

BRIAN D. DOSS

Curriculum Vitae

Assistant Professor
Department of Psychology
University of Miami
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Research Interests:

Reviews and meta-analyses consistently show that couple interventions have significant and large effects compared to no treatment. However, few couples seek premarital counseling and only one third of couples seek marital therapy before getting divorced. Additionally, we know very little about how interventions work, factors that predict their efficacy, or the effectiveness of interventions in the “real world”. My program of research seeks to further our understanding of research-based couple interventions and apply these findings to intervene with couples in more flexible ways. Within this broader framework, my research has three specific aims:

1. Elucidate couples’ help-seeking behaviors
 2. Identify mechanisms of couple interventions
 3. Develop and evaluate flexible couple interventions
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Education

Ph.D.
June, 2004

University of California, Los Angeles, Los Angeles, CA

Major: Clinical Psychology

Minor: Measurement and Psychometrics

Dissertation: “Improving relationships: Mechanisms of change in couple therapy” Dr. Andrew Christensen, chair.

Clinical Internship
2003-2004

Medical University of South Carolina/DVA, Charleston, SC

APA-approved full-time clinical psychology internship; member of the Academy of Psychological Clinical Science

M.A.
June 2000

University of California, Los Angeles, Los Angeles, CA

Major: *Clinical Psychology*

B.A.
June, 1997

St. Mary’s College of Maryland, St. Mary’s City, MD

Major: Psychology

Summa Cum Laude

Valedictorian, Class of 1997

Peer-Reviewed Publications (* indicates student coauthor)

In Press:

None

Published:

Doss, B. D., Rhoades, G. K., Stanley, S. M., Markman, H. J., & Johnson, C. (2009) Differential use of premarital education in first and second marriages. *Journal of Family Psychology, 23*, 268-273.

Doss, B. D., Rhoades, G. K., Stanley, S. M., & Markman, H. J. (2009). The effect of the transition to parenthood on relationship quality: An eight-year prospective study. *Journal of Personality and Social Psychology, 96*, 601-619.

Doss, B. D., Rhoades, G. K., Stanley, S. M., & Markman, H. J. (2009). Marital therapy, retreats, and books: The who, what, when, and why of relationship help-seeking. *Journal of Marital and Family Therapy, 34*, 527-538.

*Hsueh, A., *Rahbar, K., & **Doss, B. D.** (2009). Qualitative reports of problems in cohabiting relationships: Comparisons to married and dating relationships. *Journal of Family Psychology, 23*, 236-246.

*Morrison, K. R., **Doss, B. D.**, & Perez, M. (2009). Body image and disordered eating in romantic relationships. *Journal of Social and Clinical Psychology, 28*, 281-306.

Sevier, M., Eldridge, K., Jones, J., **Doss, B. D.**, & Christensen, A. (2008). Observed changes in communication during traditional and integrative behavioral couple therapy. *Behavior Therapy, 39*, 137-150.

*Mitchell, A. E., *Castellani, A. M., *Sheffield, R. L., *Joseph, J. I., **Doss, B. D.**, & Snyder, D. K. (2008). Determinants of intimacy in couple relationships: An observational study. *Journal of Family Psychology, 22*, 21-29.

Simpson, L., **Doss, B. D.**, Wheeler, J., & Christensen, A. (2007). Relationship violence among couples seeking therapy: Common couple violence or battering? *Journal of Marital and Family Therapy, 33*, 270-283.

Doss, B. D., & Christensen, A. (2006). Acceptance in romantic relationships: The Frequency and Acceptability of Partner Behavior Inventory. *Psychological Assessment, 18*, 289-302.

Doss, B. D., & Atkins, D. C. (2006). Investigating treatment mediators when simple random assignment to a control group is not possible. *Clinical Psychology: Science and Practice, 13*, 321-336. (followed by commentaries)

Doss, B. D., Thum, Y. M., Sevier, M., Atkins, D. C., & Christensen, A. (2005). Improving

relationships: Mechanisms of change in couple therapy. *Journal of Consulting and Clinical Psychology*, 624-633.

Atkins, D. C., Berns, S. B., George, W. H., **Doss, B. D.**, Gattis, K., & Christensen, A. (2005). Prediction of response to treatment in a randomized clinical trial of marital therapy. *Journal of Consulting and Clinical Psychology*, 73, 893-903.

Snyder, D. K., & **Doss, B. D.** (2005). Treating infidelity: Clinical and ethical directions. *Journal of Clinical Psychology*, 61, 1453-1465.

