M. DiBartolo (Eds.). *Social phobia and social anxiety: An integration (2<sup>nd</sup> Edition)*. Needham Heights, MA: Allyn & Bacon. 2010: 578-598.
  17. Otto MW, Hearon BA, **Safren SA**. Mechanisms of action in the treatment of social phobia. In S. G. Hofmann, & P. M. DiBartolo (Eds.), *Social anxiety: Clinical, Developmental, and Social Perspectives*. New York: Elsevier. 2010: 570-598.
  18. Knouse LE, **Safren SA**. Adult attention-deficit hyperactivity disorder. In L Baer and MA Blais: *Handbook of clinical ratings scales and assessment in psychiatry and mental health*. Totowa, NJ: Humana Press, 2010: 195-208.
  19. Knouse LE, **Safren SA**. Psychosocial treatment of adults with ADHD. In S. Evans and B. Hoza (Eds.), *Attention Deficit Hyperactivity Disorder: State of the Science and Best Practices – Volume 2*. Civic Research Institute: Kingston, NJ. 2011.
  20. Knouse L, **Safren SA**. Psychosocial treatment of adult ADHD. In C Surman (Ed), *ADHD*

in Adults: A Practical Guide for Evaluation and Management. NY: Humana Press, 2013: 119-136.

21. Blashill AJ, Lassiter J, Wilson JM, **Safren SA**, Parsons, JT. Mental Health and Substance Abuse in the Scale Up of HIV Prevention. In LA Eaton, & SC Kalichman (Eds.), *Biomedical Advances in HIV Prevention: Social and Behavioral Perspectives*. Springer. 2014: 139-159.
22. Knouse LE, **Safren SA**. Attention-deficit / hyperactivity disorder in adults. In Hofmann SG (Ed in Chief) and Reif W (Volume Ed.), *The Wiley Handbook of Cognitive Behavioral Therapy*. Chinchester, West Sussex UK: John Wiley & Sons. 2014.
23. Rogers BG, Lee JS, Safren SA. Behavioral Interventions for Adherence. *Encyclopedia of AIDS*. 2017, 1-6.

## 19. Other works, publications and abstracts:

### Correspondence / non-reviewed publications.

1. **Safren SA**, Kircanski K, Craske MG. Introduction to ABCT 50th Anniversary Special Series of Commentaries by selected past presidents of the association. *Cognitive and Behavioral Practice*. 2016; 23(4), 413-414.
2. Davila, J & **Safren SA**. Introduction to the special series section on sexual and gender minority health. *Journal of Consulting and Clinical Psychology*. In Press.

### Theses

1. B.A. Thesis: "Prospective and concurrent predictions of children's memory span" Advisor: Dr. Joseph G. Cunningham
2. M.A. Thesis: "Quality of life in social phobia" Advisor: Dr. Richard G. Heimberg
3. Ph.D. Dissertation: "Depression, substance abuse, and suicidality in sexual minority adolescents" Advisor: Dr. Richard G. Heimberg

### Research Investigations without Named Authorship

1. Cohen MS, Ying CQ, McCauley M, Gamble T, Hosseinipour MC, Kumarasamy N...for the **HPTN 052 Study Team\***. Prevention of HIV-1 infection with early antiretroviral therapy. *New England Journal of Medicine*: 2011: 365(6), 493-505 (\*member of investigator team, listed to the author note in the article).
2. Campbell TB, Smeaton LM, Kumarasamy N, Flanigan T, Kingman KL, Fihnhaber C...for the **PEARLS study team of the ACTG\***. Efficacy and safety of three antiretroviral regimens for initial treatment of HIV-1: A randomized clinical trial in diverse multinational settings. *PLOS Medicine*, 2012: 9(8) e1001290 (\*member of investigator team, listed to the author note in the article).
3. Koblin, B., Chesney, M., Coates, T., and the **EXPLORE Study Team**. (2004). Effects of a behavioural intervention to reduce acquisition of HIV infection among men who have sex with men: the EXPLORE randomised controlled study. *Lancet*, 364, 41-50.

## **Selected Recent Abstracts/Conference Presentations/Posters (Since 2016)**

1. Simoni JM, Nance RM, Delaney JAC, Wilson I, Aunon F, **Safren SA**, Mugavero MJ, Mayer K, Mathews WC, Christopoulos K, Rodriguez B, Eron JJ, Moore RD, Napravnik S, Saag MS, Kitahata MM, Crane HM. HIV viral load in US Clinics over time: Trends and predictors from CNICS. Poster presentation (#1034) at the annual Conference on Retroviruses and Opportunistic Infections, Boston, MA. February, 2016.
2. Crane HM, Nance RM, Mugavero MJ, Simoni JM, Wilson IB, Mayer KH, **Safren SA**, Mathews WC, Saag MS. Missed visit ratio associations and mediating role with HIV viral load suppression across the US in the Centers for AIDS Research Network of Integrated Clinical Systems (CNICS) cohort. Poster Presentation at the 20th International Workshop on HIV Observational Data, Budapest, Hungary. April, 2016.
3. Blashill A, Tomassilli J, Biello K, O’Cleirigh C, Rooney B, **Safren S**, Mayer K. Body dissatisfaction among sexual minority men: Psychological and sexual outcomes. Presentation at the 3<sup>rd</sup> Bi-Annual Gay Men’s Behavioral Science Conference: Contemporary issues in Gay Men’s Sexual Health Research. April, 2016.
4. Elsesser SA, Taylor SW, Mayer KH, **Safren SA**, O’Cleirigh C. Assumptions of partner HIV serostatus among men who have sex with men (MSM) taking antiretroviral medication to prevent HIV. Poster presentation (#C061) at the 37<sup>th</sup> annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. April, 2016.
5. Shaffer KM, Riklin BA, Stagl JM, Jacobo M, Tehan T, Guanci M, Chenki-Shapsa A, **Safren SA**, Rosand J, Vranceanu AM. Mindfulness and coping are inversely related to psychological distress in patients and family caregivers in the neuro-ICU. Poster presentation (#C085) at the 37<sup>th</sup> annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. April, 2016.
6. Dale S, Pierre-Louis C, Bogart L, O’Cleirigh C, **Safren S**. Facilitators and barriers to medication adherence among black women living with HIV in the United States. Poster presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.
7. Kempf MC, Ott C, Azuero A, Stringer K, Jagielski C, Savage R, Cropsey K, Haberer J, Psaros C, **Safren S**. A telemedicine-delivered cognitive behavioral therapy for adherence and depression (CBT-AD) in HIV-positive women in the Deep South. Presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.
8. O’Cleirigh C, Batchelder A, Blashill A, Tomassilli J, Ehlinger P, **Safren S**, Mayer K. Changing attitudes toward PrEP among sexually risky men who have sex with men. Presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.
9. Pence B, Bengtson A, Christopoulos K, Cole S, Crane H, Gaynes B, Heine A, Mathews WC, Moore R, Napravnik, O’Cleirigh C, **Safren S**, Mugavero M. The effect of depression on missed HIV medical visits among patients in the CFAR Network of Integrated Systems (CNICS) cohort in the United States. Presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.
10. Rendina HJ, Gurung S, **Safren SA**, Parsons JT. The critical influence of daily experiences of internalized HIV stigma on medication non-adherence for HIV-positive gay and bisexual

men. Presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.

11. **Safren S**, Alegria M, Amaro H, Mejia D, Khan I, Bogart L, Levison J. Inconsistent HIV care among Latino immigrants: patient and provider perspectives on interventions. Poster presentation at the 11<sup>th</sup> International Conference on HIV Treatment and Prevention Adherence Conference. May, 2016.
12. Bhatia D, Harrison A, Matthews L, Kubeka M, Milford C, Wilson I, Psaros C, **Safren S**, Bangsberg D, Smit J. Gender inequalities influence HIV-serostatus disclosure: qualitative study among HIV-positive women and men reporting sero-discordant partnerships in Durban, South Africa. Poster presentation at the International AIDS Conference. July, 2016.
13. O'Neil KM, Greener R, Mosery FN, Milford C, **Safren SA**, Psaros C, Harrison A, Wilson IB, Bangsberg DR, Smit JA, Matthews LT. Knowledge, attitudes and practices of safer conception counseling among providers in Durban, South Africa. Poster presentation at the International AIDS Conference. July, 2016.
14. Mimiaga M, Thomas B, Biello K, Mayer K, Navakodi P, Dhanalakshmi A, Menon S, **Safren S**. A pilot randomized controlled trial of a mobile phone delivered counseling intervention to reduce HIV risk among male sex workers in Chennai, India. Poster presentation at the International AIDS Conference. July, 2016.
15. Torres TS, Harrison LJ, La Rosa AM, Lavenberg J, Zheng L, **Safren SA**, Ngongondo M, Poongulali S, Matoga M, Samaneka W, Collier AC, Hughes M, ACTG A5273 Study Group. Quality of life among individuals failing first-line antiretroviral therapy (ART) in resource-limited settings (RLS). Poster presentation at the International AIDS Conference. July, 2016.
16. **Safren SA**, Mayer KH, Elsesser S, Psaros C, Marzinke M, Hendrix C, Haberer J, Mimiaga MJ. A nurse-delivered CBT-based intervention to increase adherence to oral PrEP in men who have sex with men: Project Prepare. Symposium presentation at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. October, 2016.
17. Rogers BG, Lee JS, **Safren SA**. Sleep difficulties and health-related and overall quality of life in persons living with HIV/AIDS. Poster presentation at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Behavioral Medicine/Integrated Primary Care Special Interest Group. October, 2016.
18. Choi KW, Smit JA, Mosery Z, Bangsberg DR, **Safren SA**, & Psaros C. Mapping a syndemic of psychosocial risks during pregnancy among HIV-infected women in South Africa. Poster session at the 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA. March, 2017.
19. Khidir H, Psaros C, Greener L, Mosery N, Mathenjwa M, O'Neil K, Harrison A, Bangsberg D, **Safren S**, Smit J, Matthews L. Sinikithemba Kwabesilisa: A pilot safer conception intervention for men living with HIV in KwaZulu-Natal successfully promotes HIV-RNA suppression. Poster presentation at the 12th International Conference on HIV Treatment and Prevention Adherence. June, 2017.
20. Rodriguez-Diaz C, Guo X, Zangeneh S, Wang J, Tsuyuki K, Ransome Y, Mimiaga M, Mayer K, **Safren S**. The longitudinal impact of psychosocial syndemics on ART adherence in HIV-positive patients in care in Brazil, Thailand, and Zambia – HPTN 063. Poster presentation at the 12th International Conference on HIV Treatment and Prevention Adherence. June, 2017.
21. Tsuyuki K, Shoptaw S, Chau G, Ransome Y, Rodriguez-Diaz C, Friedman R, Srithanaviboonchai K, Mayer K, **Safren S**. The role of non-injection substance use in ART

- adherence and viral load detectability among men living with HIV in Brazil and Thailand – HPTN063. Poster presentation at the 12th International Conference on HIV Treatment and Prevention Adherence. June, 2017.
22. Dale S, **Safren S**. Open pilot trial of striving towards empowerment and medication adherence (STEP-AD): A tailored intervention for black women with HIV. Poster presentation at the 12th International Conference on HIV Treatment and Prevention Adherence. June, 2017.
  23. Harkness A, Bainter S, O’Cleirigh C, Mendez N, Mayer K, **Safren S**. Longitudinal effects of psychosocial syndemics on ART non-adherence in HIV-positive MSM in care. Poster presentation at the 12th International Conference on HIV Treatment and Prevention Adherence. June 2017.
  24. Biello KB, Chan PA, Edeza A, **Safren SA**, Mayer KH, Mimiaga MJ. Low awareness and uptake of HIV pre-exposure prophylaxis among male sex workers in the Northeastern United States. Poster presentation at the International AIDS Society Conference on HIV Science, Paris, FR. July, 2017.
  25. Khidir H, Bennett K, Milford C, Greener R, Mosery N, Kaida A, Psaros C, **Safren SA**, Bangsberg DR, Smit J, Matthews LT. Sexual relationship power and periconception HIV-risk behavior among men living with HIV in serodiscordant relationships. Poster presentation at the International AIDS Society Conference on HIV Science, Paris, FR. July, 2017.
  26. Glynn TR, **Safren SA**, O’Cleirigh C, Mayer KH. Differential effects of proximal versus distal minority stress on condomless sex in high risk MSM. Poster presentation at the 125<sup>th</sup> annual meeting of the American Psychological Association, Washington, DC. August, 2017.
  27. Rogers BG, Bainter SA, **Safren SA**. A longitudinal analysis of sleep for persons living with HIV/AIDS in treatment for depression and medication adherence (CBT-AD). Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.
  28. Albright C, Rogers BG, **Safren SA**. Psychosocial factors associated with HIV transmission risk behaviors in men who have sex with men living with HIV/AIDS. Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.
  29. Nogg KA, Rooney BM, Rodriguez-Diaz CE, Morris S, Blumenthal J, Moore D, Horvath KJ, **Safren SA**, & Blashill AJ. PrEP Continuum of Care among Young Latino MSM. Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.
  30. Dale SK, **Safren SA**. A case series study of a tailored cognitive behavioral intervention for Black women with HIV. Symposium presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.
  31. Abrams DH, Fang A, Davidson AJ, Porth RE, Weingarden H, Sprich S, Reese H, **Safren SA**, Wilhelm S. Sudden gains in a naturalistic study of CBT for OCD, GAD, PTSD, and Panic. Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.
  32. Lee JS, Bainter SA, Glynn TR, Rogers BG, O’Cleirigh C, Mayer KH, **Safren SA**. A network analysis of syndemics in high-risk HIV-negative men who have sex with men. Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.



33. Glynn TR, **Safren SA**, Lee JS, Taylor SW, Mayer KH, O’Cleirigh C. “Seroguessing” among HIV-negative men who have sex with men associated with condomless sex through self-efficacy. Poster presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA. November, 2017.

