Transgression-Related Interpersonal Motivations Scale--12-Item Form (TRIM-12)

For the following questions, please indicate your current thoughts and feelings about the person who hurt you. Use the following scale to indicate your agreement with each of the questions.

1= Strongly Disagree   2 = Disagree   3 = Neutral   4 = Agree   5 = Strongly Agree

___ 1. I’ll make him/her pay.
___ 2. I keep as much distance between us as possible.
___ 3. I wish that something bad would happen to him/her.
___ 4. I live as if he/she doesn’t exist, isn’t around.
___ 5. I don’t trust him/her.
___ 6. I want him/her to get what he/she deserves.
___ 7. I find it difficult to act warmly toward him/her.
___ 8. I avoid him/her.
___ 9. I’m going to get even.
___ 10. I cut off the relationship with him/her.
___ 11. I want to see him/her hurt and miserable.
___ 12. I withdraw from him/her.

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Scoring Instructions

Avoidance Motivations:
Add up the scores for items 2, 4, 5, 7, 8, 10, and 12

Revenge Motivations:
Add up the scores for items 1, 3, 6, 9, and 11.

Basic Psychometric Characteristics

<table>
<thead>
<tr>
<th></th>
<th>Avoidance</th>
<th>Revenge</th>
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</thead>
<tbody>
<tr>
<td><strong>Internal Consistency</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cronbach's $\alpha$</td>
<td>.86-.94</td>
<td>.90</td>
</tr>
<tr>
<td><strong>Temporal Stability</strong></td>
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<td></td>
</tr>
<tr>
<td>3-Week Test-Retest $r$</td>
<td>.86</td>
<td>.79</td>
</tr>
<tr>
<td>8-Week Test-Retest $r$</td>
<td>.44</td>
<td>.53</td>
</tr>
<tr>
<td>9-Week Test-Retest $r$</td>
<td>.64</td>
<td>.65</td>
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</tbody>
</table>

Measurement Model: Two-Factor measurement model provides adequate fit to the data, Chi-square ($df = 53, N = 238) = 190.53, p < .001, CFI = .94. Factor correlation = .67.

*Temporal stability estimates derived from different samples. 3-week and 9-week estimates come from sample of persons with longstanding difficulty forgiving. 8-week estimates come from sample of persons who were recently offended by a relationship partner.

Source


Related Reference