Doss, B. D. (2004). Changing the way we study change in psychotherapy. *Clinical Psychology: Science and Practice*, 11, 368-386. (followed by commentaries)

Doss, B. D., Simpson, L. S., & Christensen, A. (2004). Why do couples seek marital therapy? *Professional Psychology: Research and Practice*, 35, 608-614.

Doss, B. D., Atkins, D. C., & Christensen, A. (2003). Who's dragging their feet? Husbands and wives seeking marital therapy. *Journal of Marital and Family Therapy*, 29, 165-177.

Doss, B. D., & Hopkins, J. R. (1998). The Multicultural Masculinity Ideology Scale: Validation from three cultural perspectives. *Sex Roles*, 38, 719-741.

Manuscripts Invited for Resubmission:

South, S., **Doss, B. D.**, Libet, J., & Christensen, A. (Under Review). Through the eyes of the beholder: The mediating role of relationship acceptance in the impact of partner behavior. Invited resubmission to the *Journal of Marital and Family Therapy*

Book Chapters and Other Publications (* indicates student coauthor)

In Press:

Doss, B. D., *Carhart, K., *Hsueh, A., & *Rahbar, K.. (In Press). Serving rather than recruiting couples: Thoughts on the delivery of current and future couple interventions. In K. Hahlweg, M. Grawe-Gerber, & D. H. Baucom, (Eds.), *Enhancing couples. The shape of couple therapy to come*. Göttingen: Hogrefe.

Published:

Doss, B. D. (2009). Expanding the reach and effectiveness of marital interventions. In H. Benson & S. Callan (Eds) *What Works in Relationship Education? Lessons from Academics and Service Deliverers in the United States and Europe*. Doha International Institute for Family Studies and Development.

Lawrence, E., Beach, S. R. H., & **Doss, B. D.** (2009). Couple and family processes in DSM-V. In J. Bray and M. Stanton (Eds). *Handbook of Family Psychology*. New York: Blackwell Publishing

Doss, B. D., *Mitchell, A. E., & *De la Garza-Mercer, F. (2007). Marital distress. In M. Hersen and J. Rosqvist (Eds.) *Handbook of Assessment, Conceptualization, and Treatment* (pp. 563-589). New York: Wiley & Sons.

Christensen, A., **Doss, B. D.,** & Atkins, D. C. (2005) A science of couple therapy: For what should we seek empirical support? In W. M. Pinsof and J. Lebow (Eds.) *Family psychology: The art of the science* (pp. 43-64). Oxford/New York: Oxford University Press.

Doss, B. D., Jones, J. T., & Christensen, A. (2002). Integrative Couples Therapy. In F. W. Kaslow and J. Lebow (Eds.) *Comprehensive Handbook of Psychotherapy: Integrative and Eclectic Therapies* (pp. 387-410). New York: Wiley & Sons.

Jones, J. T., **Doss, B. D.,** & Christensen, A. (2001). Integrative Couples Therapy. In J. Harvey (Ed.) *Close, Romantic Relationships: Maintenance and Enhancement* (pp. 321-344). New York: Erlbaum.

Other Publications:

Doss, B. D. & Lawrence, E. (2006). Incorporating relational processes into the DSM-V: Considerations and challenges. *The Family Psychologist, 22*(4), 4-7.

Doss, B. D., & Lawrence, E. (2005). The interpersonal process in the DSM-V committee. *The Family Psychologist, 22* (1), 13-14.

Lawrence, E., & **Doss, B. D.** (2005). The interpersonal process in the DSM-V committee. *Couples Research & Therapy, 11* (2), 14-15.

Selected Professional Presentations

Doss, B. D. (2009, November). *Coupled and Parenting in 2009: The Intersection of Romantic Relationships and Parenting Behaviors*. Participant in Panel Discussion accepted for presentation at the Association of Behavioral and Cognitive Therapies, New York City.

*Woodward, M., *Coca, V., & **Doss, B. D.** (2009, November). *Which factors predict increased couple and individual problems during pregnancy?* Poster accepted for presentation at the Association of Behavioral and Cognitive Therapies, New York City.

Doss, B. D. (2008, November). *Increasing our reach: Dissemination of couple interventions via DVDs and the Internet*. Chair of symposium at the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Doss, B. D., Rhoades, G. K., Stanley, S., & Markman, H. (2008, November). *Couples' use of self-directed interventions and the implications for future dissemination*. Paper presented at the Association of Behavioral and Cognitive Therapies, Orlando, FL.