**20. Other works accepted for publication:**

1. Divya B, Harrison A, Kubeka M, Milford C, Kaida A, Bajunirwe F, Wilson IB, Psaros C, **Safren SA**, Bangsberg DR, Smit JA, Matthews LT. (In press). Gender inequalities influence HIV-serostatus disclosure: Qualitative study among HIV-positive women and men in Durban, South Africa. [HIV and AIDS]. *Frontiers in Public Health*.
2. Torres TS, Harrison LJ, La Rosa AM, Lavenberg JA, Zheng L, **Safren SA**, Ngongondo M, Poongulali S, Matoga M, Samaneka W, Collier AC, Hughes MD. (In press). Quality of life among HIV-infected failing first-line antiretroviral therapy in resource-limited settings. *AIDS Care*.
3. **Safren SA**, Blashill AJ, Lee JS, O’Cleirigh CO, Tomassili J, Biello KB, Mimiaga MJ, Mayer KH. (In Press). Condom-use self-efficacy as a mediator between syndemics and condomless sex in men who have sex with men (MSM). *Health Psychology*.
4. Banerjee N, Ironson G, Fitch C, Boroughs M, **Safren SA**, Powell A, O’Cleirigh C. (In Press). Negative Cognitions Mediate the Relationship Between PTSD Symptoms and Current Alcohol Use in Sexual Minority Men. *Journal of Traumatic Stress*.
5. Sajatovic M, Tatsuoka C, Cassidy KA, Klein P, Fuentes-Casiano E, Cage J, Aebi ME, Ramirez LF, Blizen C, Perzynski AT, Bauer MS, **Safren SA**, Levin JB. (In Press). A 6-month, prospective, randomized controlled trial of customized adherence enhancement vs. bipolar-specific educational control in poorly-adherent individuals with bipolar disorder. *Journal of Clinical Psychiatry*.
6. Lamb K, Nogg K, Safren SA, Blashill AJ. (in press). Mechanisms of change in cognitive behavioral therapy for body image and self-care on ART adherence among sexual minority men living with HIV. *AIDS and Behavior*.
7. Harkness A., Bainter SA., O’Cleirigh C., Mendez NA., Mayer KH., & Safren SA. (in press). Longitudinal effects of syndemics on ART non-adherence among sexual minority men. *AIDS and Behavior*.

PROFESSIONAL

**21. Funded Research Performed**

**Past Funded Projects (PI, Co-I, and Consultant roles)**

1998-1999	Principal Investigator	Department of Public Health: Community Research Initiative	\$100,000 (includes competitive renewal)
HIV medication adherence program: Life-Steps, project			
This study was to develop and test a single-session cognitive-behavioral/problem-solving intervention (Life-Steps) to increase adherence to HIV medications			

1999-2001	Co-Investigator	NIAID AIDS Clinical Trials Group	
Adherence substudy A5301s to ACTG 384 A5301s PI: M. Chesney & G. Robins, ACTG 384 PI: M. Hirsch, G. Robins			
This was a study to test the efficacy of a telephone based adherence counseling intervention in the context of a large multi-site clinical trial.			
Role: to help develop the intervention and its evaluation.			

1999-2001	Principal Investigator	Reminders On-Line, Inc.	\$75,000
Efficacy of medication On-line Minders (MediMom)			
This project was to test the efficacy of utilizing an on-line paging system to provide reminders to take HIV medications.			

2000-2005	Site Co-Investigator	CDC & VaxGen	
Conduct and Evaluation of on-going phase III HIV vaccine efficacy trials PI: Kenneth Mayer, M.D.			
This study was to examine behavioral and psychosocial aspects of HIV vaccine trial participation.			
Role: to contribute behavioral science expertise to the assessment battery.			

2000-2008	Investigator (Behavioral Science Working Group)	NIH/NIMH/NIAID, International Collaboration/Collaborative Agreement 5U01AI048040	
HIV prevention trials network			
This cooperative agreement will fund HIV prevention interventions, including studies of behavioral interventions, microbicides, STD treatment, antiretroviral use as prophylaxis, and studies to decrease injection drug use and to interrupt perinatal HIV transmission.			
Role: A behavioral scientist and involved contributing to assessment and intervention development.			

2001-2003	Principal Investigator	NIMH R-03 MH60940	\$100,000
CBT for residual ADHD symptoms in adults			
This study was to initially test the feasibility, acceptability, and efficacy of CBT in medication treated adults with ADHD. This was the first U.S. trial of its kind.			

2001-2002	Co-Principal Investigator	NIH/NIAID, Supplement to Brown/Lifespan Center for AIDS Research Grant	
Behavioral secondary HIV prevention interventions in India PI of supplement: Kenneth Mayer, M.D., PI of CFAR: C. Carpenter			
This was a qualitative and quantitative study of sexual and other HIV transmission risk behavior among individuals with HIV in Chennai, India.			
Role: Developed the study, both the qualitative assessments and supervised the analysis and development of the quantitative assessments. Supervised all analysis and write ups thus far.			

2001-2003	Principal Investigator	NIH-Funded through Partners/Fenway/Shattuck Center for AIDS Research (CFAR) NIAID 5P30AI060354, Junior investigator research award	\$60,000
CBT for depression and medication adherence in persons with HIV			
This was a junior investigator award to begin to develop cognitive behavioral therapy for adherence and depression in HIV.			
2002-2003	Principal Investigator of supplement	Supplement to HIV prevention trials unit HPTN 052	\$50,000
Adherence preparedness study for HPTN 052 Fenway HPTU PI: Kenneth Mayer, M.D.			
This supplement sought to examine the best methods of assessing adherence to antiretroviral therapy (ART) for a large, international, multi-site trial of ART for HIV prevention in serodiscordant couples. It invoked data collection in Malawi and India.			
2002-2007 (study is ongoing)	Collaborator	HPTN 052 = NIAID, HIV Prevention Trials Group	
A randomized controlled trial of ART to prevent HIV in serodiscordant couples. PI: Myron Cohen, MD			
This is a large scale international trial testing the efficacy of antiretroviral therapy to reduce HIV transmission in sero-discordant couples in Brazil, Thailand, India, and South Africa.			
Role: Behavioral Scientist, designed adherence counseling and behavioral assessments for this trial.			
2002-2010	Coinvestigator	NIDA Clinical Trials Network (CTN), 1U10DA015831-01	
CTN: Harvard University Northern New England Node			
This is a node for the NIDA funded drug abuse treatment trials network, partnering academic researchers and clinical treatment program in New England to conduct drug abuse effectiveness trials.			
Role: Behavioral Scientist.			
2002-2006	Investigator (Site Principal Investigator)	NIMH/NIH/NIDA R-01 5R01DA015679	
Understanding and improving adherence to ART PI: Ira Wilson, M.D.			
This was a randomized controlled trial of a provider-based intervention providing feedback regarding patients' psychosocial issues and adherence to HIV providers to increase HIV medication adherence.			
Role: Behavioral Scientist and site investigator.			
2002-2010	Co-Investigator	NIDA (original grant and renewal) 2U10DA015831	
NIDA Clinical trials network: Northern New England node PI: R. Weiss			

This is a collaborative agreement to develop and conduct effectiveness trials of drug abuse interventions.  
 Role: HIV/AIDS working group member/investigator.

2002-2011	Investigator	ACTG 5175 – AIDS Clinical Trials Group, NIAID	
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A phase II, randomized, open-label evaluation of the efficacy of three-nucleoside reverse transcriptase inhibitor combinations for initial antiretroviral treatment of HIV-1 infected persons in developing countries  
 PI: Thomas Campbell, MD

This is a large scale international trial testing ART for HIV.

Role: One of two Chairs of the Behavioral Science Working Group, involved in designing adherence and risk reduction counseling to 46 study locations across the U.S., Malawi, South Africa, Zimbabwe, India, Thailand, Brazil, Peru, and Haiti.

2003-2006	Principal Investigator	NIMH R21 MH066660	\$375,000
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CBT for HIV medication adherence and depression

This was an initial randomized controlled trial of the efficacy of CBT for adherence and depression in HIV.

2003-2007	Co-Principal Investigator	NIH/NIMH R-01 5R01MH068746	
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Enhancing HIV prevention among high risk HIV+ men  
 PI: Kenneth Mayer, M.D.

This was to develop and test, in an RCT, an HIV prevention intervention for HIV-infected men who have sex with men who are in HIV care. Interventionists were medical social workers.

Role of Co-PI: involved working with the (biomedical) PI on all investigator aspects of the study, particularly the behavioral science components.

2003-2008	Co-Principal Investigator	HRSA	
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Enhancing HIV prevention among HIV+ MSM in primary care settings  
 PI: Kenneth Mayer, M.D.

This was an evaluation study of a peer-based intervention for HIV prevention for HIV-infected men who have sex with men who are in HIV care.

2004-2009	Principal Investigator	NIDA R-01 DA018603	≈ \$1.5 million
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CBT for depression & adherence in HIV+ methadone patients

The study compared cognitive behavioral therapy for HIV medication adherence and depression to a single session adherence intervention to increase medication adherence in patients with opioid dependence in methadone treatment.

2004-2010	Investigator	NIDA R01DA017904	
Stress, distress intolerance, and drug dependence PI: Michael Otto			
The major goal of this project is to evaluate the efficacy of CBT-IC for intervening with chronically stressed and treatment-resistant opiate-dependent outpatients.			
Role: Co-investigator/psychologist.			

2004-2009 (extension)	Principal Investigator	NIMH R-01 MH069812	\$1.1 million
Efficacy of CBT for residual ADHD in adults			
The goal of this study is to test, in a two-arm randomized controlled trial, CBT for ADHD in adults who have been treated with medications but still have clinically significant symptoms. Note – transfer of PI role from Safren to Sprich requested in September 2008 inclusive of no-cost extension – due to NIMH rules on maximum number of projects an investigator can be PI of.			

2005-2006	Co-Investigator	Supplement to Bruce Walker CFAR, P30 AI42851	
Strategies for Optimal HIV care in the Caribbean PI: Kenneth Freedberg, M.D.			
This was to test a mathematical model for optimal HIV care in the Caribbean.			
Role: Behavioral science/adherence collaborator.			

2005-2008	Consultant	NIMH R34MH073400	
Maintaining ART adherence in post-DOT AIDS patients PI: Heidi Behforouz, M.D.			
Thus, the overall goal of this proposed study is to create a transitional program to successfully bridge the gap between directly observed therapy and self-administration of ART in marginalized patients who required directly observed therapy for HIV medication adherence.			
Role: Consultant regarding CBT to help the transition from DOT to self-administration and on CBT design during DOT.			

2006-2007	Investigator	Harvard University Program on AIDS (HUPA)	
Antiretroviral Adherence in a PEPFAR-funded HIV care and treatment scale-up effort in South Africa. PI: Lisa Hirschorn, M.D.			
This was an evaluation project to examine adherence in the setting of ART scale-up in S. Africa.			
Role: Behavioral Scientist, contributed Psychological/Behavioral perspective to the study design.			

2006-2013	Investigator/Behavioral Science Consultant	AIDS Clinical Trials Group 5234	
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International trial of directly observed therapy versus self-administered standard of care for participants with first virologic failure on a non-nucleoside reverse transcriptase inhibitor-containing antiretroviral regimen: A limited center trial of the AIDS Clinical Trials Group (ACTG 5234) PI: Robert Gross, MD			
To develop and test a partner-assisted directly observed therapy intervention for HIV-infected individuals at 6 international sites: Peru, Haiti, Brazil, South Africa, Uganda, Zambia			
Role: Behavioral Scientist/Consultant regarding intervention development, assessment, fidelity			

2006-2007	Principal Investigator	Supplement to: Harvard Medical School Center for AIDS Research (HMS CFAR)	\$50,000
Behavioral sero-epidemiology of HIV among MSM in South India			
This was to examine risk factors for HIV risk and HIV-infection in MSM in Chennai, India.			

2006-2011	Principal Investigator	NIMH 1R01MH078571	≈ \$1.1 million
CBT for adherence & depression in diabetes			
The study aims to compare a treatment with cognitive behavioral therapy for diabetes medication adherence to treatment with an enhanced treatment as usual condition including diabetes education from a nurse and a nutritionist and a single session medication adherence intervention.			

2006-2008	Consultant	NIMH R34MH077503	
Antidepressant and behavioral adherence intervention for depressed HIV patients PI: Glenn Wagner, Ph.D.			
This study is to develop and test an intervention for antidepressant and ART adherence for depressed HIV patients. Role: Overall study consultant, focus on intervention development and training issues.			

2006-2014	Associate Director, Behavioral and Social Sciences Program	NIAID 5P30AI060354	
Harvard University Center for AIDS Research PI: Bruce Walker, M.D.			
This is a center grant, bringing together scientists across disciplines and across the Harvard institutions conducting HIV/AIDS research, providing core support for researchers, as well as scientific programs.			
Role: Behavioral scientist, Associate Director of the Social and Behavioral Science Program.			

2007-2010	Co-Investigator	NIMH, R34MH081335	
Reducing high-risk behaviors among bipolar patients transitioning to adulthood PI: Aude Henin			
The study aimed to develop a novel cognitive-behavioral therapy (CBT) protocol aimed at reducing high-risk behaviors, as well as improving resiliency and addressing important developmental issues in youth with bipolar disorder (BPD) who are transitioning to adulthood.			
Role: Collaborator regarding CBT intervention development and testing			

2007-2011 (no cost extension)	Co-Principal Investigator	NIMH, 5R34MH081760-	\$432,500
Integrated HIV prevention and trauma treatment in MSM with sexual abuse history. PI: Conall O’Cleirigh			
This study aimed to develop and test an intervention that integrates cognitive processing therapy for PTSD with HIV risk reduction in men who have sex with men who have experienced childhood sexual abuse and engage in HIV risk behavior.			
Role: Co Principal Investigator, mentoring junior investigator PI.			
2007-2011	Co-Investigator	NIMH, R01MH073445	
Optimizing strategies for universal HIV testing PI: Rochelle Walensky			
This was an RCT of an intervention for universal HIV testing in the emergency room setting.			
Role: Behavioral Scientist / co-investigator			
2007-2012	Co-Investigator	ACTG (NIAID)/NINR ACTG 5251s	
Enhanced nursing support to improve self-management and outcomes of ART PI: Nancy Reynolds, Ph.D.			
This is a study to test the efficacy of a nurse-based phone intervention to help ART adherence.			
Role: Collaborator regarding intervention development			
2007-2012	Co-investigator	5R21HD051178-05 (Bradford)	
Developmental Infrastructure for Population research			
The goals for this 5 year project are to establish a public-access research data archive at the Inter-University Consortium for Political and Social Research (ICPSR), build a pipeline program at the Boston University School of Public Health (BUSPH) to train pre and post-doctoral students, and provide a dedicated space with effective administrative, communications and computing support as a community-based research home for leading scientists in the field of LGBT health.			
Role: Co-investigator			
2008-2011	Co-Investigator	NIMH 1R21MH085319	
Social/sexual networks of high risk married MSM in Mumbai PI, Kenneth H. Mayer, M.D.			
The overall goals are to better understand HIV/STI transmission dynamics and how social and sexual network characteristics contribute to increased risk, and to probe for interest in participating in future HIV/STI prevention interventions. This is part of an Indo-U.S. bilateral collaborative research partnership on the prevention of HIV/AIDS.			
Role: Behavioral Scientist			

2008-2011 (No cost extension)	Principal Investigator	NIMH R-21 MH085314	\$325,000
Addressing psychosocial needs and HIV risk in Indian MSM			
This study developed an intervention to address and reduce HIV risk in Indian MSM. This was part of an Indo-U.S. bilateral collaborative research partnership on the prevention of HIV/AIDS.			
2008-2013 (extension)	Principal Investigator	NIMH, 1R34MH083063	375,000
Compensatory executive functioning skills training in adolescents with ADHD Role: Contact PI, Multiple PI's: Safren, Sprich			
The goal of this study was to test an adapted version of our CBT intervention for Adult ADHD in adolescents.			
2008-2013	Co-Investigator	NIAID, 1U01AI069480-01	
Clinical Trial Unit for HIV Prevention and Microbicide Research PI: Kenneth Mayer, M.D.			
This is a clinical trials unit focusing on HIV prevention trials studies.			
Role: Behavioral scientist, site investigator, member of various protocol teams.			
2008-2013	Co-Investigator	NIMH, 1R01MH084759	
Optimal assessment of HAART in routine clinical care PI: Heidi Crane, MD			
The goal of this study is to test a brief, feasible, valid, and well-tolerated measure of computer-assisted self-administered interview (CASI) collected adherence to antiretroviral medications in routine clinical practice focusing on feasibility issues, optimal self-report strategy, and item selection.			
Role: Behavioral scientist investigator, input regarding the assessments and intervention strategies.			
2008-2014 (extension)	Principal Investigator	NIMH R-01 MH084757	≈ 3.7 million
Efficacy of CBT for adherence and depression in HIV care settings			
The current study is a full-scale randomized controlled efficacy trial of cognitive behavioral therapy for adherence and depression in HIV, following the successful formative work through our NIMH R21.			
2008-2011	Consultant	NIMH, 1R34MH084674	
Addressing depression and ART adherence in HIV+ adults on the U.S. – Mexico border. PI: Jane Simoni, Ph.D.			



This study's aim was to develop and test, in a 2x2 randomized controlled pilot trial CBT-AD and/or the use of an electronic pillbox to treatment as usual in Mexico.			
Role: Consultant regarding implementing the intervention which I have developed and have been testing in the New England area with HIV and diabetes.			

2008-2013	Protocol Chair	HIV Prevention Trials Network (HPTN 063) NIAID-funded network study [tied to 1U01AI069480; Mayer]	≈ \$5 mil
Preparing for international prevention trials involving HIV-infected individuals in care settings Sites: Zambia, Brazil, and Thailand			
This is an observational longitudinal study of HIV risk behavior and associated variables in various international settings and will lay the groundwork for a multi-site trial of an HIV risk reduction intervention integrating HIV treatment with HIV care. Risk groups include MSM, heterosexual women, and heterosexual men.			
Role: Protocol Chair is a PI level role in a NIH-funded international network, leading the protocol team which includes investigators, biostatistician, operations personnel, ethicists, community representatives, and international site investigators			

2009-2013	Co-Investigator	Bill and Melinda Gates Foundation	
Understanding and improving pre-exposure prophylaxis (PrEP) adherence. PI, David Bangsberg, MD			
Improving adherence to pre-exposure antiretroviral therapy prophylaxis will maximize its effectiveness in preventing HIV transmission. Investigators propose to fully characterize PrEP adherence and PrEP sharing using objective, intensive, state-of-the-art measures.			
Role: Behavioral Scientist – work on development and training for the adherence interventions.			

2009	Consultant	Supplement to NIDA P60-DA005186-21	
Feasibility and acceptability of ART adherence among IDUs receiving methadone treatment in Kiev.			
The goal of the project is to add “Life-Steps” adherence counseling (an approach I developed and tested) to drug dependence counseling in the opiate substitution clinic setting in Kiev Ukraine.			
Role: Consultant – trained staff in conducting the intervention, qualitative research.			

2009-2011	Consultant	RC1DA028505-0110	
Test of a web-based program to improve adherence to HIV/AIDS medications. PI, Royer F. Cook, Ph.D.			
The goal of this (stimulus / challenge grant) project is to develop and test a web-based intervention for HIV/AIDS that addresses distress/stress management along with adherence.			
Role: Consultant – the grant was developed with the web based intervention based on my work on adherence counseling (Life-Steps) and integrating adherence counseling with treatment of depression (CBT-AD).			

2010-2012	Co-investigator/collaborator	Harvard University Center for AIDS Research Development (Feasibility) Award	
Improving antiretroviral medication adherence among HIV-infected youth. PIs: Matthew Mimiaga and Laura Bogart			
The aim of this project is to adapt a studied intervention (Life-Steps, Safren et al) for improving antiretroviral adherence to HIV-infected youth.			
Role: To provide guidance to the team regarding the intervention development and testing part of the study as the intervention is based on my prior work.			
2010-2012	Consultant	R44MH080655 (NIMH)	
AREMIND: A personalized system to remind for adherence. PI: Vikram Kumar, MD			
This project was to develop and test a cell-phone text messaging system to remind individuals for HIV medication adherence, and deliver a report to physicians regarding adherence of their patients.			
Role: Consultant—training the staff in qualitative research, interviewing, and analysis, general project consulting.			
2011-2013	Co-Investigator	1R21DA033720-01 NIDA (Mimiaga)	≈ \$375,000
Technology for HIV Prevention Among Vulnerable Men in India This proposal was to develop and pilot test a new intervention that will use mobile phone technologies to reduce sexual risk taking in MSWs in Chennai and Mumbai.			
Role: co-investigator			
2010-2015	Co-Investigator	5R01MH054907 (Bangsberg)	
Novel approaches to monitoring and utilizing adherence to HIV therapy in Africa PI: David Bangsberg			
This was a longitudinal cohort study of adherence to ART in rural Africa.			
Role: Behavioral Scientist			
2011-2014	Co-Principal Investigator	1R34MH095584-01 (Mayer) NIMH	≈ \$375,000
Optimizing Antiretroviral-based Prevention by Enhancing PrEP Adherence in MSM			
Optimizing Antiretroviral-based Prevention by Enhancing PrEP Adherence in MSM The aim of this study was to develop an optimal Antiretroviral Chomprophylaxis prevention package, including combined biomedical and behavioral approaches to HIV prevention, to decrease HIV incidence in MSM			
Role: Co-PI / behavioral scientist			
2011-2015	Co-Investigator	5R01DA031081 (Boyer)	
A mobile, personalized intervention with real-time adaptation to HAART adherence			

This study seeks to develop and preliminarily test a movable based adaptive intervention to improve HAART adherence in stimulant users. PI: Edward Boyer			
Role: Consultant			

2012-2015	Associate Director	NIMH, 5T32MH093310 (Henderson)	
The MGH Global Psychiatric Clinical Research Training Program			
This is a training program to prepare researchers in global mental health in resource constrained areas, with a particular focus on Africa.			
Role: Psychologist / Associate Director, mentor and advisor to the trainees, serve on selection committee, speak at seminar / lectures for trainees			

2013-2015	Co-Investigator	1R21DA035113 (Mimiaga and Biello, MPIs)	
HIV risk for MSM sex workers: A social, sexual, & drug network simulation study			
A preliminary epidemiological study of HIV risk behavior in MSM sex workers and their networks over time.			
MPIs: Matthew Mimiaga and Katie Biello			
Role: Co-investigator; behavioral scientist			

2014-2015 (ended when left Harvard)	Director: Behavioral and Social Sciences Core	NIAID 5P30AI060354	≈ 1.5 million for the BSSC Core
Harvard University Center for AIDS Research Core Director: Safren PI of CFAR: Bruce Walker, M.D.			
This is a center grant, bringing together scientists across disciplines and across the Harvard institutions conducting HIV/AIDS research, providing core support for researchers, as well as scientific programs.			
Role: Director of Behavioral and Social Sciences Core			

2011-2016	Investigator	1U01HD068040-01	
Adolescent Trials Network PI = Kenneth H. Mayer			
A multi-disciplinary collaboration of HIV prevention and treatment researchers and community health providers serving at-risk and HIV-infected adolescents in Greater Boston			
Role: Co-investigator (to 2015, changed to consultant/co-investigator in 2015 after I moved to University of Miami)			

2012-2016	Consultant	EI11-LA-002 California HIV Research Program	
Los Angeles County PATH: PrEP and TLC+ for HIV Prevention PI: Raphael Landovitz			
This award is for a demonstration project for HIV prevention among HIV-positive individuals (a test-and-			

link-to-care strategy) and HIV-negative individuals (a PrEP-based strategy).
Role: Consultant re: adherence counseling for the PrEP based strategy.

2013-2017	Co-Investigator	R-1306-03616(Greer) ; Patient Centered Outcomes Research Institute (PCORI)	
Mobile Application for Improving Symptoms and Adherence to Oral Chemotherapy in Patients with Cancer			
To develop and test the use of a mobile application for improving symptom monitoring and adherence to oral chemotherapy medications in patients with cancer. PI: Joseph Greer			
Role: Co-investigator			

***Mentee (past funded) grants for which my role is mentee/advisor***

2002-2003	Mentor to International Investigator/ Co-principal investigator	Supplement to Brown Fogarty International Training Grant	
HIV medication adherence in Chennai, India International PI: N. Kumarsamy, M.D., Site PI: Kenneth Mayer, M.D.			
This study examined barriers and facilitators of HIV medication adherence in Chennai, India as a groundwork for intervention efforts.			
Role: Develop the qualitative guide, supervise analysis and write-up, assist PI with maintenance of all aspects of the study. This project was funded on both the U.S. and India side.			

2004-2005	Mentor / co-investigator	Fenway Community Health to Humsafar Trust, Mumbai, India	
Mental health baseline study of MSM in Mumbai: A pilot study			
This study is examining mental health issues among MSM in Mumbai, and aimed to scale up the research institute at this particular NGO in India.			
Role: Behavioral Science mentor to the site.			

2005-2007	Co-Mentor	NIMH F31MH072551	
Impact of life stress on HIV treatment adherence PI: Kathryn Bottanari (Ph.D. student at SUNY University at Buffalo)			
This study sought to examine the impact of life stress on HIV treatment adherence in a longitudinal design.			
Role: Project co-mentor (other co-mentor was at SUNY Buffalo)			

2005-2006	Principal Investigator	Minority supplement for Dr. Jeffrey Gonzalez to: NIDA R-01 DA018603	\$85,000
Supplement to CBT for depression & adherence in HIV+ methadone patients			

Minority supplement was to lay the groundwork to expand the intervention to HIV-infected Latino methadone patients.			
Role: Mentor and PI of parent grant			

2006-2012	Advisor	F30 MH079738-01A2	
Enhancing HIV secondary prevention in a clinical care setting in Southern India. Ruth Kirschtein National Research Service Award (NRSA). Venkatesh Kartik, PI			
Role: To advise on the overall project, adapt my existing project in this setting to trainee work, supervise papers and analyses, provide behavioral science expertise.			

2007-2008	Mentor	amfAR Research Grant # 106884-42-RFBR	
Impulsivity, Drug Abuse, and HIV Medication Adherence: An fMRI Study Fellowship recipient: Christina Meade, Ph.D.			
Examine neuropsychological and neuro-imaging correlates of adherence to antiretroviral medications in drug abusers.			
Role: Mentor.			

2007-2008	Principal Investigator	Minority supplement for Dr. Andres Bedoya to: NIDA R-01 DA018603	\$90,000
Supplement: CBT for depression & adherence in HIV+ methadone patients			
Minority supplement was to continue work started by Dr. Gonzalez (above) to lay the groundwork to expand the intervention to HIV-infected Latino methadone patients.			
Role: Mentor and PI of parent grant			

2007-2008	Co-Investigator/Mentor to Vranceanu	Academic Enrichment Fund (AEF), Career Development Grant	
Cognitive-behavioral intervention versus standard treatments for patients with trapeziometacarpal arthritis PIs: Ana Maria Vranceanu, Ph.D. and David Ring, MD			
To develop and initially test CBT for this population.			
Role: CBT mentor for iterative approach to psychosocial intervention development and testing.			

2007-2012	Co-Mentor	NIMH, 1K23MH076037-01A2	
Psychosocial treatment of depression in Parkinson's Disease PI: Amy Farabaugh			
The purpose of this study is to assess the efficacy of cognitive behavior therapy (CBT) for depression in Parkinson's disease.			
Role: Co-mentor (psychologist/CBT)			

2007-2012	Mentor/Co- Investigator	NCI, 1R03CA128478	
Brief CBT for anxiety and advanced NSCLC PI: Joseph Greer			
This is an application to develop and preliminarily test cognitive-behavioral therapy (CBT) for the treatment of anxiety in individuals with advanced non-small cell lung cancer (NSCLC). The overall goal is to lay the necessary groundwork for a full-scale randomized controlled trial of this treatment.			
Role: Mentor for project			
2008-2009	Co- Investigator/Mentor to Vranceanu	American society for the surgery of the hand (ASSH)	
A cognitive behavioral intervention for idiopathic hand and arm pain conditions not amenable to surgical treatments PIs: Ana Maria Vranceanu, Ph.D. and David Ring, MD			
This is a study to develop a CBT intervention for idiopathic hand and arm pain that are not amenable to surgical treatments.			
Role: CBT mentor.			
2008-2010	Mentor and Co- Principal Investigator	NIDA R03DA023393	\$100,000
Behavioral activation and HIV risk reduction for MSM with crystal meth abuse PI: Matthew J. Mimiaga			
The goal of this project is to test feasibility and acceptability of integrating behavioral activation and HIV risk reduction counseling to reduce HIV risk and drug use in men who have sex with men (MSM) who abuse crystal meth.			
Role: Co-PI – responsible for intervention development and mentoring the PI.			
2009-2011	Mentor/collaborator	Harvard University Center for AIDS Research (HUCFAR)	
HIV Prevention in Very High Risk Men Who Have Sex With Men-I PI: Conall O’Cleirigh, Ph.D.			
This is a feasibility study identifying the psychological, psychopathological, personality, behavioral, situational, and contextual factors associated with HIV sexual transmission risk behavior.			
Role: Primary mentor			
2009-2011	Mentor	Kaplan Fellowship on Depression; Livingston Award Harvard Medical School	
Measuring predictors of depression in adults with attention-deficit/hyperactivity disorder (ADHD). PI: Laura Knouse, Ph.D.			
The goal of this study is to develop a psychosocial treatment for depressive disorders in adults with ADHD based on an empirical study of predictors of depression in this group.			