- *Coca, V., *Hsueh, A., & **Doss, B. D.** (2008, November). *Influence of Recruitment Methods on Couple Involvement in Transition to Parenthood Intervention*. Poster presented at the Association of Behavioral and Cognitive Therapies, Orlando, FL.
- *Hsueh, A., & **Doss, B. D.** (2008, November). *Tailoring couple therapy techniques to initial and ongoing client needs*. Poster presented at the Association of Behavioral and Cognitive Therapies, Orlando, FL.
- *Carhart, K., & **Doss, B. D.** (2008, November). *Intergenerational transmission of relationship functioning during the transition to parenthood*. Poster presented at the Association of Behavioral and Cognitive Therapies, Orlando, FL.
- Doss, B. D.** (2008, September). *Expanding the reach and effectiveness of marital interventions*. Paper presented to the UK Parliament's All Party Parliamentary Group on Sustainable Relationships (House of Commons); London, England
- *Carhart, K. P., & **Doss, B. D.** (2007, November). *Invisible support and its relationship with stress in couples during the transition to parenthood*. Poster presented at the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Hsueh, A. C., *Rahbar, K. P., **Doss, B. D.**, & Christensen, A. (2007, November). *Open-ended reports of problems in romantic relationships*. Poster presented at the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Doss, B. D.** (2007, September). *Serving rather than recruiting couples: Thoughts on the delivery of current and future interventions*. Invited talk to the Klaus-Grawe Think Tank Meeting; Zouz, Switzerland.
- Doss, B. D.**, & Lawrence, E. (2006, November). *Recommendations for incorporating couple and family processes into the DSM-V: Where do we go from here?* Co-chaired panel discussion presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Doss, B. D.** (2006, November). *Effectiveness of couple therapy in VA Hospitals: A multi-site investigation*. Chair of symposium presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Doss, B. D.**, *Rahbar, K. P., Libet, J., Rait, D., & Birchler, G. R. (2006, November). *Change in relationship and individual functioning during VA couple therapy*. Paper presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- *Rahbar, K. P., & **Doss, B. D.** (2006, November). *The nature of care-as-usual couple therapy in VA hospitals*. Paper presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Simpson, L. E., **Doss, B. D.**, Birchler, G. R., & McQuaid, J. (2006, November). *Effects of relationship aggression and individual psychopathology on couple therapy outcomes*. Paper presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.

- *Rahber, K. P., *Ambwani, S., & **Doss, B. D.** (2006, November). *Body image and disordered eating in romantic relationships*. Poster presented at the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Lawrence, E., & **Doss, B. D.** (2006, August). *Making formal recommendations for the inclusion of couple and family processes in DSM V*. Co-chaired panel discussion (sponsored by Division 43) presented at the American Psychological Association, New Orleans, LA.
- Doss, B. D.**, & Atkins, D. C. (2005, November). *Current definitions of mediation: Mechanisms or barriers to understanding change in psychotherapy?* Paper presented at the Association of Behavioral and Cognitive Therapies, Washington, D.C.
- Doss, B. D.**, & *Rahbar, K. P. (2005, November). *Effects of time and relationship transitions on positive and negative relationship behaviors*. Paper presented at the Association of Behavioral and Cognitive Therapies, Washington, D.C.
- *Rahbar, K. P., & **Doss, B. D.** (2005, November). *Characteristics of therapy-seeking couples in VA healthcare systems*. Poster presented at the Association of Behavioral and Cognitive Therapies, Washington, D.C.
- *Garza-Mercer, F. L, Christensen, A., & **Doss, B. D.** (2005, November). *Sexual activity and physical affection in heterosexual and homosexual couples: An evolutionary perspective*. Poster presented at the Association of Behavioral and Cognitive Therapies, Washington, D.C.
- Doss, B. D.**, & Christensen, A. (2004, November). *Differential mechanisms of change in TBCT and IBCT*. Paper presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Mitchell, A. E., *Castellani, A. M., *Joseph, J. I., *Sheffield, R. L., Snyder, D. K., & **Doss, B. D.** (2004, November). *Coding couples' self-disclosure and empathic listening: Mediators of intimacy during vulnerable exchanges*. Paper presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Rahbar, K. P., **Doss, B. D.**, & Christensen, A. (2004, November). *Predictors of Couple Agreement in Reporting Behaviors*. Poster presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Sevier, M., **Doss, B. D.**, & Christensen, A. (2004, November). *How do they become more satisfied? Studying the process of change in couple therapy*. Paper presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Doss, B. D.**, Thum, Y. M., & Christensen, A. (2003, November) *How do relationships improve? Mechanisms of change in marital therapy*. Poster presented at the Association for Advancement of Behavior Therapy; Boston, MA.
- Doss, B. D.**, & Christensen, A. (2002, November). *Mediators of Change in Couples Therapy*. Paper presented at the Association for Advancement of Behavior Therapy, Reno, NV.