Role: Mentor
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2009-2014	Co-Mentor	5K23MH087228-04	
Novel measures and theory of pediatric antiretroviral therapy adherence in Uganda PI: Jessica Haberer, PhD			
The goals of this project are to examine the performance of novel adherence measures based on wireless technology among caregivers of HIV-infected children under age five in Uganda, to perform mixed method assessments of the feasibility and acceptability of these novel adherence measures, and to develop a theoretic model for ART adherence behavior based on social capital for young children in a resource-limited setting.			
Role: Co-mentor			

2010-2011	Co-investigator/mentor	Harvard University Center for AIDS Research Development (Feasibility) Award	
Sustaining effects of contingency management on stimulant use in HIV+ persons PI: Jennifer Mitty, MD			
The aim of this award is to utilize behavioral activation and other CBT techniques to sustain the effects of contingency management in stimulant use in HIV-infected patients.			
Role: Co-investigator and mentor to the PI and investigator team.			

2010-2012	Mentor	MGH Cancer Center / NCI Funded Mentored Career Development award (analogous to a K23)	
Adherence to oral chemotherapy in patients with cancer PI: Joseph A. Greer, Ph.D.			
The aim of this project is to obtain baseline information about oral chemotherapy agents in patients with cancer, and develop interventions based on the data.			
Role: Mentor			

2011-2012	Mentor	Harvard University Center for AIDS Research Development (Scholar) Award	
Body dissatisfaction, depression, and HIV self-care among MSM PI: Aaron Blashill, PhD.			
The aim of this award is to collect information about the overlapping and distinct factors of body image, depression, and self-care (adherence to treatment, sexual transmission risk behaviors) in men who have sex with men who have HIV.			
Role: Primary mentor			

2011-2013	Mentor	1R03MH093237	
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Fifteen years of epidemic HIV: Novel risk behavior in South African teens in 2010			
PI: Christina Psaros			
This R03 will explore how the experiences of “second generation” South African adolescent women, where HIV infection rates are among the highest in the world, may impact current HIV risk behavior with the ultimate goal of learning how to best intervene in order to reduce rates of HIV in the future.			
Role: Mentor —assisted with grant conceptualization, writing, and provide continued mentorship and supervision for implementation.			

2011-2013	Mentor	R03CA157200	
Intervention Development to Increase Chemotherapy Tolerance in Elderly Cancer Patients			
PI: Lara Traeger			
The purpose of this sis to develop an intervention to improve chemotherapy adherence and completion in elderly patients receiving adjuvant chemotherapy for colorectal cancer.			
Role: Mentor – this is a mentored R03 and my role is to oversee the project and supervise with respect to implementation, conceptualization, design, and day to day needs.			

2011-2014	Consultant	5R34DA031058-02 (Moore)	
Personalized text messages to improve ART adherence in HIV+ methamphetamine users			
PI: David Moore, PhD			
The goal of this project is to further develop and refine a personalized, automated, real-time, mobile phone, text messaging intervention (iTAB) designed to improve adherence to ART medications among HIV+/METH+ persons.			
Role: Consultant regarding adherence intervention implementation, research design, and assessment.			

2011-2014	Mentor and Co-Principal Investigator	1R34DA031028	
Behavioral Activation and HIV Risk Reduction for MSM with Crystal Meth Abuse			
PI: Matthew J Mimiaga			
The study aims to test a novel treatment for crystal meth use in MSM, incorporating behavioral activation therapy with HIV risk reduction counseling. If the current RCT pilot is effective at reducing HIV acquisition risk behavior and crystal meth use, the next grant (NIDA R01) will work on a combined dissemination and efficacy study—conducting the intervention in drug abuse treatment clinics for MSM, and delivered by drug abuse counselors.			
Role: Mentor and co-principal investigator —assisted with grant conceptualization, writing, and provide continued mentorship, supervision, and co-leadership for implementation.			

2011-2014	Mentor/Consultant	5R34DA032411-02	
Heart to HAART: smartphone intervention to improve HAART adherence for drug users			
PI: Seth Himelhoch, PhD			
The goal of this R-34 application is to further develop and pilot test a smartphone based intervention called HEART (Helping Enhance Adherence to Retroviral therapy using Technology) to HAART, to enhance adherence to HAART among HIV infected drug users.			



Role: Consultant re: intervention development and testing
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2011-2014	Mentor/collaborator	R21DA033720	
PI: Matthew Mimiaga			
This proposal was to develop and pilot test a new intervention that will use mobile phone technologies to reduce sexual risk taking in MSWs in Chennai and Mumbai.			
Role: Mentor/collaborator			

2012-2013	Co-mentor	R36DA034513-01	
Mediators of the Relationship between Depression and HIV Medication Adherence			
PI: Jessica F. Magidson			
The goal of this study is to identify mediators of the association of depression with HIV medication adherence in those with HIV who are on antiretroviral therapy.			
Role: Co-mentor			

2012-2013	Co-Mentor	HIV Prevention Trials Network 0080.0180	
Impact of Latino ethnicity among Black MSM in an HIV prevention intervention.			
PI: Andres Bedoya			
The project's primary aim is to explore HIV-related high-risk behavior among Latino Black and non-Latino Black MSM; based on available data of Black MSM who participated in the Brother's Study (HPTN 061)			
Role: Co-Mentor – assisted in the conceptualization of the grant and development of the analysis design, as well as provided mentorship on further professional development and grantsmanship.			

2012-2015	Consultant	1R34MH096607	
Intervention development for social stress, mental health, and HIV risk among MSM			
PI: John Pachankis			
This project aims to develop a theoretically-driven intervention that reduces the health-depleting effects of minority stress through targeting the basic psychosocial mechanisms linking minority stress to HIV risk behavior.			
Role: Consultant re: intervention development and testing			

2012-2014	Mentor/collaborator	1R03HD072602-01	
Assessing providers' reproductive counseling practice for South Africans with HIV			
PI: Lynn Matthews, PhD			
The goal of this project is to conduct in-depth interviews to explore views and practices of HCWs (counselors, nurses, doctors) providing reproductive counseling to HIV+ men and women in public sector clinics near Durban, South Africa, and to interview HIV+ men and women seeking care from these clinics			

to explore their experiences with reproductive counseling.

2012-2015	Mentor/collaborator	1R34MH097588	
Telemedicine to improve depression and adherence in HIV+ women in the rural south PI: Mirjam-Colette Kempf			
The goal of this project is to develop an effective intervention that significantly improves clinical outcomes in HIV-infected women by decreasing depression morbidity and simultaneously increasing both adherence to antiretroviral therapy (ART) and retention in care.			
Role: Mentoring Dr. Kempf in the overall project / design and implementation			

2013-2014	Mentor	NIAID5P30AI060354 (PI of overall CFAR grant = Bruce Walker)	
Characterizing Alcohol Use and Treatment Barriers in HIV/HCV Co-Infected Patients PI (of scholar award): Allison Labbe			
The goal of the proposed project was to gather information both quantitatively and qualitatively from patients co-infected with HIV and Hepatitis C, particularly around heavy alcohol use and other barriers to treatment. Using this data, we will develop a brief health intervention for patients co-infected with HIV and Hepatitis C.			
Role: Primary Mentor			

2014 – 2015	Mentor	HIV Prevention Trials Network Scholars Program	
Cultural Beliefs, Disclosure, and Sexual Transmission Risk Behaviors in HIV Infected Women Enrolled in HPTN 063. This is an HPTN sponsored scholar program providing percent effort and resources for a secondary data analysis project from HPTN data to increase diversity in HPTN / HIV prevention investigators.			
PI: Bisola Ojikutu, MD			
Role: Mentor			

2014 – 2016	Mentor	HIV Prevention Trials Network Scholars Program	
Community-Level Norms and Sexual Beliefs, Behaviors and STIs in HIV-Infected Men This is an HPTN sponsored scholar program providing percent effort and resources for a secondary data analysis project from HPTN data to increase diversity in HPTN / HIV prevention investigators.			
PI: Dustin Duncan, ScD			
Role: Mentor			

2014-2016	Consultant and Mentor	5R34MH100948 (Matthews)	
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ART-Based Safren Conception for HIV+ South African Men Who Want to Have Children PI: Lynn Matthews, MD			
The goal of this project is to develop and test an intervention for promoting early ART for HIV-infected men who want to conceive with at-risk partners.			
Role: Mentor, collaborator (intervention development)			

### Current Funded Projects (PI, Co-I, and Consultant Roles)

2011-2021	Principal Investigator	9K24 DA040489 (formally 1 K24 MH094214-01 2011-2016)	≈ 1.2 mil
Addressing Psychosocial Comorbidities in HIV treatment and Prevention			
This k24 involves mentoring junior investigators in behavioral interventions related to HIV treatment and prevention, with a specific focus on associated psychosocial syndemics relevant to HIV prevention and care. It also involves a small associated research project on this topic, which has mentees involvement. The first five years was funded by NIMH, and the renewal (starting in 2016) funded by NIDA.			
Role: PI			

2013-2018	Consultant/Co-Investigator	1R01HL113272-01A1	
Developing a positive psychology intervention to improve cardiac health behaviors			
This study utilizes positive psychology to develop and test a phone-based intervention to improve health behaviors in individuals who had been admitted with ACS. PI: Jeffrey Huffman			
Role: Consultant (formally Co-investigator/behavioral scientist until move to Univ Miami)			

2014-2020	Consultant/Behavioral Scientist	UMAI069412	
Harvard/Boston/ Providence Clinical Trials Unit			
This award provides core funding for NIAID clinical trials for the ACTG, HVTN, and HPTN. At Fenway, the trials units are for both vaccine trials (HVTN) and HIV prevention trials (HPTN). PIs: Ray Dolin, Kenneth Mayer, and Daniel Kuritzges			
Role: Consultant / behavioral science – (formally Investigator until 2015 when moved)			

2014-2019	Principal Investigator (contact PI to 2105, MPI with Conall O’Cleirigh and	NIMH 1R01MH100627	≈2.2 million
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	Matthew Mimiaga ongoing)		
Fostering Resilience to Psychosocial and HIV Risk in Indian MSM			
This is an efficacy / effectiveness trial of a psychosocial intervention that increases self-acceptance and reduces HIV and STI risk in MSM in India.			
Role: Principal Investigator			

2015-2020	Principal Investigator (Contact, MPI with O’Cleirigh)	1 R01 MH103770-01	≈3.2 million,
Effectiveness of nurse-delivered care for adherence / mood in HIV S. Africa			
The goal of this project is to conduct an effectiveness trial of cognitive behavioral therapy for adherence and depression in HIV-infected patients in S. Africa who have failed first line antiretroviral therapy.			
Role: PI (contact PI)			

2015-2018	Co-Investigator	1R34MH10408	
Feasibility of short-term PrEP uptake for MSM with episodic high-risk for HIV PI: Ronald Stall (MPI with Kenneth Mayer)			
This study is assessing the feasibility of using PrEP during potential high risk time-limited periods, particularly when going on vacation, for men who have sex with men.			
Role: Co-investigator / responsible for adherence intervention component. Logistics of role changed to consultant when I moved from Harvard to Univ of Miami.			

2015-	Co-investigator	HIV Prevention Trials Network (HPTN 083) NIAID-funded network study	
A Phase 2b/3 Double Blind Efficacy Study Of Quarterly Injectable Cabotegravir Compared to Daily Oral Tenofovir Disoproxil Fumarate/Emtricitabine (Truvada), For Pre-Exposure Prophylaxis in HIV- Uninfected Men and Transgender Women who have Sex With Men			
This is a large scale, three-step study examining the efficacy of injectable PrEP in MSM and transgender women, with the goal of providing evidence for its FDA approval.			
Role: Senior behavioral scientist: Developing the adherence counseling, as well as behavioral science objectives / endpoints.			

2016-2017	Core Co-Director	5P30AI073961 (NIAID)	
The Miami Center for AIDS Research PI: Pahwa			
With various cores, programs, and working groups, this project is the umbrella organization for AIDS research at the University of Miami.			
Role: Co-Director of the Behavioral/Social Sciences and Community Outreach Core			

2015-2020	Collaborator	2R25MH084565-06 (NIMH)	
NIMH Research Education Mentoring Programs for HIV/AIDS Researchers (R25)			
Indigenous HIV/AIDS Research Training (IHART2) Program			
Role: member of Scientific and Community Leadership Council			

2016-2021	Co-Investigator / Site PI	1R01MH109413-01 (NIMH)	
A unified intervention for young gay and bisexual men's minority stress, mental health, and HIV risk PI: John Pachankis			
By addressing key sources of HIV risk among MSM, including stigma-related stress and associated mental health and substance use difficulties, the intervention developed in this project can reduce HIV risk behavior among MSM and therefore the spread of HIV.			
Role: Site PI			

2016-2018	Consultant	1R21DK109313-01A1 (NIMH)	
A psychological-behavioral intervention for physical activity in type 2 diabetes PI: Jeffrey Huffman			
This study involves a combination of positive psychology and motivational interviewing as an intervention for type 2 diabetes patients who have low physical activity. The study's primary outcomes will be feasibility and acceptability as well as physical activity measured by accelerometer.			
Role: Consultant			

2017-2022	Principal Investigator (MPI with Mimiaga)	1R01DA042805 (NIDA)	
Integrated Behavioral Activation and HIV Risk Reduction Counseling for MSM with Stimulant Abuse			
This study is an efficacy trial of an intervention we developed that combines behavioral activation with HIV risk reduction counseling in men who have sex with men at high risk for HIV who abuse stimulant drugs.			
Role: MPI			

2017-2022	Consultant	R01MH112385	
Falling off the HIV treatment cascade cliff: understanding postpartum attrition to HIV care PI: Christina Psaros, Ph.D.			
The goals of this project are to conduct a prospective study of HIV-infected women enrolled in a PMTCT program in order to estimate the rate of attrition from HIV care and identify factors associated with attrition from and retention in HIV care during the postpartum period. We will also conduct interviews to explore changes in barriers and facilitators over time.			

Role: Consultant/mentor/behavioral scientist

***Mentee (Current) Grants for which my role is a mentor/advisor***

2011-2017	Mentor and Co-Principal Investigator	1R01MH095624-01 NIMH (O’Cleirigh)	
HIV Prevention and trauma treatment for MSM with childhood sexual abuse histories. PI: Conall M. O’Cleirigh			
This is a two-site R01 efficacy study to integrate the treatment of childhood sexual abuse with HIV prevention programming in high-risk men who have sex with men and have childhood sexual abuse histories. It uses Cognitive Processing Therapy as a key intervention component.			
Role: Mentor and / co-investigator / consultant			

2011-2016	Co-Mentor	5K23MH095655-02 (Matthews)	
Periconception HIV risk reduction for HIV-discordant couples in Uganda PI: Lynn Matthews, PhD			
The goal of this project is to examine prevalence and predictors of pregnancy and fertility desire among HIV-discordant Ugandan couples on ART for treatment or PrEP for prevention, and to examine how fertility desire and pregnancy impact periconception adherence to ART or PrEP.			
Role: Co-Mentor			

Role: Co-Investigator: Mentor/collaborator

2012-2017	Mentor	1K23MH096647-01A1 (Blashill)	
Body image and self-care in HIV-infected MSM PI: Aaron Blashill, PhD			
The goals of this project are to develop a novel intervention which addresses body dissatisfaction, syndemic to depression, secondary HIV prevention, and HAART adherence among HIV-infected MSM. With mentorship, this intervention will be developed through an initial iterative process, and then piloted in a randomized control trial.			
Role: Primary Mentor			

2012-2017	Mentor	1K23MH096651-01 (Psaros)	
Perinatal depression, stigma, social capital utilization and PMTCT adherence PI: Christina Psaros, PhD			
The goals of the proposed project are to (1) investigate the relationships among perinatal depression, stigma, social capital utilization and PMTCT adherence, and (2) to test a pilot intervention to treat			

perinatal depression and improve adherence to ARVs among HIV infected women in a resource limited setting.			
Role: Primary Mentor			
2013-2016	Co-Investigator	American Cancer Society Research Scholar Grant, (Greer) 124138-RSG-13-019-01-CPPB	
Web-based CBT for Anxiety in Patients with Incurable Cancer PI: Greer			
The goal of this study is to adapt our successful CBT intervention for anxiety in patients with incurable cancer to a web-based format and examine the treatment's feasibility and efficacy for administration within both academic and community cancer care settings.			
Role: Co-Investigator/mentor on intervention trial testing			
2013-2017	Co-Mentor	1K23DK097356-01A1 (Chang)	
A group treatment for diabetes treatment adherence and depression in Hispanics PI: Trina Chang			
The goal of the proposed project is to reduce the impact of depression in Spanish-speaking Hispanics with poorly controlled Type 2 diabetes by promoting diabetes treatment adherence, using a group intervention based on enhanced education, motivational interviewing and problem-solving treatment.			
Role: Mentor —assisted with grant conceptualization, writing, and provide continued mentorship and supervision for implementation.			
2014-2016	Co-Mentor	F31MH099922 (Brandt)	
Anxiety reduction treatment for HIV+ individuals PI: Charles Brandt			
The goal of this project is to develop a group-based treatment protocol based on reducing anxiety symptoms in people living with HIV using a transdiagnostic cognitive-behavioral framework, and test its efficacy compared to a control group.			
Role: Co-Mentor			
2014-2019	Mentor	1K23MH100978-01A1	
Addressing barriers to retention in HIV care for Hispanic immigrants PI: Julie Levison			
The goal of the proposed project is to determine barriers to retention in HIV care for Hispanic immigrants infected with HIV through semi-structured interviews with patients and providers. Using this qualitative data, we will develop and pilot a culturally-tailored intervention to improve retention in HIV care for Hispanic immigrants.			
Role: Primary Mentor			

2014-2019	Co-Mentor	ACS Mentor Research Scholar grant (Traeger)	
Depression, anxiety, and opioid adherence in adults with cancer PI: Lara Traeger			
The goal of this project is to improve cancer pain management through assessing medication adherence, depression, and anxiety. The project will culminate in the development and piloting of a structured cognitive-behavioral intervention to enhance opioid adherence and reduce depression and anxiety symptoms.			
Role: Co-Mentor			

2015-2019	Primary Mentor	K23MH108439-01 (Dale)	
Striving towards empowerment and medication adherence (STEP-AD)			
The goal of this project is to develop and test a treatment addressing trauma for black women living with HIV. PI: Sannisha Dale, Ph.D.			
Role: Primary Mentor			

2016 – 2018	Mentor	HIV Prevention Trials Network Scholars Program	
Substance use and related syndemics in HIV-infected patients in care in international settings. This is an HPTN sponsored scholar program providing percent effort and resources for a secondary data analysis project from HPTN data to increase diversity in HPTN / HIV prevention investigators.			
PI: Carlos Rodriguez-Diaz, Ph.D.			
Role: Mentor			

2016-2021	Mentor	K23DA041901 (Magidson)	
Implementation science research in substance using HIV-positive patients in S. Africa			
This project aims to evaluate the effectiveness and implementation of a lay counselor-delivered cognitive behavioral therapy intervention for HIV medication adherence and substance use in primary HIV care in Cape Town, South Africa. The training plan proposes advanced training in implementation science and qualitative analysis			
Role: Primary mentor			

## Pending Grants

### 22. Editorial responsibilities:

#### Editor and Associate Editor Roles

2005-2006 (6 months) Guest Associate Editor, Cognitive and Behavioral Practice



2007-2012	Associate Editor, Cognitive and Behavioral Practice
2013-2016	Editor, Cognitive and Behavioral Practice (impact factor rose from 1.7 to 2.5 in these years; 5 year rose from 1.9 to 2.6)
2016-2020	Journal of Consulting and Clinical Psychology, Associate Editor (renewable 2-year terms).

### **Editorial Boards: Membership**

2001-present	Cognitive and Behavioral Practice 2001-2005, Special Column Editor: Diversity Issue 2009: Special series co-editor: Cognitive behavioral interventions with sexual minority men across the lifespan.
2005-2013	Behavior Therapy, Editorial Board Member
2005-2014, 2016-present	Journal of Behavioral Medicine, Editorial Board Member
2007-present	AIDS and Behavior, Editorial Board Member
2008-present	Journal of Attention Disorders, Editorial Board Member
2008-present	AIDS Education and Prevention, Editorial Board Member
2008-2009	The Journal of ADHD and Related Disorders, Editorial Board Member
2009-2014	Annals of Behavioral Medicine, Editorial Board Member
2010 -present	Health Psychology, Editorial Board Member
2015-2018	Publications Coordinator, ABCT (oversees ABCT publications including the editors of <i>the Behavior Therapist</i> , <i>Cognitive and Behavioral Practice</i> , and <i>Behavior Therapy</i> , as well as web and other publications for the organization).

### **Editorial Activities: Ad Hoc Reviews**

1997	Cognitive Therapy and Research
1998	Journal of Consulting and Clinical Psychology
1999	Cognitive Therapy and Research
2000	Journal of Consulting and Clinical Psychology, Journal of Affective Disorders, Psychosomatics, Cognitive and Behavioral Practice, Harvard Review of Psychiatry, AIDS Care, AIDS and Behavior
2001	Journal of Consulting and Clinical Psychology, Cognitive and Behavioral Practice, AIDS and Behavior, Quality of Life Research, Depression and Anxiety,
2002	Journal of the American Medical Association, Cognitive Therapy and Research, Psychosomatics, Journal of Consulting and Clinical Psychology, Journal of Abnormal Psychology
2003	Journal of The American Medical Association, Behaviour Research and Therapy, Clinical Psychology: Science and Practice, Cognitive and Behavioral Practice, Journal of Internal Medicine, Journal of the Gay and

Lesbian Medical Association, Journal of Nervous and Mental Disease, American Journal of Public Health, The AIDS Reader

2004 Journal of the American Medical Association, Cognitive Therapy and Research, AIDS and Behavior, European Archives of Psychiatry and Clinical Neuroscience, Cognitive Therapy and Research, Clinical Psychology: Science and Practice, Journal of Educational Psychology, JAIDS: Journal of Acquired Immune Deficiency Syndrome, Psychological Medicine, Quality of Life Research, Professional Psychology Science and Practice, AIDS Care, Sexual Health.

2005 Clinical Infectious Disease, AIDS and Behavior, Journal of Abnormal Psychology, AIDS Care, Behaviour Research and Therapy, Journal of Consulting and Clinical Psychology, American Journal of Psychiatry, Journal of the American Medical Association.

2006 HIV Medicine, Psychological Medicine, JAMA, Quality of Life Research, AIDS and Behavior, Health Psychology, PLOS Medicine (Academic Action Editor).

2007 Journal of Nervous and Mental Disease, Neuropsychiatric Disease and Treatment, Behaviour Research and Therapy, JAMA, Journal of Consulting and Clinical Psychology

2008 AIDS Care, Health Psychology, AIDS Education and Prevention, Journal of Adolescent Health, Journal of Urban Health

2009 Addiction, Health Psychology, Journal of AIDS (JAIDS)

2010 Psychosomatics, PLOS Medicine, JAMA, American Journal of Public Health, Archives of General Psychiatry, Journal of AIDS (JAIDS), Behaviour Research and Therapy

2011 Cognitive and Behavioural Therapy, Psychosomatics, Journal of AIDS (JAIDS)

2012 Psychosomatics, Behaviour Research and Therapy, Journal of AIDS (JAIDS), Journal of Consulting and Clinical Psychology, HIV Medicine, Cognitive Therapy and Research, International

2013 Journal of Consulting and Clinical Psychology, Cognitive Therapy and Research

2014 Capturing Participant Information for Mucosal Sampling: An investigator's guide (NIH DAIDS HIV-Mucosal Immunity Group), International Journal of Behavioral Medicine, AIDS Patient Care and STDs, Diabetes Care, Journal of AIDS (JAIDS)

2015 JAMA, Journal of AIDS (JAIDS), AIDS Research and Human Retroviruses, Journal of Consulting and Clinical Psychology, PLOS one

2016 Psychology and Health, JAMA, Sexuality Research and Social Policy, Lancet HIV, Diabetes Care, Journal of the International AIDS Society Association (JIAS), International Journal of Behavioral Medicine

2017	Journal of the International AIDS Society (JIAS), the Behavior Therapist (tBT), Annals of Behavioral Medicine, PLOS one, American Journal of Preventative Medicine, Clinical Psychological Science
2018	American Journal of Preventative Medicine, International Journal of Behavioral Medicine

### Grant Review Activities

2002-2005	Ad-hoc reviewer	BSCH (formally ZRG	NIH, Center for Scientific Review
2005-2009	Standing member	AAR8) Behavioral and Social Consequences of HIV; misc ZRG related committees	
2004, 2006, 2007, 2010-2015	Reviewer	Scholar and Feasibility Projects	Harvard Medical School Center for AIDS Research
2006	Reviewer	Loan Repayment Program	NIH (NIMH)
2006	Reviewer	Scientific Review Committee	Swiss National Science Foundation
2007	Reviewer	ZonMw	The Netherlands Organization for Health Research and Development
2007	Reviewer	Committee to review letters of intent for fellowship and pilot grants on the intersection of mental health and HIV/AIDS	American Foundation for AIDS (AMfAR)
2009 (Nov)	Reviewer	ZMH ERB-E(04)-S Exploratory Behaviors HIV/AIDS	NIMH Study Section
2009, 2010	Reviewer	Clinical Innovation Awards	Massachusetts General Hospital, Boston, MA
2009, 2010, 2014, 2015	Reviewer	CFAR Integrated Network of Clinical Systems	Concept reviewer
2010 Mar, Jun, Nov	Reviewer	ZMH1 ERB-E	R34 Grants for HIV/AIDS for NIMH

2010 March	Reviewer	ZRG1 AARR-G	Review of member conflicts for BSPH
2010 April	Reviewer	Brown/Tufts/LifeSpan Center for AIDS Research, Developmental Core	Outside reviewer, Behavioral Science
2012	Reviewer	AIDS Fonds, Netherlands	External reviewer.
2013	Reviewer	Clinical Research Center (CRC) KL2 (Career Development Awards)	External reviewer
2013	Reviewer	ZRG conflict of interest study section for HIV/AIDS behavioral science	NIH reviewer
2014	Reviewer	Creative and Novel Ideas in Research Awards Program (CNIHR)	External Reviewer (NIH and CFAR joint mechanism)
2014	Reviewer	Special Emphasis Panel, NIMH ERB-1 (04)	Reviewer for Global Mental Health K awards
2014	Reviewer	Special Emphasis Panel ZAA1 DD (05)	Reviewer – RFA for special emphasis panel on comparative Effectiveness HIV/Alcohol
2014	Reviewer	ZRG1 AARR-K Member Conflict: AIDS and AIDS Related Research	NIH, Center for Scientific Review
2014	Reviewer	MGH Executive Committee	Reviewer for Scholar Awards on Research (EROR)
2015	Reviewer	ZMH1 ERB-K (03) R Global Mental Health (U19)	NIMH special emphasis panel for implementation science global health U19 grants
2015	Reviewer	AIDS Fonds, Netherlands	HIV Grants
2016, 2017	Reviewer	UM CFAR Developmental Core	Pilot projects

2016	Reviewer	UM CFAR Emerging Opportunities Application	Pilot project
2016	Reviewer	University of Washington CFAR	Emerging Investigator Award
2016	Reviewer	ZRG1 AARR G 02	NIH special emphasis panel (conflict of interest; HIV/AIDS)
2017	Reviewer	ZRG1 AARR G 55	NIH special emphasis panel (conflict of interest; HIV/AIDS)

**24. Professional and Honorary Organizations (member; officer; date):**

1993-present	Member	American Psychological Association
1996-present	Member	Association for Behavioral and Cognitive Therapies (ABCT, formerly Association for the Advancement of Behavior Therapy, AABT)
1999-2002	Member	Massachusetts Psychological Association
2000-2003	Chair	Special Interest Group for the Study of GLBT Issues, Association for the Advancement of Behavior Therapy
2002-2014	Member	Society of Behavioral Medicine
2009-2012	Board Member, Practice Sample Coordinator (2010-2012)	American Board of Professional Psychology (ABPP), Cognitive Behavioral Therapy

**24. Honors and Awards:**

1991	Cum Laude, High Honors, and Catherine A. Chernosky Award	Brandeis University
1997	Special Interest Group for the Study of Gay and Lesbian Issues: Student Research Award	Association for the Advancement of Behavior Therapy
1998	Emerson Research Award	

Massachusetts General  
Hospital/Harvard Medical School,  
Department of Psychology

- 2004 Book Award, Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues) American Psychological Association
- 2010 Fellow American Psychological Association, Division 44 (Society for the study of lesbian, gay, bisexual, and transgender concerns)
- 2015 Pioneer Award for Outstanding Contributions to HIV Adherence Science / Practice. 9th International Conference on HIV Treatment and Prevention; International Association of Providers in AIDS Care (IAPAC)

**25. Post-Doctoral Fellowships:**

1998-1999 Post-Doctoral Fellowship Psychology (CBT) Harvard Medical School/Massachusetts General Hospital, Boston, MA

**26. Other Professional Activities (e.g., papers presented; performances; conference proceedings; seminar or conference panel member; catalogue work; etc.):**

**Local Presentations**

1998	Suicidality and related factors in lesbian, gay, and bisexual youth compared to heterosexual youth	Grand Rounds/Emerson Award Presentation	Massachusetts General Hospital, Department of Psychiatry
1999-2008	Teach regular seminars in CBT	Seminar Leader/Instructor Cognitive Behavioral Therapy Program	Massachusetts General Hospital, Department of Psychiatry
1999-2004	Teach 1-2 seminars per year and/or supervise evaluations on anxiety	Instructor/Supervisor, Anxiety disorders rotation	Massachusetts General Hospital, Department of Psychiatry

	disorders or CBT for anxiety disorders		
2002	Cognitive behavioral therapy for HIV medication adherence and depression	Infectious Disease Unit/Partners Center for AIDS Research Clinical Conference	Massachusetts General Hospital