- Doss, B. D., & Christensen, A.** (2002, November). *How many rights to fix a wrong? Positive and negative behaviors in 12,542 relationships.* Paper presented at the Association for Advancement of Behavior Therapy, Reno, NV.
- Sevier, M., **Doss, B. D., & Christensen, A.** (2002, June). *Dual-site clinical trial of marital therapy: Design and post-treatment outcome.* Paper presented at the Society for Psychotherapy Research, Santa Barbara, CA.
- Doss, B. D., & Christensen, A.** (2001, November). *Differential treatment effects and mechanisms of change.* Paper presented at the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Doss, B. D., & Christensen, A.** (2001, November). *Website validation of the Frequency and Acceptability of Partner Behavior Inventory.* Poster presented at the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Doss, B. D., Simpson, L. S., & Christensen, A.** (2001, August). *Gender differences in reasons and steps in seeking marital therapy.* Paper presented at the American Psychological Association, San Francisco, CA.
- Doss, B. D.** (2001, August). *Marital therapy: What helps, how much, and for whom?* Symposium Chair, American Psychological Association, San Francisco, CA.
- Doss, B. D., & Christensen, A.** (2001, August). *Multi-site clinical trial of marital therapy: Design and recruitment.* Paper presented at the American Psychological Association, San Francisco, CA.
- Doss, B. D., & Christensen, A.** (2000, November). *Web-based research: Development of the evaluation necessary for couple research.* Poster presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Doss, B. D., & Christensen, A.** (2000, November). *Multi-site clinical trial of marital therapy: Design and recruitment.* Symposium paper presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Doss, B. D., & Christensen, A.** (2000, August). *The Frequency and Acceptability of Partner Behavior: Validation in satisfied and dissatisfied couples.* Poster presented at the American Psychological Association, Washington D.C.
- Doss, B. D., & Christensen, A.** (1999, November). *Marital couples' reports of partner behavior: Gender differences in frequency and acceptability.* Poster presented at the Association for Advancement of Behavior Therapy, Toronto, Canada.

Grant Activity

External funded proposals:

September 2009-August 2014

R01 HD059802 from the National Institute of Child Health and

Human Development (NICHD) “Empirically-based couple interventions on the Web: Serving the underserved.” Principal Investigator. Direct Costs: \$1.38 million.

September 2009-August 2011

HQDA Army Studies Program: Office of the Chief of Chaplains, OCCH-PPDT “Promoting Military Readiness and Preventing Divorce in Military Couples at Acute Risk from Marital Infidelity”. Co-Principal Investigator. *Note: Proposal was ranked first out of reviewed applications, but has not yet officially received funding. Anticipated direct costs: \$200,000*

July 2006 – June 2009

RO3 HD051695-01A1 from National Institute of Child Health and Human Development (NICHD) “Effect of coparenting and couple relationship interventions on infant development.” Principal Investigator. Direct costs: \$100,000.

December 2000 – August 2003

F31 MH12843-01A1 National Research Service Award from the National Institute of Mental Health (NICHD) “Mediators and Moderators of Marital Therapy”. Principal Investigator. Direct costs: \$47,710.

Internal Funded proposals:

May, 2008

TAMU Faculty Research Enhancement Program. “Effectiveness of Marital Therapy for US Military Veterans: A Multi-Site Study”. Principal Investigator. Direct costs: \$3,000.

June 2005 – May 2006

TAMU Proposal Planning Grant: Preliminary Studies Program. “Effect of coparenting and couple relationship interventions on infant development”. Principal Investigator. Direct costs: \$11,383.

State Contracts:

September 2008 – August 2009

Awarded “Twogether in Texas” state contract for Texas A&M Psychology Clinic to deliver 25 premarital education courses to community couples as part of a statewide effort to promote premarital education. Co-Principal Investigator. Direct costs: \$50,000

Unfunded proposals:

August, 2007

NIH New Innovator Award. “Development, evaluation, and dissemination of web-based couple interventions”. Principal Investigator. Total Costs: \$1.5 million. (Only top 1.3% were funded in this NIH-wide competition.)