2002	CBT and similarities to general psychotherapy	Psychotherapy Seminar	MGH Psychiatry Department, psychotherapy seminar.
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2003	HIV/AIDS care in India: Urban settings	Health Care Strategies for HIV/AIDS in Limited-Resource Settings Conference	MGH Institute for Health Professions; Harvard Medical School, Division of AIDS
2005	Behavioral aspects of HIV care	Grand Rounds	Massachusetts General Hospital
2005	Cognitive behavioral therapy for ADHD in adults	Grand Rounds	Mt. Auburn Hospital, Department of Psychiatry/Harvard Medical School
2005	Development of and testing cognitive behavioral therapy for ADHD in adults	Grand Rounds	Massachusetts General Hospital, Department of Psychiatry
2005-2008	CBT Seminar leader-Residency	Teach yearly seminar in CBT to PGY 3 Residents	Massachusetts General Hospital, Department of Psychiatry
2006	Cognitive behavioral therapy for ADHD in adults	Grand Rounds and Seminar	Cambridge Hospital/Harvard Medical School, Psychiatry Department
2007	Considerations in HIV secondary prevention research	The Continuing Challenge of Prevention HIV/AIDS Symposium	Harvard Center for AIDS Research and Harvard University Global Health Initiative

2010	Addressing mental health and psychosocial problems in the context of	Speaker	Fenway Community Health. CDC funded national conference on the Sexual Health of Gay Men and other MSM.
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	promoting MSM sexual health		
2010	Intervention Development	Presenter	Fenway Community Health, Fenway Institute
2010	Connecting Community Health Providers for Collaboration and Research Endeavors	Panelist at Leadership and Faculty Development Conference 2010	Office for Diversity and Community Partnership Harvard Medical School
2012	Optimizing Secondary Prevention	Presenter	Harvard Center for AIDS Research Symposium on ART for Prevention
2013	Psychosocial issues in ART and HIV Prevention	Presenter	Fenway Institute 2-day community stakeholders symposium on antiretroviral for prevention
2014	LGBT Research in Global Settings	Presenter	Harvard Global Women's Health Research Retreat
2015	Intertwined Epidemics: Mental Health and HIV	Speaker	University of Miami Project Share / CFAR
2016	Bringing lessons from international research home	Invited Speaker	CFAR Social /Behavioral Sciences Research Network (SBSRN), Miami

### Regional Presentations and Courses

1999	Cognitive behavioral therapy	Two seminars on CBT for counselors	Fenway Community Health, Research and Evaluation Department	Boston, MA
1999	HIV medication adherence	Fenway Forum: a training for mental health professionals	Fenway Community Health	Boston, MA
2003	HIV self-care and depression	Presentation for medical providers	Fenway Community Health	Boston, MA
2003	Use of technology in behavioral assessments and interventions	Symposium Chair	Annual meeting of the Association for the Advancement of Behavior Therapy	Boston, MA



2005, 2006, 2008 - 2010	Guest lecturer (1 lecture)	Guest lecture for Dr. David Barlow's course for advanced psychology students	Boston University Psychology Course	Boston, MA
2006	Behavioral interventions for adherence in HIV: Studies conducted at Fenway Community Health and Massachusetts General Hospital	Research In Progress Meeting	Brown/Tufts/Lifespan Center for AIDS Research	Providence, RI
2008	CBT: The basics	Grand Rounds	St. Joseph Hospital	Nashua, NH
2009	Interventions for HIV medication adherence	Grand Rounds	University of Massachusetts Medical Center	Worcester, MA
2010	Psychosocial Intervention Development	Taught a "brown bag" seminar on behavioral intervention development for HIV prevention	Fenway Institute at Fenway Community Health	Boston, MA
2010	Mental health concerns and HIV risk in MSM	Taught a guest lecture on mental health concerns and HIV risk reduction interventions	Fenway Institute at Fenway Community Health	Boston, MA
2014	CBT for Adult ADHD	One hour course to behavioral health clinicians	Fenway Health	Boston, MA
2015	CBT & Psychosocial Treatments in ADHD (Adults)	Speaker / lecturer	MGH Psychiatry Academy CME Course: ADHD Across the Lifespan	Boston, MA

### **Selected\* National Presentations and Courses**

*\*Dr. Safren has been part of over 200 presentations (not all of them are listed below), and most data-based single study presentations are now published and are referenced in publication section.*

1997	Applying behavioral principles and empirical	Clinical Roundtable	Association for the Advancement of	Miami, FL
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	findings to gay, lesbian, and bisexual clinical issues		Behavior Therapy (AABT) Annual Convention	
1997	Suicidality and Related Factors in Lesbian, Gay, and Bisexual Youth	Symposium Presentation	AABT Annual Convention	Miami, FL
1999	Cognitive-behavioral interventions for adherence to HIV medications	Grand Rounds	Memorial Sloan Kettering Hospital / Cornell Medical School, Department of Psychiatry	New York, NY
1999	Suicidality and related factors in sexual minority youth	Grand Rounds	NYU Child Study Center	New York, NY
1999	Application and Outcome of a Single-Session Cognitive-Behavioral Intervention (Life-Steps) to Increase Adherence to HIV Medications	Symposium Presentation	AABT Annual Convention	Toronto
1999	Adherence to HIV Antiretroviral Medications: Application of Cognitive-Behavioral Theory and Intervention	Symposium Chair	AABT Annual Convention	Toronto
2000	The continuing need for diversity in cognitive-behavioral therapy, training and research	Clinical Roundtable	AABT Annual Convention	New Orleans, LA
2001	Behavior research and therapy with lesbian, gay, and bisexual individuals	Symposium Discussant	AABT Annual Convention	Philadelphia, PA
2001	Study of Gay, Lesbian, Bisexual, and Transgendered Issues	Special Interest Group Leader	AABT Annual Convention	Philadelphia, PA
2001	Use of an On-Line Cue-Controlled Paging System to Increase Adherence to HIV Antiretroviral Medications	Symposium Discussant	AABT Annual Convention	Philadelphia, PA
2002	Efficacy to real-world effectiveness: CBT for social anxiety disorder in diverse and complex clients	Symposium Chair	AABT Annual Convention	Reno, NV
2002	A Comparison of Methods for Assessment of HIV Medication Adherence	Symposium Presentation	AABT Annual Convention	Reno, NV

2003	Use of Technology in Behavioral Assessments and Interventions	Symposium Chair	AABT Annual Convention	Boston, MA
2003	Behavioral Medicine: Research and Treatment of Medical Populations	Symposium Discussant	AABT Annual Convention	Boston, MA
2004	How to Provide Affirmative Cognitive-Behavioral Therapy With Gay Male Clients	Master Clinical Seminar	AABT Annual Convention	New Orleans, LA
2004	Successes and Challenges for Gays and Lesbians in Graduate Training, Professional Development and Mentoring Relationships	Panel Discussant	AABT Annual Convention	New Orleans, LA
2004	Psychological Comorbidity in People Living With HIV: Its Impact on Disease Progression, Functional Impairment, Symptom Presentation, and CBT Intervention Feasibility and Efficacy	Symposium Discussant	AABT Annual Convention	New Orleans, LA
2004	Cognitive Behavioral Therapy for Residual ADHD Symptoms in Adults	Symposium Presentation	AABT Annual Convention	New Orleans, LA
2004	Successes and challenges for gays and lesbians in graduate training, professional development, and mentoring relationships	Discussant (Panel discussion)	Annual meeting of the Association for the Advancement of Behavior Therapy	New Orleans, LA
2005	New psychotherapies directed at young adults with ADHD	ADHD its not just for kids, Symposium (Industry-sponsored)	American Psychiatric Association	Atlanta, GA
2005	Cognitive behavioral therapy in individuals with HIV	Workshop	AABCT Annual Convention	Washington, DC
2005	Experiences of Lesbian, Gay, Bisexual, and Transgender Individuals: Mental Health Correlates and Implications for Treatment	Symposium Discussant	AABT Annual Convention	Washington, DC
2005	Primary and Secondary HIV Prevention Among Adults With Psychological Problems:	Symposium Discussant	AABT Annual Convention	Washington, DC

	Challenges Posed by Chronic Mental Illness, Substance Abuse, and Childhood Sexual Trauma			
2005	The importance of addressing mental health needs in self-care interventions in HIV	Invited Speaker	National HIV prevention conference	Atlanta, GA
2006	Methodological issues in design of adherence interventions: Lessons learned from ongoing and completed randomized controlled trials	Panel discussant and chair	NIMH/IAPAC International Conference on HIV Treatment Adherence	Jersey City, NJ
2006	Working With Lesbian, Gay, and Bisexual Individuals: Clinical Issues for Behavioral and Cognitive Therapists	Clinical Roundtable	ABCT Annual Convention	Chicago, IL
2006	How to Get Published in Cognitive and Behavioral Practice	Special Session Speaker	ABCT Annual Convention	Chicago, IL
2006	CBT for Adherence and Depression in HIV	Symposium Presentation	ABCT Annual Convention	Chicago, IL
2006	HIV prevention in men who have sex with men	Invited address at national summit	Opportunities for improving HIV diagnosis, prevention, and access to care in the U.S.	Washington, D.C.
2006	Understanding cognitive and behavioral approaches to treating ADHD in adults	The role of attention in ADHD (Industry-sponsored Symposium)	American Psychiatric Association	San Diego, CA
2006	The applicability of HIV treatment adherence to mental health treatment adherence	Invited speaker at workgroup on adherence to interventions for mental disorders	NIMH	Rockville, MD
2007	Issues in CBT outcome research for ADHD across the life-span	Symposium Chair	ABCT Annual Convention	Philadelphia, PA
2007	Anxiety and comorbid medical conditions	Symposium Chair	ABCT Annual Convention	Philadelphia, PA
2007	How to Get Published in Cognitive and Behavioral Practice	Special Session Speaker	ABCT Annual Convention	Philadelphia, PA

2007	Cognitive behavioral therapy for adult ADHD	Invited speaker at two-day workshop: Improving long-term outcomes in ADHD: A treatment development workshop	NIMH	Rockville, MD
2007	Types of interventions: Potency, dose, provider	Invited speaker at two-day workshop: Mental health considerations in secondary HIV prevention	NIMH	Rockville, MD
2007	Addressing adherence to multiple treatments for multiple disorders – an HIV perspective	Invited speaker at two-day workshop: Methodological challenges in psychiatric treatment adherence research	NIMH	Rockville, MD
2007	Mental health concerns are common among sexually risk MSM in primary and secondary prevention studies	Symposium on mental health and HIV risk	National CDC Prevention Conference	Atlanta, GA
2007	MSM Studies underway: Implications for new intervention development	Meeting to Establish Domestic HIV Prevention Agenda for HPTN	Family Health International/NIH/HP TN meeting	Arlington, VA
2008	Research Methods	Workshop/breakout session leader	National Center for AIDS Research and Social and Behavioral Sciences Research Network Meeting	Seattle, WA
2008	Interventions for depression, stress management, and engagement in care for HIV-infected persons	Invited Speaker	National Summit on HIV diagnosis, prevention, and access to care	Crystal City, MD
2008	CBT for ADHD in adults	Workshop leader/teacher	ABCT Annual Convention	Orlando, FL
2008	The role of psychological trauma in chronic disease	Symposium Discussant	ABCT Annual Convention	Orlando, FL
2008	Impaired functioning in medication-treated adults with	Symposium Presentation	ABCT Annual Convention	Orlando, FL

	ADHD who have continued ADHD symptoms			
2008	Adapting CBT to community settings: Strategies and outcomes	Symposium Discussant	ABCT Annual Convention	Orlando, FL
2008	Promoting equal opportunity: Policies and beyond	Panel Discussant	ABCT Annual Convention	Orlando, FL
2008	Sticky thinking or stuck in the closet? Differentiating sexual obsessions from emerging homosexuality	Clinical Round Table Discussant	ABCT Annual Convention	Orlando, FL
2009	How to Get Published in Cognitive and Behavioral Practice	Special Session Speaker	ABCT Annual Convention	New York, NY
2009	Depression Moderates the Ability of a Social Cognitive Model to Account for HIV Risk Behavior in HIV-Infected Men Who Have Sex With Men	Symposium Presentation	ABCT Annual Convention	New York, NY
2009	Social and Sexual Networks of High Risk Married MSM in Mumbai	Invited Speaker	NIH meeting: Joint Indo-U.S. Research Initiatives	Rockville, MD
2009	How to Get Published in Cognitive and Behavioral Practice	Special Session Speaker	ABCT Annual Convention	San Francisco, CA
2010	Cognitive Behavioral Therapy for ADHD in adults	Workshop leader/teacher	ABCT Annual Convention	San Francisco, CA
2011	Addressing depression in interventions with HIV-infected individuals	Grand Rounds	Columbia University, HIV Center for Clinical and Behavioral Studies, New York State Psychiatric Institute and Clinic	New York, NY
2102	Monogamy, partnerships, sexual risk, and psychological variables in HIV+ gay and bisexual men	Invited Speaker/Attendee	Sexual Health in Gay and Bisexual Male Couples	San Juan, Puerto Rico
2013	Assessing and addressing adherence and related variables in HPTN052 and	Invited Speaker	HIV/AIDS Network Coordination annual meeting	Miami, FL

	ACTG5175: Linked prevention and treatment trials conducted in international settings			
2013	Psychosocial syndemics and adherence in HIV-infected individuals	Symposium Presentation	ABCT Annual Convention	Nashville, TN
2013	The importance of behavioral and social sciences in the HPTN Network	Speaker/Trainer	Be the Generation Bridge community partner training	Crystal City, VA
2013 2014 2015	How to Get Published in Cognitive and Behavioral Practice	Special Session Speaker	ABCT Annual Convention	Nashville, TN
2014	Methodological considerations in intervention studies addressing syndemics in HIV+ MSM	Invited Speaker / Attendee	Contemporary Issues in Gay Men's Sexual Health Research	San Juan, Puerto Rico
2015	Adherence counseling in the Partners in PrEP Trial	Invited Speaker / Attendee	NIMH/NIAID consultation meeting: Optimization of adherence counseling post-voice	Bethesda, MD
2015	Understanding and treating syndemic health problems among stigmatized individuals.	Symposium discussant	ABCT Annual Convention	Chicago, IL
2015	Cognitive behavioral therapy to treat depression and adherence (CBT-AD) in patients with HIV in care: A three arm randomized controlled trial	Symposium presentation	ABCT Annual Convention	Chicago, IL
2016	Dissemination and Implementation of CBT in Resource-Limited International Settings	Panelist	50 <sup>th</sup> ABCT Annual Convention	New York, NY
2016	How Community-Based Participatory Research Can Improve Science and Meet Community Needs	Panelist	50 <sup>th</sup> ABCT Annual Convention	New York, NY
2016	Posttraumatic pathways to health disparities for gay and bisexual men: Implications for HIV prevention	Symposium discussant	50 <sup>th</sup> ABCT Annual Convention	New York, NY
2011	Intersecting epidemics: Evidenced based approaches	Grand Rounds	Columbia University, HIV Center for	New York, NY

	for treating depression and HIV/AIDS		Clinical and Behavioral Studies, New York State Psychiatric Institute and Clinic	
2017	What is the future of adherence in the era of potent antiretroviral therapy?	Panelist	IAPAC International Conference on HIV Treatment Adherence	Miami, FL
2017	Preference and acceptance of PrEP	Moderator	IAPAC International Conference on HIV Treatment Adherence	Miami, FL
2017	Applying evidence-based CBT principles to disease prevention and self-care in diverse, sexual minority and global populations: Lessons learned from HIV/AIDS	Invited address speaker	51 <sup>st</sup> ABCT Annual Convention	San Diego, CA
2018	Evidenced-based approaches for treating depression and HIV/AIDS	Webinar	ABCT CE webinar series	New York, NY