September, 2006

Health and Human Services Healthy Marriage Initiative (HHS-2006-ACF-OFA-FE-0033; Priority Area #8 - Divorce Prevention)

“Preventing Divorce in Military Couples at Acute Risk from Marital Infidelity”. Co-Principal Investigator. Total costs: \$2.6 million

June, 2006

Department of Defense Peer Reviewed Medical Research Program; Mental Health Resiliency. “Promoting Military Readiness and Preventing Divorce in Military Couples at Acute Risk from Marital Infidelity” (PR064472). Co-Principal Investigator. Direct costs: \$889,883. (Received score of 1.4 “Exceptional” but no Mental Health Resiliency grants were ultimately funded in 2006)

University Teaching

Courses taught at the University of Miami:

2009:

Fall: Close Relationships

Courses taught at Texas A&M University: (Ratings are for “Overall good instructor”)

2009:

Spring: Psyc 608: Introduction to Clinical Skills (Rating: 5.00 out of 5)

2008:

Fall: Psyc 671: Regression & Correlation (Rating: 4.23 out of 5)

Spring: Psyc 608: Introduction to Clinical Skills (Rating: 4.40 out of 5)

Psyc 671: Regression & Correlation (Rating: 4.67 out of 5)

2007:

Fall: None (Parental leave)

Spring: Psyc 608: Introduction to Clinical Skills (Rating: 5.00 out of 5)

Psyc 671: Regression & Correlation (Rating: 4.64 out of 5)

2006:

Fall: Psyc 689: Grant-writing and Research Design (Rating: 4.67 out of 5)

Spring: Psyc 671: Regression & Correlation (Rating: 4.50 out of 5)

2005:

Fall: Psyc 203: Elementary Statistics for Psychology (Rating: 4.03 out of 5)

Spring: Psyc 203: Elementary Statistics for Psychology (Rating: 3.93 out of 5)

Principal advisor of graduate students:

Kristen Rahbar (Ph.D. student; completed M.A. in 2006 under my direction)

Kathryn Carhart (Ph.D. student; completed M.A. in 2008 under my direction)

Annie Hsueh (Ph.D. student; completed M.A. in 2008 under my direction)

Principal advisor of University or College Undergraduate Honors Theses:

Shelli Mach (*Individual Disorders and Their Effect on Couple Agreement on the Response to Conflict Scale*; completed Fall, 2006)
Jenny Mirarcik (*"Honey I'm Pregnant?": Planned, unexpected and unwanted transitions to parenthood*; completed Spring, 2008)
Vanessa Coca (*Influence of recruitment methods on couple involvement in transition to parenthood interventions*; completed Spring, 2008)

Academic Service

National / State service:

Member, Editorial Board: *Journal of Consulting and Clinical Psychology*
Journal of Family Psychology

Ad Hoc Reviewer: *Clinical Psychology: Science and Practice; Family Relations; Health Psychology; Journal of Marital and Family Therapy; Journal of Personality and Social Psychology; Journal of Social and Clinical Psychology; Personal Relationships; Psycho-Oncology*

2008 – present Member, Research Advisory Group for the Texas Healthy Marriage Initiative

2005 – present Program Committee Member: Association for Behavioral and Cognitive Therapies

2005 – 2008 Co-Chair: APA Division 43 Subcommittee on Relationship Diagnosis in DSM-V

University/Department service:

Texas A&M University

Chair, 2008 and 2009 Clinical Graduate Admissions Committee
Member, 2007 and 2008 Graduate Studies Committee
Member, 2006 and 2007 Quantitative Faculty Search Committee
Member, 2004 Committee to revise Statistics and Research Methods courses

Selected Awards and Honors

International Invited Addresses:

UK Parliament's All Party Parliamentary Group on Sustainable Relationships and the Doha International Institute for Family Studies and Development; London, England (2008)
Klaus-Grawe Think Tank; Zouz, Switzerland (2007)

Research Awards / Honors:

Texas A&M University Vice President for Research's faculty travel award (2006)
Association for the Advancement of Behavior Therapy, Couples Special Interest Group
Weiss Award (2003)
American Psychological Association, Division 43 (Family Psychology) Student Research
Award (2003)

Professional Affiliations

Association for Behavioral and Cognitive Therapies
ABCT Couples Special Interest Group
American Psychological Association

Updated August 5, 2009