### International Invited Presentations and Courses

2002	Use of wireless devices for reminder cues for HIV medication adherence	Invited Speaker	Association of Clinical Research Professionals, 5 <sup>th</sup> Annual European Meeting	Amsterdam
2003	HIV medication adherence (the importance of antiretroviral medication adherence strategies to improve it, using informational, motivational, and behavioral change models)	Full-day course taught to physicians, nurses, and counselors	Developed the training materials for the Africa and South America trainings for the remaining study sites for HPTN 052 and ACTG 5175 (described above)	Three study sites: Chennai, India; Cheng-Mai, Thailand; and Pune, India
2005	Enhancing therapeutic adherence in chronic diseases: Lessons learned from HIV	Invited address	Universidad Nacional Autonoma de Mexico, Mexico City, Department of Psychology	Mexico City
2008	Preparing for international prevention trials involving	Speaker	Speaker on NIH-funded HIV	International network



	HIV-infected individuals in care settings		Prevention Trials Network (HPTN)	
2010	Why is research important?	Speaker	Presentation to organization staff	The Humsafar Trust, Mumbai, India
2010	Qualitative interviewing	Co-Trainer for HPTN 063 to coordinators and counselors – 3 days	Instituto de Pesquisa Clínica Evandro Chagas Clinical Research Site (IPEC CRS)	Rio De Janeiro, Brazil
2011	CBT for adherence and depression in HIV+ IDU	Speaker	Psychology of Illness, International Conference	Coronado, New Zealand
2012	Addressing psychosocial needs and HIV risk in Indian MSM	Dissemination workshop	National Institute for Research in Tuberculosis	Chennai, India
2013	Self acceptance as a resilience factor to HIV risk in Indian MSM	Speaker	Innovations in Health Psychology, International Conference	Aitutaki, Cook Islands
2015	CBT for ADHD in Adults	Full day course – taught	McGill University, Health Services`	Montreal, Canada
2015	The potential cost-savings of intensive secondary HIV prevention interventions	Speaker	Innovations in Health, Psychology, International Conference	Aituki, Cook Islands
2016	The role of self-efficacy as a mediator of syndemics on condomless sex in high-risk HIV-negative MSM	Speaker	3 <sup>rd</sup> Bi-Annual Gay Men’s Behavioral Science Conference: Contemporary issues in Gay Men’s Sexual Health Research	Puerto Vallarta, Mexico
2016	Adherence Counseling	Trainer	HPTN063 – Long term injectable PrEP study.	Washington, DC

## **TEACHING**

**27. Teaching Awards Received:**

2001, 2004	Award for Excellence in Teaching and Mentoring for CBT	Harvard Medical School/Massachusetts General Hospital
2008	Award for Excellence in Teaching and Mentoring for Behavioral Medicine	Harvard Medical School/Massachusetts General Hospital
2008	Distinguished Contribution to Education and Training Award, Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues)	American Psychological Association
2010	A. Clifford Barger Excellence in Mentoring Award	Harvard Medical School
2011, 2013	Award for Excellence in Teaching and Mentoring for Behavioral Medicine	Harvard Medical School/Massachusetts General Hospital

**28. Teaching Specialization (Note briefly courses taught, new courses developed, innovative or experimental teaching etc.)**

**Other Research Supervisory and Training Responsibilities**

2001-present	Supervision of Behavioral Medicine clinical psychology interns, students/post-doctoral research fellows/residents)	Mentorship: at any given time I have approximately 7-10 junior faculty and fellows at MGH who I mentor. I have approximately 7 who I meet with weekly, and others who I meet with approximately monthly to supervise their research projects/career trajectories	Massachusetts General Hospital, Boston, MA
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**Clinical Supervisory and Training Responsibilities**

1999-2008	Clinical and Research Supervisor, Cognitive Behavioral Therapy Program	Massachusetts General Hospital, Department of Psychiatry
2-4 hours per week	Students: Interns and Fellows in Cognitive-Behavioral Therapy Program, Residents, or Psychology Trainees in the	Coordinator of day to day operations of CBT training program

	Adult Track Psychology Training Program	
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2000-2002	Clinical Supervisor, Center for Anxiety and Related Disorders (Dr. David Barlow's CBT Program)	Boston University
40 hours a year	Students: Ph.D. students in clinical psychology.	Provide individual supervision for therapy.

2004-2015	Director, CBT (until and Behavioral Medicine Training Tracks, Clinical Psychology Internship	Massachusetts General Hospital, Department of Psychiatry
8 hrs per week	Students: Predoctoral and post-doctoral fellows, junior faculty, senior and mid-level clinical and research faculty hired in my program and/or on my grants.	Provide overall supervision for research and clinical areas to trainees and junior faculty.

2005- 2008	CBT Seminar leader- Residency	Massachusetts General Hospital, Department of Psychiatry
Preparation time: approximately 20 hours first year, 3 hours following years per year. Contact time: approximately 5 hours per year	Students: PGY 3 Residents	Organize CBT supervision training

2008, 2009	Mock grant review, Junior faculty meeting	Massachusetts General Hospital, Department of Psychiatry
Preparation time: 4 hours Contact Time: 1 hour	Students: Junior faculty	Description: Reviewed proposal, feedback simulating a formal grant review

2010	CBT for ADHD in Adults	Massachusetts General Hospital, Patient and
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		Family Learning Center
Preparation time: 1 hours Contact Time: 1 hour	Students: MGH Employees / Staff	Description: Discussed CBT approaches for treating ADHD following our treatment manual

2010-current	Global HIV/behavioral science research in progress meeting	Weekly meeting of MGH Center for Global Health junior faculty and MGH Behavioral Medicine junior faculty conducting research related to
Preparation time: 0 Contact Time: 1 hour per week Co-lead with Dr. David Bangsberg	Junior faculty and fellows: MGH Behavioral Medicine and CGH	Attendees take turns presenting research ideas, reviewing each other's grant ideas, and papers/presentations

2013	Psychosocial issues for HIV Prevention in MSM In India	Massachusetts General Hospital, Global Psychiatry Fellowship
Preparation time: 2 hours Contact Time: 2 hour	T32 Fellows	Description: Discussed HIV prevention for MSM in India, our ongoing work, and the cultural context there

2014	Fostering Resilience among MSM In India	Massachusetts General Hospital, Global Psychiatry Dinner Series Talk
Preparation time: 2 hours Contact Time: 2 hour	MGH Psychiatry faculty and trainees, invited guests	Description: Discussed international work in India for MSM / HIV prevention

### **Formal Teaching of Peers**

#### *U.S.-Based Formal Teaching of Peers*

2001	Clinical applications for persons with HIV	Continuing Education Course: Cognitive-behavioral therapy: Integration and Innovation	Harvard Medical School, Department of Continuing Education/Massachusetts General Hospital, Department of Psychiatry	Boston, MA
2005	Behavioral Medicine	Continuing Education Course: Psychiatric Care of the Medically Ill: A Review of Psychosomatic Medicine	Harvard Medical School, Department of Continuing Education/Massachusetts General Hospital, Department of Psychiatry	Boston, MA
2006, 2007, 2008	Cognitive behavioral therapy: A primer for the Non-CBT-er	Continuing Education Course: COPE for Psychopharmacology	Massachusetts General Hospital and Harvard Medical School Psychiatry Academy	Boston, MA
2007	Cognitive behavioral therapy and Interpersonal psychotherapy	Continuing Education Course: Psychiatry Board Review	Massachusetts General Hospital and Harvard Medical School Psychiatry Academy	Boston, MA

2007	Evidence-based psychotherapies : indications, outcomes, and common elements	Continuing Education Course	Massachusetts General Hospital and Harvard Medical School Psychiatry Academy	Boston, MA
2007	CBT for anxiety	Continuing Education Course: Cognitive behavioral and psychopharmacotherapy approaches to the treatment of anxiety	Massachusetts General Hospital and Harvard Medical School Psychiatry Academy	Boston, MA
2008	Evidenced-Based Psychotherapeutic Approaches for Anxiety Disorders	Four City Continuing Education Course	MGH Psychiatry Academy	New York, NY and Atlanta, GA

2008	Adult ADHD	Web-cast	MGH Psychiatry Academy	Massachusetts General Hospital and Harvard Medical School Psychiatry Academy
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2009	Empirically supported cognitive-behavioral approaches to treating depression	Invited Speaker / Workshop Leader– Continuing Education	Centro de Salud Familiar La Fe – Sponsored by U. Texas El Paso	El Paso, Texas – participants from El Paso and from Juarez Mexico – Spanish translated
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2011	HIV and depression	Invited speaker	Chesapeake Health Education Program: HIV and mental illness, the basics and beyond	Baltimore, Maryland (University of Maryland Medical)
2014	Ethics of Peer Review	Trainer – RCR course	MGH Psychiatry Department	Boston, MA
2014	CBT for Adult ADHD	Trainer	Fenway Health, Behavioral Health Department	Boston, MA

*International-Based Formal Teaching of Peers*

2002	Secondary HIV prevention and adherence	Continuing Medical Education course instructor	Indian Medical Association and YRG CARE	Chennai, India
2005	Primary and secondary behavioral prevention interventions for HIV/AIDS	Part of half-day CME course: HIV Prevention: Biologic, Behavioral and Clinical Concerns	Harvard Medical International (Dr. Harvey Makadon) and Sri Ramachandra Medical School	Chennai, India
2009	CBT for ADHD in Adults	Speaker – 2 day workshop; Provided training over the course of 2 days to >200 Swedish psychologists on	Speaker/Trainer – CEREB	Stockholm, Sweden

		my CBT protocol for Adult ADHD		
2015	Cognitive behavioral therapy for ADHD in adulthood	Speaker – 1-day workshop. Provided training to 30 psychologists and psychiatrists at McGill University	Speaker/Trainer, McGill University	Montreal, Quebec, Canada.

29. Thesis and Dissertation Advising/Post-doctoral student supervision (chairman or committee member; topic; student name; date):

#### **Theses and Dissertations Supervised**

2005	Soumya Saarma, Ph.D.	Doctoral student at Boston University, Department of Psychology.
2006	Lavina Touchon	Thesis Director, Harvard University Extension School, Master of Liberal Arts Program
2009	Allison J. Applebaum, PhD	Doctoral student at Boston University, Department of Psychology. Dissertation advisor. Recipient of Clara Mayo Dissertation Award under my supervision (\$4,500.00). Currently psychology intern at Cornell in New York.
2011	Brian Buzzella, Ph.D., ABPP	Dissertation committee member, Department of Psychology.
2011-2015	Nancy Patricia Caballero Suarez	Dissertation committee member; Ph.D. Student at Universidad Nacional Autonoma de Mexico
2011-2015	Aimé Edith Martínez Basurto	Dissertation committee member; Ph.D. Student at Universidad Nacional Autonoma de Mexico
2015-2016	Sarah Kennedy	Dissertation committee member, University of Miami, Clinical Psychology (Child)



2016	Stephanie Choi	External dissertation committee member, Institute of Medical Science, University of Toronto
2016-	Brooke Rogers	Primary Mentor/Dissertation chair, University of Miami (Health Track). Proposal defended 2016, data collection in Progress
2016-2018	Brian Richter	Dissertation committee member, University of Miami, Clinical Psychology (Child)
2016-2017	Christopher Albright	Undergraduate Honors Thesis Advisor, University of Miami
2016-	Estefany Saez-Flores	Masters committee Chair, University of Miami, Child Division
2016	Stephanie Choi	Dissertation committee member, University of Toronto, Institute of Medical Science
2016-2018	Calvin Fitch	Dissertation committee member, University of Miami (Health Track). Proposal defended 2016, data collection in Progress
2016	Miguel S. Montoya	Medical Student, Honor's Project
2016-	Jamie Mash	Dissertation committee member, University of Miami (Child Track)
2018-	Kathryn Nowlan (Adult Track)	Dissertation committee member, University of Miami
2018-	Sarah Wigderson (Child Track)	Dissertation committee member, University of Miami

### **Formally Supervised Trainees / Mentees**

2001-2003, 2007-2012	Ellen Hendriksen, Ph.D.	Research assistant at Fenway Community Health, collaborator when in graduate school, intern and post-doctoral fellow at MGH Behavioral Medicine Service. Currently faculty at Stanford Medical
2002- 2015	Matthew Mimiaga, Ph.D.	Student, Harvard School of Public Health, former research coordinator, Fenway Community Health, post-doctoral fellow at MGH, now Assistant Professor at HMS/Staff at MGH.
2002-2012	David Pantalone, Ph.D.	RA, then student at University of Washington, Seattle, then post-doc at Hunter College, now faculty

		at UMASS Boston. Collaborator on NIMH funded NRSA (dissertation) and ongoing collaboration. Mentor on NIH Loan Repayment Program
2003-2005	Michael Berg, Ph.D.	Associate Professor, Wheaton College. Worked on projects related to medical adherence and mental health at Fenway Community Health.
2003-2004, 2006-2015	Conall O'Cleireigh, Ph.D.	Predoctoral intern, MGH psychology internship, current position: Postdoctoral Fellow: MGH/HMS-updates, currently Assistant Professor/staff at MGH/HMS. Mentor then supervisor on NIH Loan Repayment Program.
2004-2005	Sudha Raminani	MS student at Tufts University. Preceptor, Tufts Public Health Program Applied Learning Experience (thesis equivalent)
2004-2008	Jeffrey Gonzalez, Ph.D.	Predoctoral intern, MGH psychology internship (CBT track). Obtained supplement to R01 DA DA01860 for postdoctoral training (65% FTE for supplement for Dr. Gonzalez) for July 2005-October 2006, transitioned to staff at MGH / instructor at HMS. Now Associate (tenured) Professor at Yeshiva University in NY (Ferkauf Graduate Program). Was mentor on NIH Loan Repayment Program.
2004-2014	Jennifer Burbridge, Ph.D.	Postdoctoral intern, MGH psychology 2-year internship (adult track). 2005- junior faculty, part time, at MGH
2004-2013	Joseph Greer, Ph.D.	Postdoctoral Fellow, Behavioral Medicine Service. 2006-2008, staff psychologist/junior faculty MGH, 2008- 20013. I was mentor on his MGH/Cancer Center Career Development Award (2010-2012), and on his NIH Loan Repayment Program. Currently he is at MGH as Assistant Professor at HMS.
2002-2003, 2004-2005	Iftah Yovel, Ph.D.	Predoctoral intern, MGH psychology internship (CBT track, 2002-2003), 2004-5 postdoctoral fellow under my supervision. Current position, Assistant Professor, Hebrew University, Jerusalem, Israel
2004-2007	Carol Perlman, Ph.D.	Staff psychologist, my role was mentor on NIH loan repayment program, supervisor on NIMH supported

		study, Efficacy of CBT for residual ADHD in adult. Currently in private practice.
2005-2007	Nafisseh Soroudi, Ph.D.	Postdoctoral Fellow, Behavioral Medicine Service. Currently medical liaison in the pharmaceutical industry.
2005-2007	Kathryn Bottonari, Ph.D.	Student at University of Buffalo, Co-mentor on NIH-supported NRSA project, currently staff psychologist in Athens Georgia.
2005- 2015	Ana Maria Vranceanu, Ph.D.	Predocotrual then postdoctoral intern, Behavioral Medicine Service, MGH. Currently staff at MGH, Assistant Professor at HMS.
2006-2015	C. Andres Bedoya, Ph.D.	Fellow MGH/Harvard Department of Psychiatry, currently staff at MGH, Instructor at HMS (approved departmentally to move to HMS for Assistant Professor review). Was mentor on NIH Minority Supplement Grant
2006-2012	Kartik Venkatesh, MD	MD/PHD student at Brown. Advisor on NIMH NRSA award related to my work in Chennai, India.
2007-2012	Amy Farabaugh, Ph.D.	Co-mentor for her NIMH K award as staff psychologist at MGH
2007-2008	Christina Meade, Ph.D.	Mentor for AmFAR HIV fellow award and Harvard Center for AIDS Research Scholar Award. Fellow, Mclean Hospital and Harvard Medical School. Currently Assistant Professor at Duke.
2007-2018	Christina Psaros, Ph.D.	Psychology Intern, psychology post-doctoral fellow Behavioral Medicine Service, MGH. Currently staff at MGH, Assistant Professor at HMS.
2007-2011	Laura Knouse, Ph.D.	Psychology Intern, psychology post-doctoral fellow, CBT Track, MGH. Currently Assistant Professor at University of Richmond
2008-2010	Sarah Markowitz, Ph.D.	Psychology Intern, psychology post-doctoral fellow, Behavioral Medicine, MGH. Currently Assistant Professor Wells College, Ithaca NY
2008-present	Lara Traeger, Ph.D.	Psychology Intern, psychology post-doctoral fellow, Behavioral Medicine, MGH. Co-Mentoring her

		ACS Career Development Award (K equivalent). Currently staff at MGH, Assistant Professor HMS.
2009-2012	Sera Young, PhD	American Psychological Association / NIH- supported distance mentoring program for junior investigators (focus on under-represented minorities) working in the field of HIV/AIDS. Currently Assistant Professor at Cornell University
2009-2014	Jessica Haberer, MD	Co-mentor – for behavioral science and intervention development on NIMH K award. Currently Associate Professor, HMS.
2009-2010	Mark Hatzenbuehler, Ph.D.	Psychology Intern, Behavioral Medicine, MGH. Currently Assistant Professor at Columbia / Mailman School of Public Health, NY
2009-2010	Kelly Smith, Ph.D.	Psychology Intern, Post-doc, Behavioral Medicine, MGH.
2010-2017	Aaron Blashill, Ph.D.	Psychology Intern, currently Post-doc, Behavioral Medicine, MGH. Currently Junior Faculty at MGH/Behavioral Medicine (Assistant Professor moving from MGH Psychiatry to HMS review). Accepted position at SDSU tenure track Assistant Professor (2015)
2010-2011	Adam Gonzalez, Ph.D.	Psychology Intern, currently Post-doc, Behavioral Medicine, MGH. Currently Assistant Professor SUNY Stony Brook.
2011-2014	Seth Himmelhoch	Advisor/mentor on R34; Associate Professor University of Baltimore MD.
2011-2015	Allison, Labbe, Ph.D.	Psychology Intern, Post-Doctoral Fellow, Behavioral Medicine, MGH. Mentor on her CFAR scholar award, NIDA K submitted May 2014 (I am primary mentor).
2011-2012	Michael Newcomb, Ph.D.	Psychology Intern, Behavioral Medicine, MGH. Currently Assistant Professor Northwestern Medical School.
2011-	Jessica Magidson, Ph.D	Advisor on Dissertation Grant, Psychology Intern, Behavioral Medicine, MGH; Psychology Post-

		Doctoral Fellow, Global Psychiatry MGH. NIDA K submitted May 2014 (I am primary mentor).
2011-2016	Mirjam Kempf, PhD	Mentor on NIMH R34, Assistant Professor, University of Alabama
2012-2014	Mark Siedner, MD	Scientific Advisor on K award, Physician MGH
2012-2013	Giselle K Perez-Lougee, Ph.D.	Psychology Intern, Behavioral Medicine, MGH. Currently Postdoctoral Fellow MGH (with Elyse Park)
2012-2018	Lynn Matthews, MD	Co-Mentor on K award, Physician MGH
2012-2015	David Grelotti, MD	Advisor, T32 fellowship; mentor on grants submitting
2013-2015	Chad Brandt	Advisor, NRSA. Currently graduate student at University of Houston
2013-	Sannisha Dale, Ph.D.	Psychology Intern and Post-Doctoral Fellow, Behavioral Medicine, MGH. Primary mentor on NIMH K award; Assistant Professor at UM
2013-2014	Sarah Valentine, Ph.D.	Psychology Intern, Behavioral Medicine, MGH
2013-2016	Trina Chang, MD	Co-Mentor on K award, Psychiatrist, MGH
2014-	Julie Levison, MD	Primary Mentor on K award, Physician MGH
2014-	Jonathon Rendina, Ph.D.	Co-mentor on NIDA K01. Social Psychologist, Hunter College Center for HIV Education and Studies (CHEST)
2014-2016	Alex Keuroghlian, MD	Research Mentor, Kraft Fellowship
2014-2015	Bisola Ojikutu, MD	Mentor on HPTN Scholar Award (NIAID)
2015-2016	Dustin Duncan, ScD	Mentor on HPTN Scholar Award (NIAID)
2016-2017	Karin Garcia	Clinical Research Practicum Supervisor

2016-2018	Calvin Fitch	Research Practicum Supervisor, and Dissertation Committee Member, University of Miami
2016-	Brooke Genkin-Rogers, MPH	Primary Mentor, PhD Student, University of Miami, Department of Psychology. Primary mentor on NRSA award
2016-2017	Carlos Rodriguez-Diaz, PhD	Mentor on HPTN Scholar Award (NIAID)
2016-	Jasper Lee	Primary Mentor, PhD Student, University of Miami, Department of Psychology
2016-	Tiffany Glynn, MPH	Primary Mentor, PhD Student, University of Miami, Department of Psychology
2016-	Audrey Harkness, Ph.D.	Post-Doctoral Mentor, University of Miami, Department of Psychology
2016-2017	Christopher Albright	Undergraduate Thesis Student, University of Miami Department of Psychology
2016-	Brian Richter	Dissertation Committee Member, University of Miami
2017-	Satya Satyanarayna	Primary Mentor, PhD Student, University of Miami Department of Psychology
2017-	Jasmyn Sanders	Co-Primary Mentor, PhD Student, University of Miami Department of Psychology
2017-	Estefany Saez-Florez	Co-Primary Mentor, PhD Student, University of Miami Department of Psychology
2017	Katheryn Nowlan	Dissertation Committee Member, University of Miami Department of Psychology

## **SERVICE**

### **30. University Committee and Administrative Responsibilities:**

*Local*

1998-2002	Research Scientist, Interdisciplinary Research Committee	Fenway Community Health, Boston, MA
1999-2002	Psychologist	Credentialing Committee, Beacon Health
2000-present	Psychology Training Committee	Massachusetts General Hospital/Harvard Medical School, Department of Psychiatry
2002-2003	Co-chair, Grand Rounds Committee	Massachusetts General Hospital, Department of Psychiatry
2004-2008	Outpatient Psychiatry Department (OPD) Leadership Committee	Massachusetts General Hospital, Department of Psychiatry
2004-present	Member of Outcomes Research Program	Harvard Division of AIDS / Partners AIDS Research Center / Center for AIDS Research
2004-present	Member of International AIDS Program	Harvard Division of AIDS / Partners AIDS Research Center / Center for AIDS Research
2006-present	Psychiatry Department Research Committee	Massachusetts General Hospital
2006-present	Promotions Committee for Harvard Appointments	Massachusetts General Hospital, Department of Psychiatry
2006-present	Executive Committee	Harvard University Center for AIDS Research (CFAR)
2007-present	Research Steering Committee	Massachusetts General Hospital, Department of Psychiatry
2007-2009	Data Safety Monitoring Board (DSMB) Membership	Maca Root for the Treatment of Antidepressant- Induced Sexual Dysfunction in Women; MGH, PI: Christina Dording, MD
2008-2013	Data Safety Monitoring Board (DSMB) Membership	A three-phase study designed to test the efficacy, tolerability and safety of the combination of Ziprasidone with the selective serotonin reuptake inhibitor (SSRI) Escitalopram for patients with Major Depressive Disorder (MDD) that do not sufficiently respond to treatment with Escitalopram; MGH, PI: George Papakostis, MD

2010	Internal Review	Harvard University Center for AIDS Research, Biostatistics Core
2010	Organizing Committee	CDC-funded Conference Organized by Fenway Community Health: The sexual health of gay men and other MSM: HIV/STD prevention plus conference
2012-present	Psychiatry Steering Committee	Massachusetts General Hospital, Department of Psychiatry
2014-present	Psychology Steering Committee	Massachusetts General Hospital, Department of Psychiatry
2015	Organizing Committee	Harvard University Center for AIDS Research (CFAR) Symposium “New Directions in HIV Prevention Research”

*National*

2001-2007	Program Committee	AABT Annual Convention
2002	Assistant Program Chair	AABT Annual Convention
2002-	Member	Behavioral Science Working Group (BSWG), HIV Prevention Trials Network (HPTN)
2004, 2005	Division 34 (Health Psychology) Program Committee, Reviewer	American Psychological Association Annual Meeting
2004	Reviewer/Program Committee	Society of Behavioral Medicine Annual Meeting
2006	Division 12 (Clinical Psychology) Program Committee, Reviewer	American Psychological Association Annual Meeting
2009-2011	Member	HANC: HIV/AIDS Network (NIH funded HIV networks: HPTN, ACTG, HVTN, IMPACT, INSIGHT, MTN) Coordination – Behavioral Science Working Group



2010	Think-tank member	National Institute of Mental Health, Office of AIDS Research, Social and Behavioral Research Think Tank.
2013-2015	Abstract Reviewer/Program Committee for Conference	International Association of Providers in AIDS Care (IAPAC) / National Institutional of Mental Health (NIMH) International Conference on HIV Prevention and Treatment Adherence
2013-	Member	HANC: HANC: HIV/AIDS Network Coordination – Scientific Advisory Committee
2015-	Chair, Data Safety Monitoring Board (DSMB)	Improving alcohol-related outcomes among HIV-positive persons in clinic settings (Project Plus) PI: Jeffrey Parsons, Ph.D., R01AA022302
2015	Consultant	Microbicide Trials Network Behavioral Science Research Retreat, Miami FL
2016-	Data Safety Monitoring Board (DSMB) member	Improving Functioning in HIV Patients with Chronic Pain and Comorbid Depressive Symptoms” (R01 NR015977). PIs: Lisa Uebelacker, Ph.D., and Michael Stein, MD (Brown University)
2018-	Chair, Scientific Monitoring Committee (SMC)	Adolescent Trials Network (ATN) 152, A Triggered, Escalating, Real-Time Adherence Intervention (TERA).

*International*

2009	Reviewer for Program	World Congress for Cognitive and Behavioral Therapies
2012, 2014	Abstract reviewer	International AIDS Society (IAS) bi-annual World AIDS conference
2014	Abstract reviewer	World Congress on Social Media, Mobile Apps, Internet / Web 2.0

2014	External advisor (ad hoc)	IMPAACT Network (NIAID trials network for adolescent and young adults)
2015	Abstract reviewer	8 <sup>th</sup> IAS Conference on HIV Pathogenesis, Treatment and Prevention (IAS).
2015-2017	Publications Coordinator	Association for Behavioral and Cognitive Therapies

### **31. Community Activities:**

1993-1995	Counselor	Grieving Children's Support Group, HAVEN, Schenectady, NY.
1995-1996	Counselor	Youth Support Group, Capital District Gay, Lesbian, Bisexual Community Center Albany, NY.
1996-1997	Counselor	Sexual Minority Youth Program, The Attic, Voyage House, Philadelphia, PA.
2005-2008	International Health Advisory Board	The Humsafar Trust, Mumbai, India.

### **Educational Material for Patients and the Lay Community**

#### *Selected press articles*

2002, July 30	Paying attention to adult ADHD	By Matthew McMillen, Washington Post
2002, August 23	Internet paging system helps improve adherence	AIDS Alert, Medical News, CDC News Update
2002, December	Perception of punishment undermines HIV treatment	Health Behavior News Service, <a href="http://www.cfah.org/hbns/news/punish11-01-02.cfm">http://www.cfah.org/hbns/news/punish11-01-02.cfm</a>
2002, November	Patient support helps AIDS treatment	WebMD Health, <a href="http://my.webmd.com/content/article/53/61261.htm">http://my.webmd.com/content/article/53/61261.htm</a>
2002, November	Perception of punishment undermines adherence	CDC News Updates: The Body, <a href="http://www.thebody.com/cdc/news_updates_archive/nov27_02/adherence.html">http://www.thebody.com/cdc/news_updates_archive/nov27_02/adherence.html</a>

#### *Authored works*

2006

Can CBT help your ADHD?

Attention! Magazine, New York: Children and  
Adults with ADHD